

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



JUNE 2026

Advance registration is required. To register: scan the QR code at the top right corner of this flyer, click on the hyperlinks in the PDF, or call our Orange County chapter office at 949-426-8544. All times are PST.

Responding to Dementia-Related Behaviors

Responding to Dementia-Related Behaviors details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

Wednesday, June 17 | 6:00-7:00PM

Yorba Linda Library
4852 Lakeview Ave, Yorba Linda, CA 92886

TO REGISTER: email Fara Aidul at faaidul@alz.org

Healthy Living for Your Brain and Body

Learn what research has shown about lifestyle choices that may help keep your brain and body healthy as you age. Hear practical ways to incorporate changes into a plan for healthy aging.

Thursday, June 25 | 11:00AM-12:00PM

Brea Senior Center
500 Sievers Ave, Brea, CA 92821

TO REGISTER: email Fara Aidul at faaidul@alz.org

Building Brain-Healthy Habits

Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older – even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages, and how to build your personalized action plan for brain-healthy habits.

Tuesday, June 30 | 2:00-3:00PM

Atria Newport Beach
393 Hospital Rd, Newport Beach, CA 92663

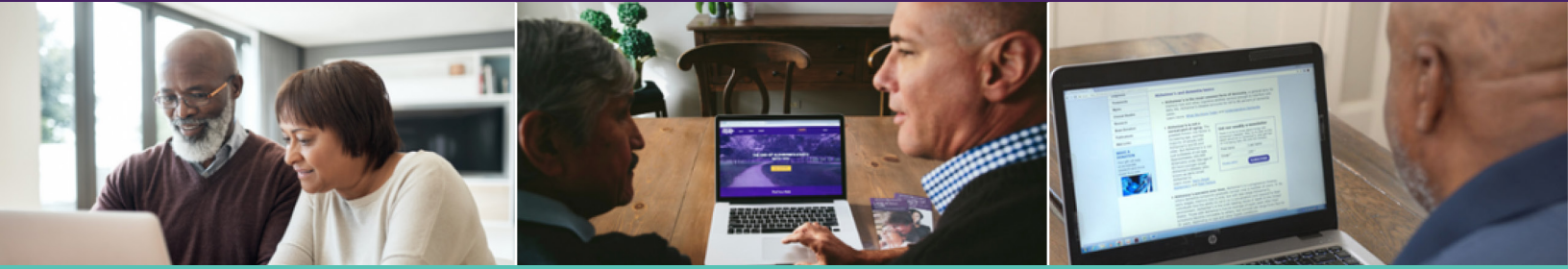
TO REGISTER: email Michelle Pichardo at mipichardo@alz.org



Orange County Chapter

VIRTUAL PROGRAMS

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New Advances in Alzheimer's Treatments

Learn about new advancements in Alzheimer's treatments. This program will provide an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive the treatments, availability, and more.

Tuesday, June 9 | 6:00-7:00PM

[REGISTER ONLINE](#)

Thursday, June 25 | 6:00-7:00PM

[REGISTER ONLINE](#)

Exploring Care and Support Services

Examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of life care.

Friday, June 12 | 3:00-4:00PM

[REGISTER ONLINE](#)

Wednesday, June 24 | 10:00-11:00AM

[REGISTER ONLINE](#)

EN ESPAÑOL

Respuesta a los comportamientos relacionados con la demencia

En "Responder a los comportamientos relacionados con la demencia", se detallan los cambios de comportamiento comunes y cómo son una forma de comunicación, enfoques no médicos para los comportamientos y cómo reconocer cuándo se necesita ayuda adicional.

martes, 16 de junio | 6:30-7:30PM

[REGISTER ONLINE](#)

Responding to Dementia-Related Behaviors

Responding to Dementia-Related Behaviors details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

Tuesday, June 16 | 2:00-3:00PM

[REGISTER ONLINE](#)

Wednesday, June 17 | 5:30-6:30PM

[REGISTER ONLINE](#)

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Understanding Alzheimer's & Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Wednesday, June 17 | 6:00-7:00PM

[REGISTER ONLINE](#)

Building Brain-Healthy Habits

Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older – even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages, and how to build your personalized action plan for brain-healthy habits.

Thursday, June 18 | 6:00-7:00PM

[REGISTER ONLINE](#)

Tuesday, June 30 | 6:00-7:00PM

[REGISTER ONLINE](#)

EN ESPAÑOL

Apoyando la salud cerebral en nuestra comunidad

Esta presentación comparte información importante sobre hábitos saludables para el cerebro que todos deberíamos incorporar a nuestras rutinas —incluida la fórmula del estudio U.S. POINTER— y ayuda a comprender las medidas respaldadas por la ciencia que podemos adoptar para favorecer la salud cerebral a lo largo de toda la vida..

miércoles, 24 de junio | 11:00AM-12:00PM

[REGISTER ONLINE](#)