

Dementia Friends Wisconsin

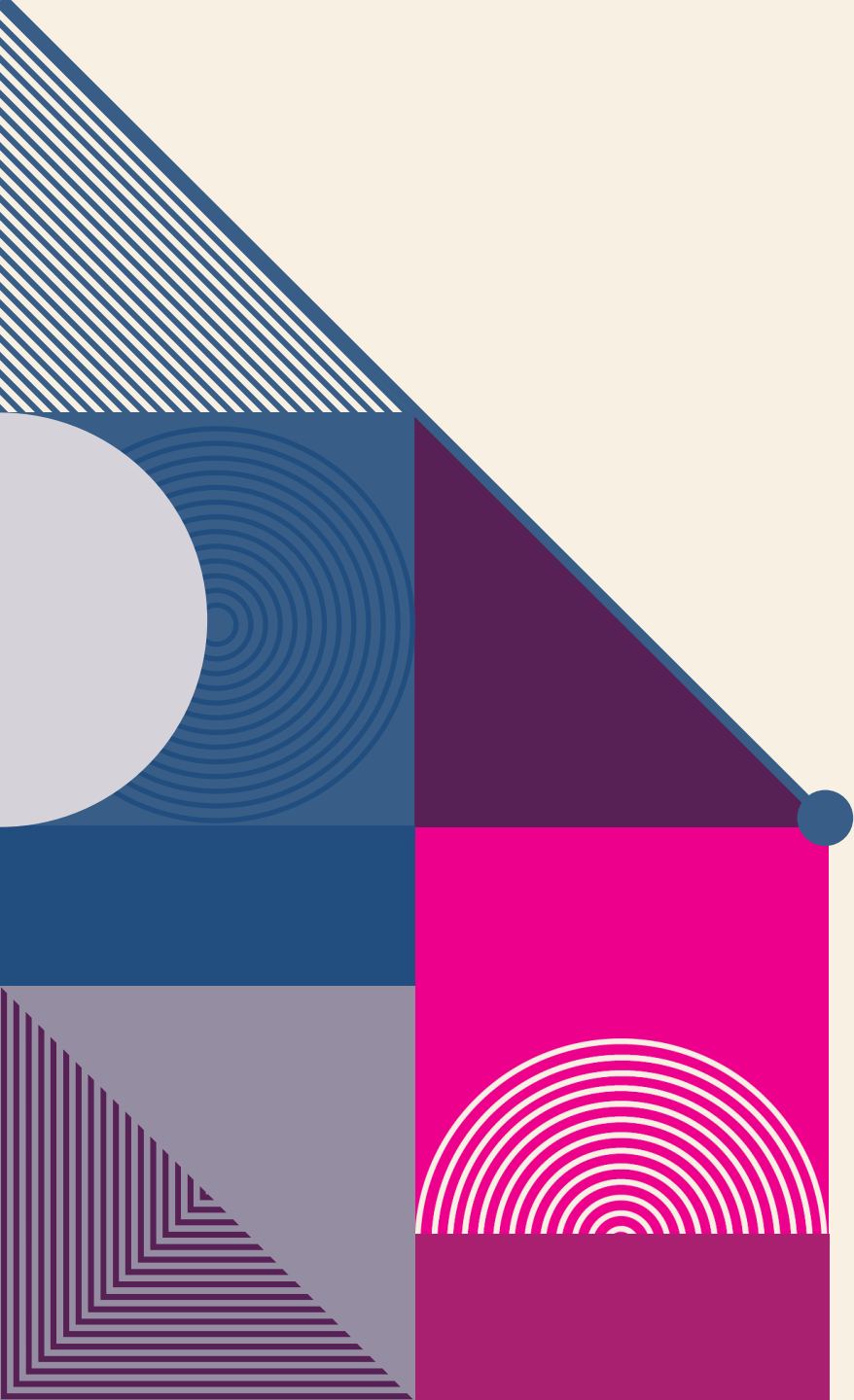


A Dementia Friendly America initiative



Dementia Friendly Community

LA CROSSE COUNTY

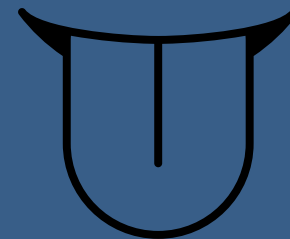
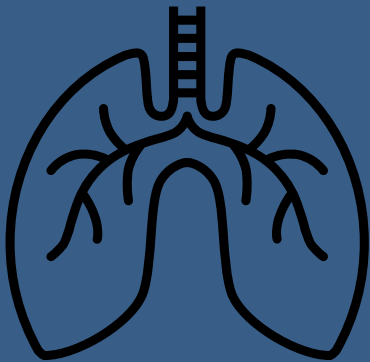
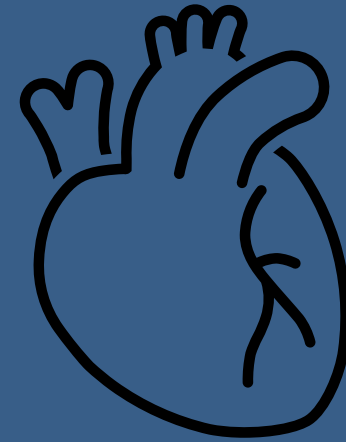


OUR TIME TOGETHER

1. What is a dementia friend?
2. What does our brain do?
3. How we can help?
4. What we will do next!

THE AMAZING BODY

What do these parts of the body do for us?



