

Subjective Cognitive Decline

Data from the **2015**
Behavioral Risk Factor
Surveillance System

in Texas

1 in 8 people aged 45 and older
are experiencing **Subjective Cognitive Decline**.

SCD is self-reported
MEMORY PROBLEMS
that have been getting worse
over the past year.



Only **TWO**
in **FIVE**
with SCD have talked
to a health care
provider about it.



Over 80%
with SCD
have at least
one chronic
condition.

Among those with SCD...



40.4%
needed help
with household
chores.



42.0%
had to give up
day-to-day
activities.

TWO in **FIVE**



say SCD interfered with social activities,
work, or volunteering.