



ALZHEIMER'S  ASSOCIATION®

SUPPORT GROUPS VIRTUAL AND IN-PERSON

Greater Richmond Chapter

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. We offer support groups that are virtual and in-person. For any questions about support groups, please call 1-800-272-3900 or 804-967-2580. THANK YOU!

VIRTUAL MEETINGS

**TO JOIN A VIRTUAL MEETING,
CLICK ON THE ZOOM LINK, JOIN BY PHONE OR
CALL 800.272.3900.**

1st Tuesday | 12 p.m.

UVA Memory and Aging Clinic
Hosted by: Jessica

3rd Tuesday, 7 p.m.

Virtual Caregiver Support Group
Hosted by Merle, Greg, & Erin
Join Zoom meeting [HERE](#)
Join audio Zoom by phone: 833.548.0282
Meeting ID 925 1018 2175
Passcode: 017184

1st Thursday | 6 p.m.

East Henrico - Good Shepherd Baptist Church
Hosted by Wanda
Join Zoom meeting [HERE](#)
Join audio Zoom by phone: 355.224.1968
Meeting ID: 910 8458 9939
Passcode: 337127

IN-PERSON SUPPORT GROUPS

**TO REGISTER FOR AN IN-PERSON SUPPORT
GROUP, CALL 800.272.3900.**

GROUPS FOR CAREGIVERS

1st Mondays | 10 a.m.

Markel Plaza
4600 Cox Road, Glen Allen
Hosted by Steve

1st Tuesday | 10:30 a.m.

Second Branch Baptist Church
12217 2nd Branch Rd, Chesterfield
Hosted by Edith and Sharon

1st Wednesday | 10 a.m.

First Baptist Church - Hopewell
401 N 2nd Ave, Hopewell
Hosted by Melanie

1st Thursday | 3:30-5 p.m.

No Meeting in July and December

The Other Additional Dementias (TOAD)
Caregiver Support Group
VCU Short Pump Pavilion
2nd Floor Conference Room
11958 West Broad Street, Henrico
Hosted by Laura
Call the Richmond Chapter at 804.967.2580 for more details.

ALZHEIMER'S ASSOCIATION | SUPPORT GROUPS | GREATER RICHMOND CHAPTER

2nd Wednesday | 9:30 a.m.

Hanover Adult Day Center
7231 Stonewall Pkwy, Mechanicsville
Hosted by Barbara

2nd Wednesday | 10 a.m.

New Life United Methodist Church
900 Old Hundred Rd, Midlothian
Hosted by Bob and Leigh

2nd Thursday | 1 p.m.

Three Chopt Church of Christ
9500 Three Chopt Road, Richmond
Hosted by Dick and Angie

3rd Monday | 7 p.m.

Shady Grove United Methodist Church
8209 Shady Grove Road, Mechanicsville
Hosted by Dave & Beth

3rd Thursday | 6:30 p.m.

Near West End -
Reveille United Methodist Church
4200 Cary Street Rd, Richmond
Hosted by Alice & Beth

3rd Thursday | 6:30 p.m.

Central Library
7051 Lucy Corr Blvd, Chesterfield
Hosted by Edith and Sharon

Last Tuesdays | 5:30 p.m.

Heritage Green
7080 Brooks Farm Road, Mechanicsville
Hosted by Shelly

GROUPS FOR THOSE LIVING WITH ALZHEIMER'S OR DEMENTIA AND THEIR CAREGIVERS

Memory Café – Chesterfield

2nd Tuesdays | 10 - 11:30 a.m.

- Beulah Recreation Center
Meetings in January, May, and September
- Chesterfield Baptist Church
Meetings in February, June and October
- Bensley Community Building
Meetings in March, July and November
- Stonebridge Recreation Center
Meetings in April, August and December

Memory Café - Richmond

3rd Thursdays | 11 a.m. – 12:30 p.m.

For Persons with Memory Concerns & Caregivers

VCU Health Hub at 25th
1330 N. 25th St., Suite A, Richmond

Joyful Voices

Each Thursday | 10 to 11:30 a.m.

Salisbury Presbyterian Church
13621 W Salisbury Road, Midlothian
Call: 804.794.5311, Ext. 128
Email: info@JoyfulVoicesChorus.com

2nd Friday | 1 p.m.

A virtual group for those living with dementia.

Hosted by: Karen
Central & Western Virginia Chapter
Please call 800.272.3900 to be screened,
registered and receive log-in instructions.