

IN-PERSON EDUCATION PROGRAMS

These classes are hosted throughout SLO, Santa Barbara, Ventura & Kern counties.

Pre-registration is encouraged - Call 24/7 to our Helpline: 1.800.272.3900.

10 Warning Signs of Dementia

- **Mon., June 1 | 10:00-11:00am**
Wilson Center
350 North C Street
Oxnard, CA
- **Tues., June 10 | 10:00-11:00am**
414 4th St
Arvin, Ca. 93203

Empowered Caregiver: Exploring Care & Support Services

- **Thursday, June 4 | 1:00-2:30pm**
The Oaks of Paso Robles - Theater Room
526 S. River Rd.
Paso Robles, CA

Building Brain Healthy Habits

- **Mon., June 15 | 10:00-11:00am**
815 E. 18th St.
Bakersfield, CA 93305
- **Thurs., June 18 | 3:00-4:00pm**
Senior Concerns
401 Holdencamp Rd.
Thousand Oaks, CA
- **Wed., June 24 | 10:30-11:30am**
Vista Santa Barbara Mobile Home Park
6180 Calle Real
Carpinteria, CA

Understanding Alzheimer's & Dementia

- **Wed., June 11 | 10:30am-12:00pm**
Dick Dewese Senior Center
1120 W. Ocean Ave.
Lompoc, CA 93436
- **Wed., June 24 | 10:00-11:30am**
Magnolia & Primrose Memory Care
4620 Song Lane
Santa Maria, CA 93455

Caregiver Retreat

- **Saturday, June 6 | 10:00-2:00pm**
Mt. Carmel Lutheran Church
Fredericks
San Luis Obispo, CA
RSVP REQUIRED! 805-239-5679

Memory Cafe - NEW!!!!

- **Tuesday, June 17 | 3:00-4:30pm**
2100 Outlet Center Drive
Oxnard, CA

RESERVATIONS ARE NEEDED:
805.261-2189 or JoLawrence@alz.org

Memory Cafe: a social gathering for individuals living with memory loss along with their care partners, family and/or friends. A safe space to socialize, enjoy activities and connect with others facing similar challenges.



Community Events: June 2025:

SLO Juneteenth Celebration

- **Sat., June 20 | 11:00am-4:00pm**
SLO Mission Plaza
San Luis Obispo, CA 93401

Caregiver Support Groups:

www.alz.org/cacentralcoast/support



**Call our 24/7 Helpline:
800.272.3900**