



cognitive decline in Missouri

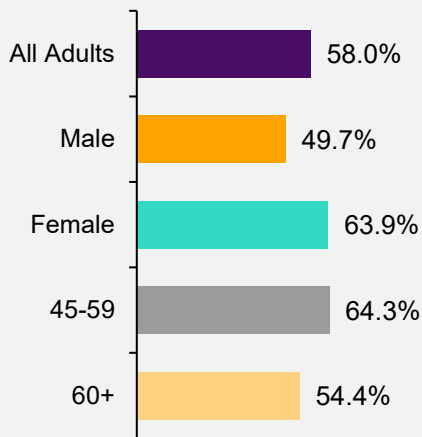
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Missouri, 18.1% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

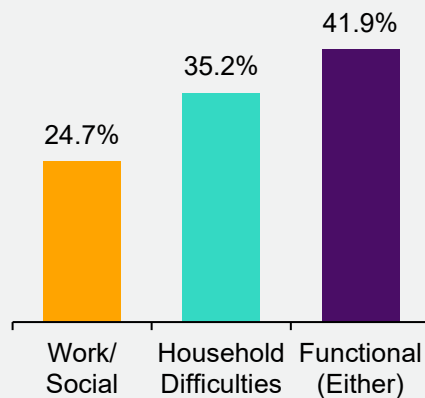
58% are worried about it.

Percentage with SCD who are worried



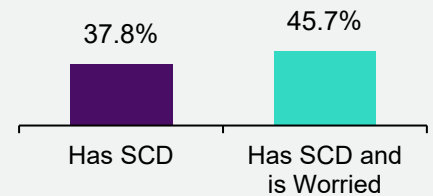
41.9% say it causes difficulties.

Percentage with SCD who have limitations

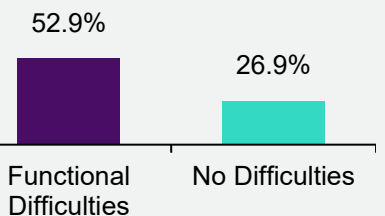


Only 37.8% have talked to a health professional about it.

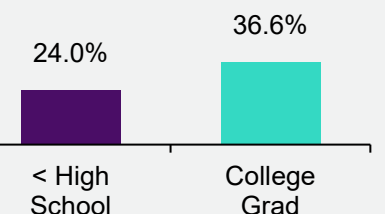
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

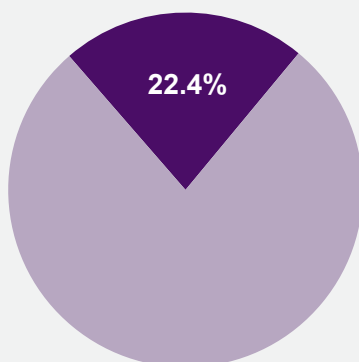


Those without a high school education are least likely to talk to a provider . . .



22.4% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	19.8%
Male	16.2%
60 and older	18.6%
<High School	22.8%
High School	20.2%
Some College	19.1%
College Grad	17.8%
Income <\$15,000	n/a
\$15,000 - \$24,999	25.2%
\$25,000 - \$49,999	20.9%
\$50,000 - \$74,999	14.6%
\$75,000 or more	11.8%
Veteran	17.8%
Fair/Poor Health	33.8%