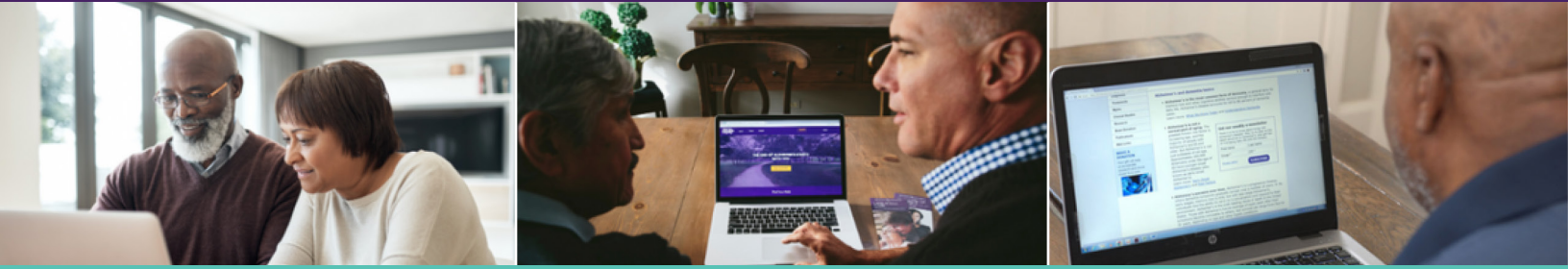


VIRTUAL PROGRAMS

Presented by the Alzheimer's Association®



AUGUST 2026

Accessible by Zoom with the option to dial in via phone. Advance registration is required to receive login information. To register: scan the QR code at the top right corner of this flyer, click on the hyperlinks in the PDF, or call our Orange County chapter office at 949-426-8544. All times are PST.

Building Foundations of Caregiving & Supporting Independence

Join us for a 2-in-1 class utilizing the Alzheimer's Association's national curriculum. We will present "Building Foundations of Caregiving" which explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress. Then, we will go through "Supporting Independence" focusing on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

Tuesday, August 4 | 1:00-2:00PM

[REGISTER ONLINE](#)

Wednesday, August 12 | 10:00-11:00AM

[REGISTER ONLINE](#)

Understanding Alzheimer's & Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Tuesday, August 4 | 4:00-5:00PM

[REGISTER ONLINE](#)

Supporting Independence

Supporting Independence focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

Tuesday, August 11 | 1:00-2:00PM

[REGISTER ONLINE](#)

New Advances in Alzheimer's Treatments

Learn about new advancements in Alzheimer's treatments. This program will provide an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive the treatments, availability, and more.

Tuesday, August 11 | 6:00-7:00PM

[REGISTER ONLINE](#)

Building Brain-Healthy Habits

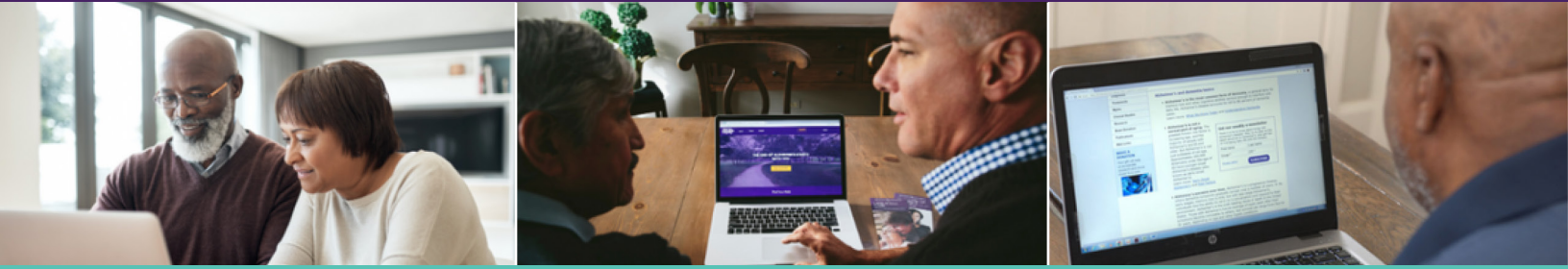
Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older – even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages, and how to build your personalized action plan for brain-healthy habits.

Thursday, August 13 | 6:00-7:00PM

[REGISTER ONLINE](#)

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Communicating Effectively

As people living with dementia progress in their journey and lose the ability to use words, caregivers can discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more.

