

PLEASE JOIN US

Education Classes

LOS ANGELES COUNTY APRIL 2025

IN PERSON ENGLISH CLASSES

All classes are Pacific Standard Time (PST)

Healthy Living for the Brain and Body

Tuesday, April 1, 1-2 p.m. | [Pasadena](#)

Understanding Alzheimer's and Dementia

Friday, April 11, 1-2 p.m. | [Pacoima](#)

Friday, April 18, 10-11 a.m. | [Glendale](#)

Advancing the Science: The Latest in Alzheimer's and Dementia Research

Friday, April 11, 11 a.m.-12:15 p.m. | [Culver City](#)

10 Warning Signs of Alzheimer's

Thursday, April 10, 12:30- 1:30 p.m. | [Rolling Hills](#)

Wednesday, April 23, 4-5 p.m. | [Valencia](#)

Dementia Conversations

Monday, April 14, 11 a.m.- 12 p.m. | [Santa Monica](#)

Managing Money

Wednesday, April 23, 1-2 p.m. | [Culver City](#)

The Empowered Caregiver - Communicating Effectively

Saturday, April 19, 9:30-10:30 a.m. | [Long Beach](#)

CLASES EN ESPAÑOL EN PERSONA

Todas las clases se dictan en horario estándar del Pacífico (PST)

Una Vida Saludable Para el Cerebro y el Cuerpo

Martes, 8 de abril, 10:30 -11:30 a.m. | [La Puente](#)

Conozca las 10 Señales de Advertencia

Martes, 8 de abril, 10-11 a.m. | [Sun Valley](#)

Miércoles, 9 de abril, 10-11 a.m. | [Van Nuys](#)

VIRTUAL ENGLISH CLASSES

The Empowered Caregiver-Responding to Dementia-Related Behaviors

Tuesday, April 29, 12-1 p.m. | [Register](#)

The Empowered Caregiver-Communicating Effectively

Wednesday, April 30, 10-11 a.m. | [Register](#)

From Isolation to Inclusion: Building a Connected Community

Thursday, April 17, 9:30-11 a.m. | [Register](#)

ON-DEMAND EDUCATION

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning

Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.

For on-demand, recorded classes, please visit alz.org/education

TO REGISTER, PLEASE CALL 800.272.3900 OR VISIT US ONLINE AT [ALZ.ORG/CRF](https://alz.org/crf)

PLEASE JOIN US

Support Groups and Early Stage Engagement

LOS ANGELES COUNTY APRIL 2025

In Person Caregiver Groups

2nd Tuesday, 7-9 p.m. (Claremont)

2nd and 4th Tuesdays, 7-8:30 p.m. (Westwood)

2nd Tuesday, 6-7:30 p.m. (Santa Clarita)

3rd Tuesday, 10-11:30 a.m. (Pasadena)

3rd Tuesday, 10 a.m.-12 p.m. (Claremont)

4th Wednesday, 9:30-11 a.m. (Lake Balboa)



Virtual Caregiver Support Groups

1st and 3rd Mondays, 5:30-7 p.m.

1st Tuesday, 3-4:30 p.m.

3rd Saturday, 10-11:30 a.m.

Weekly, every Thursday, 10-11:30 a.m.

Español

Grupo de Apoyo Telefónico para Cuidadores 2do y 4to martes de cada mes, 1-2:30 p.m.

Mandarin Caregiver Support Group

3rd Sunday, 6:30-8 p.m.

Young Adults 20's - 30's

1st Monday, 7:30-9 p.m.

Younger Onset

2nd Tuesday, 12-1:30 p.m.

LGBTQ+

2nd and 4th Thursdays, 12-1:30 p.m.

Early Stage Engagment- Virtual

Coffee and Conversations

Tuesday, April 8 and 22, 10-11:30 a.m. Connect with like individuals and care partners, to discuss current events and a variety of topics.

**TO REGISTER OR LEARN MORE,
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