cognitive decline in Alaska

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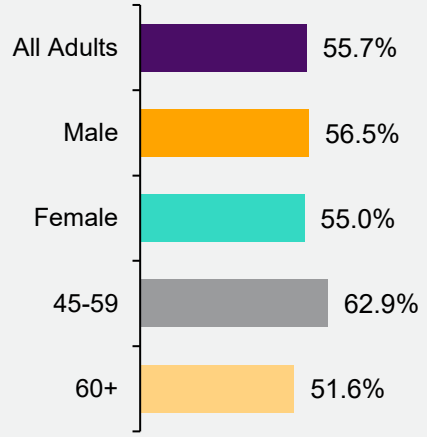
DATA FROM THE 2024 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Alaska, 17.8% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD…

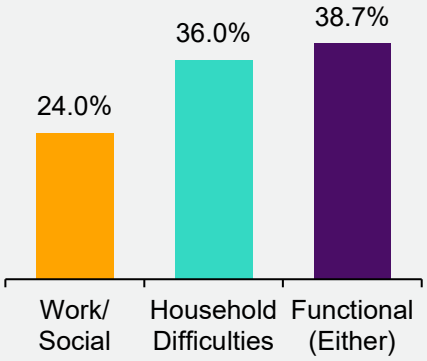
55.7% are worried about it.

Percentage with SCD who are worried



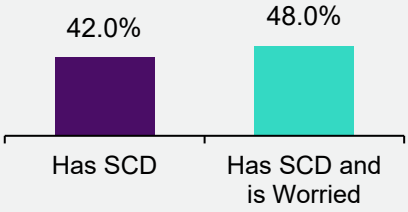
38.7% say it causes functional difficulties.

Percentage with SCD who have limitations

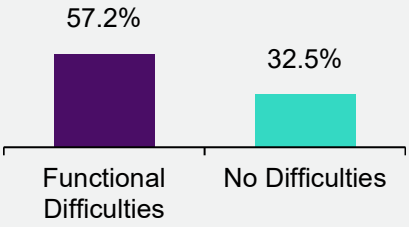


Only 42.0% have talked to a health professional about it.

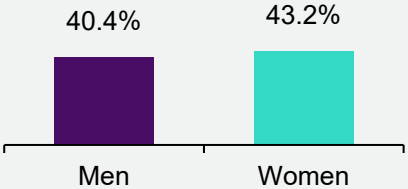
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

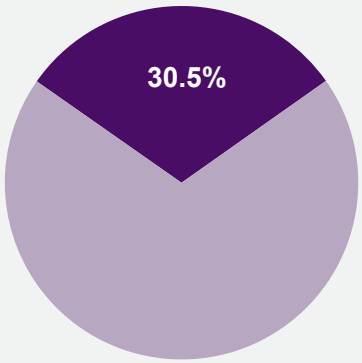


Women tend to be more likely to discuss their SCD with a provider when compared with men . . .



30.5% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	20.7%
Male	15.1%
60 and older	19.5%
<High School	17.5%
High School Grad	20.3%
Some College	20.5%
College Grad	12.9%
Income <$25,000	26.8%
$25,000 - $49,999	21.9%
$50,000 - $74,999	20.8%
$75,000 - $99,999	14.0%
$100,000 or more	13.2%
Veteran	18.1%
Out of Work	28.0%

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