Tuesday, August 18 | 1:00-2:00PM

[REGISTER ONLINE](#)

Tuesday, August 25 | 6:00-7:00PM

[REGISTER ONLINE](#)

Friday, August 28 | 2:00-3:00PM

[REGISTER ONLINE](#)

EN ESPAÑOL

Sentar las bases de proporcionar cuidado y Promover la independencia

Acompáñanos en un curso 2 en 1 basado en el plan de estudios nacional de la Asociación de Alzheimer. Presentaremos el módulo "Sentando las bases del cuidado", que explora el papel del cuidador y los cambios que puede experimentar, cómo formar un equipo de apoyo y cómo manejar el estrés del cuidador. Luego, repasaremos el módulo "Apoyo a la independencia", que se enfoca en ayudar a la persona que vive con demencia a participar en las actividades diarias, brindándole el apoyo adecuado y equilibrando la seguridad y la independencia, al tiempo que se gestionan las expectativas.

miércoles, 19 de agosto | 2:00-3:00PM

[REGISTER ONLINE](#)

EN ESPAÑOL

Entender el Alzheimer y la Demencia

La enfermedad de Alzheimer no es parte normal del envejecimiento. Únase a nosotros para conocer el impacto del alzhéimer; la diferencia entre la enfermedad de Alzheimer y la demencia; las etapas y los factores de riesgo; las investigaciones y los tratamientos actuales disponibles para algunos síntomas; así como los recursos de la Alzheimer's Association.

jueves, 20 de agosto | 4:00-5:00PM

[REGISTER ONLINE](#)

Impact of Alzheimer's in the Community

This presentation is to raise awareness of Alzheimer's and dementia, inform the community of Alzheimer's Association resources, and engage people in the Association's mission.

Tuesday, August 25 | 12:00-12:30PM

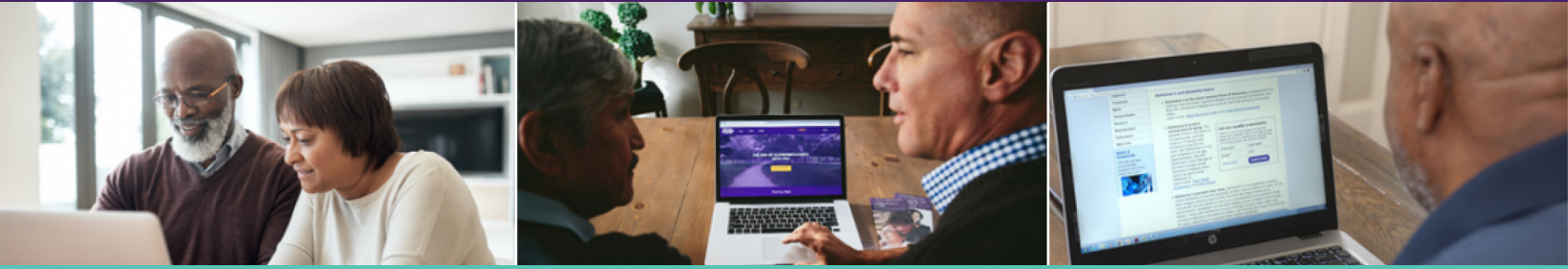
[REGISTER ONLINE](#)



Orange County Chapter

VIRTUAL PROGRAMS

Presented by the Alzheimer's Association®



AUGUST 2026

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Responding to Dementia-Related Behaviors

Responding to Dementia-Related Behaviors details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

Tuesday, August 25 | 1:00-2:00PM

[REGISTER ONLINE](#)

Thursday, August 27 | 6:00-7:00PM

[REGISTER ONLINE](#)

Managing Money: A Caregiver's Guide to Finances

If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

Tuesday, August 25 | 2:00-3:00PM

[REGISTER ONLINE](#)

ALZ Talks: I've Noticed Memory Changes in Someone I Know. What Can I Do?

You may have noticed changes in someone's memory, thinking or behavior — but you're not sure what the changes mean or how to bring them up. This practical session will help family and friends recognize potential warning signs of dementia, start compassionate conversations, encourage a medical evaluation, and find trusted resources. Learn how early action can make a meaningful difference for the person you care about.

Thursday, August 27 | 12:00-1:00PM

[REGISTER ONLINE](#)

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



AUGUST 2026

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Understanding Alzheimer's & Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Wednesday, August 26 | 12:00-1:00PM

Huntington Beach Senior Center in Central Park
18041 Goldenswest St, Huntington Beach, CA 92648

[REGISTER ONLINE](#)

