



Local North Idaho Support Groups

Coeur d'Alene

1st & 3rd Thursday of the month
6 - 7:30 pm

Post Falls

1st & 3rd Wednesdays of the month
3 - 4:30 pm

Moscow Caregiver Support Group

2nd Monday of the month
11:00 am - 12:00 pm

Lewiston Caregiver Support Group

2nd Wednesday of the month
1:30 pm - 3:00 pm

Clarkston Memory Cafe

4th Thursday of the month
12:00 pm - 2:00 pm
Memory Cafes are for those living with
memory loss and their care partners

Build a support system with people who understand

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for care partners to:

- Develop a support system
- Exchange practical information on challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources

**To Register, please call 800.272.3900 or visit
www.communityresourcefinder.org**