dementia caregiving in North Dakota

ALZHEIMER'S ASSOCIATION

DATA FROM THE 2025 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in North Dakota (21.1%) is providing care to an individual with Alzheimer's or other form of dementia.

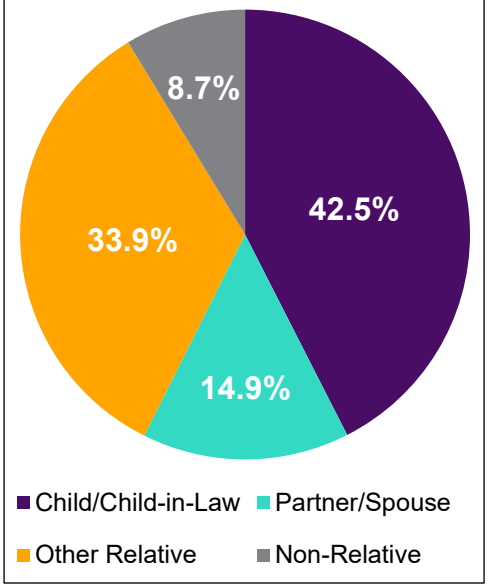
Who are dementia caregivers?

Female Male	62.1% 37.9%
Also caring for a child	21.1%

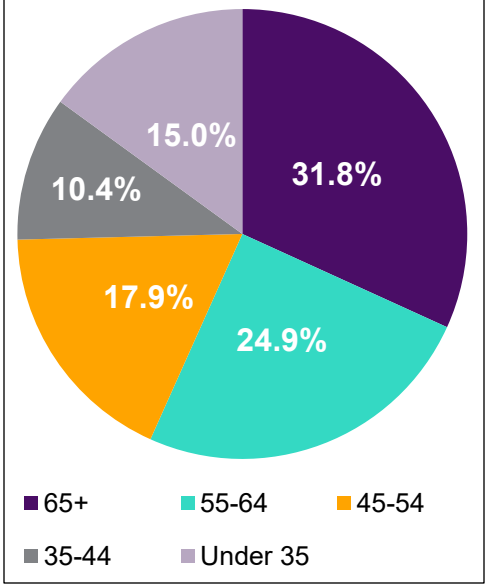
Health Effects

In frequent poor physical health	16.5%
In frequent poor mental health	22.8%
History of depression	33.4%
Current Smokers	19.1%

Relationship to Care Recipient

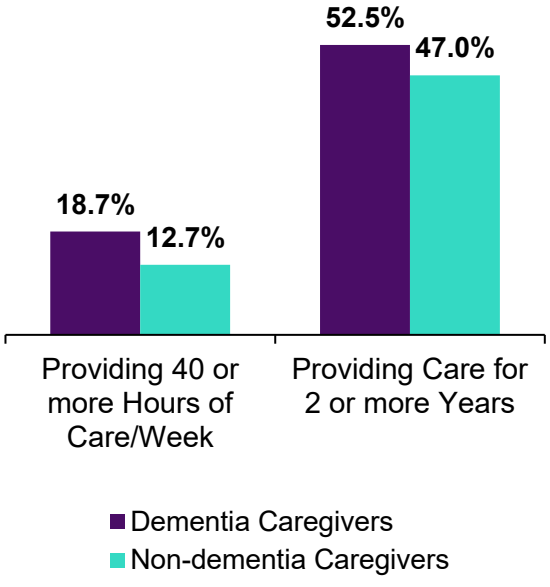


Age

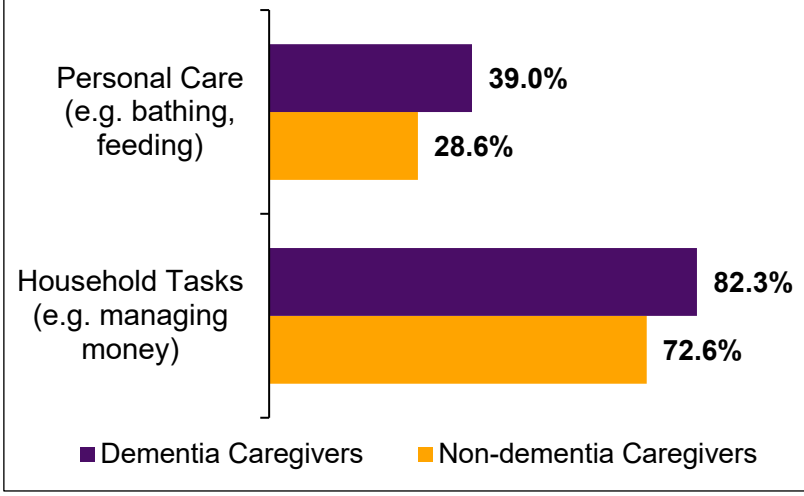


What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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