WHAT DOES OUR BRAIN DO?



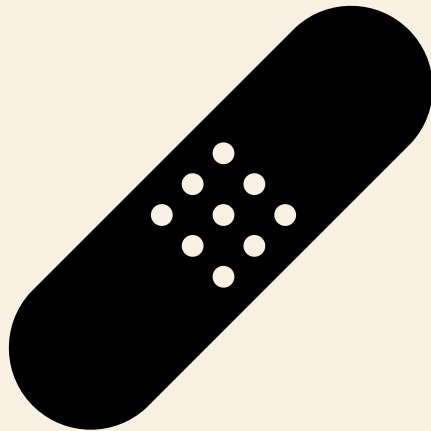
1. Keeps your heart beating and lungs pumping, eyes blinking
2. Holds memories
3. Helps us plan the next steps
4. Keeps us safe and making positive decisions



DO YOU EVER GET SICK OR HURT?

What happened to your body?

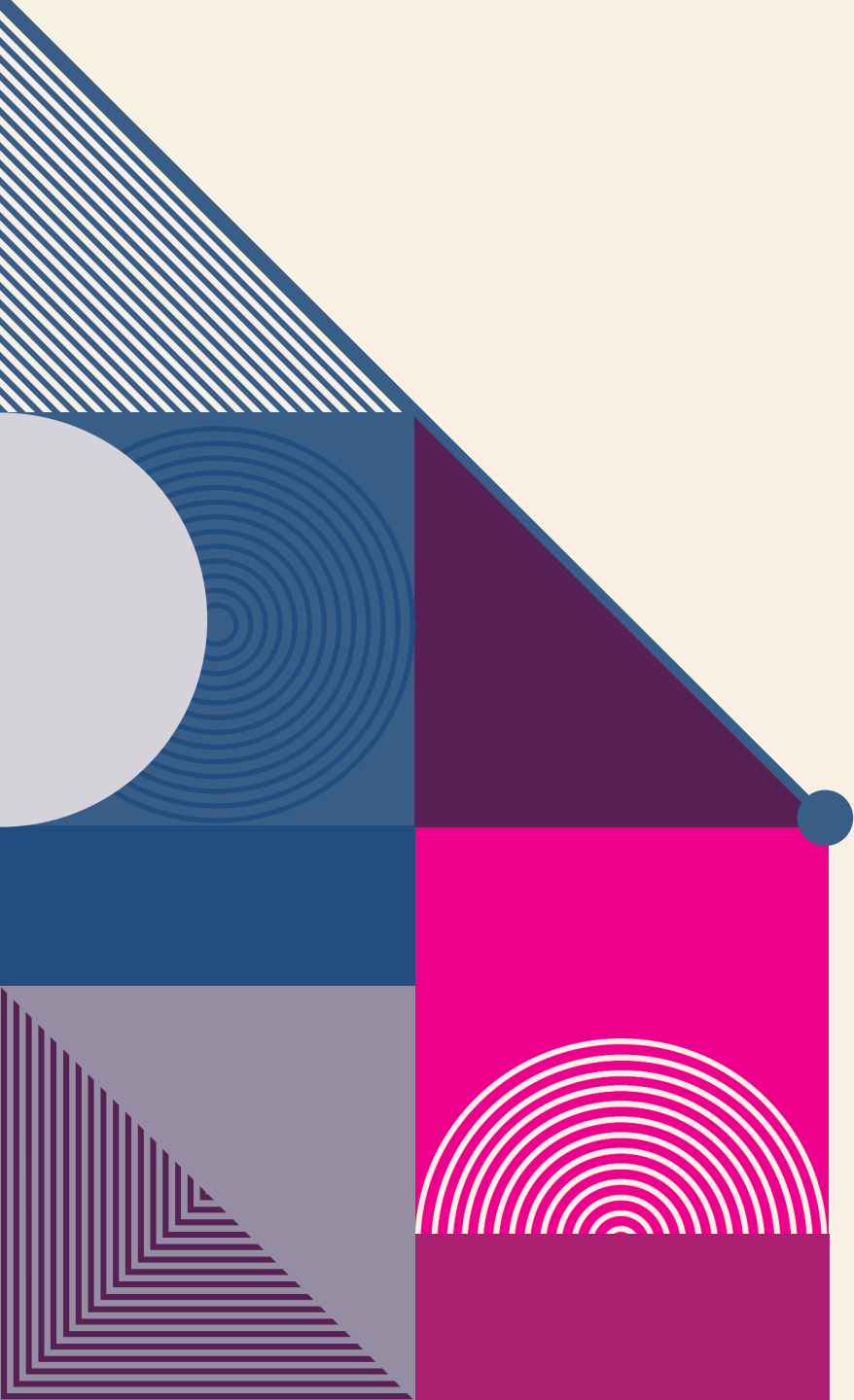
YOUR BRAIN CAN GET ILL OR INJURED TOO. IT'S CALLED DEMENTIA





WHO GET'S DEMENTIA

- Illness grows in the brain and affects how it works
- A lot of older people develop it
- Not everyone has or will get dementia



STORY:



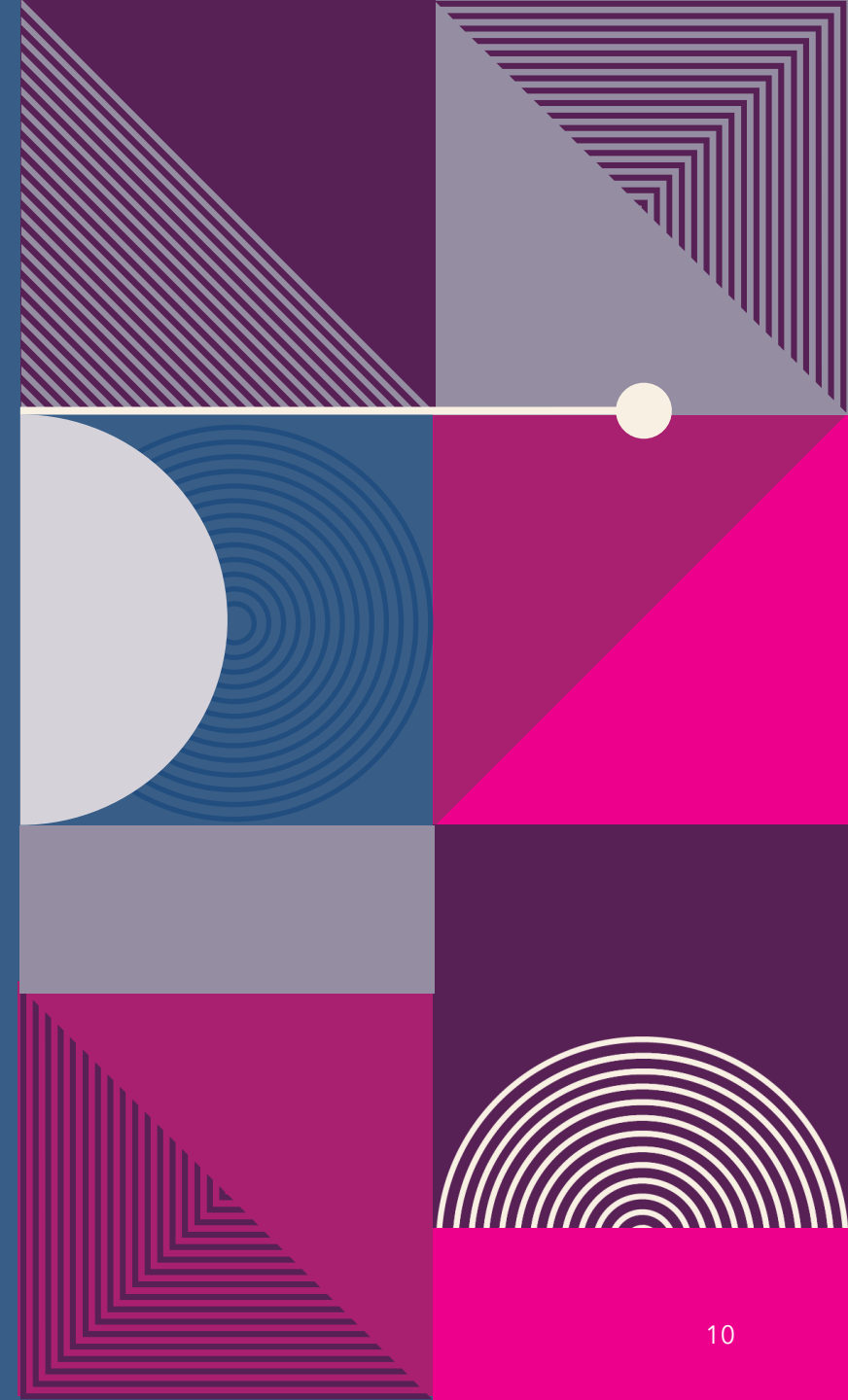
DON'T DROP THE BALL

- An Activity!



5 KEY MESSAGES

1. Dementia is not a normal part of aging.
2. Dementia is caused by diseases of the brain.
3. Dementia is not just about having memory problems.
4. It is possible to have a good quality of life with dementia.
5. There is more to a person than the dementia.



TAKE ACTION



As a Dementia Friend, I will...



THANK YOU

Hang your action card up

Talk to your friends and family