



cognitive decline in Maryland

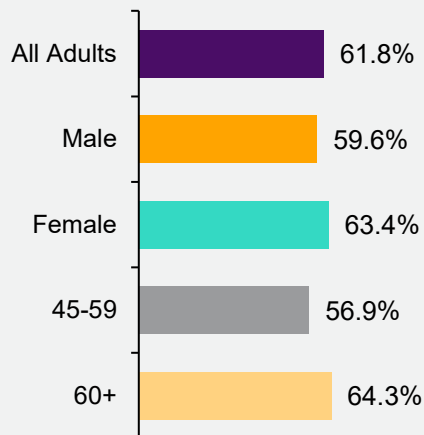
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Maryland, 17.5% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

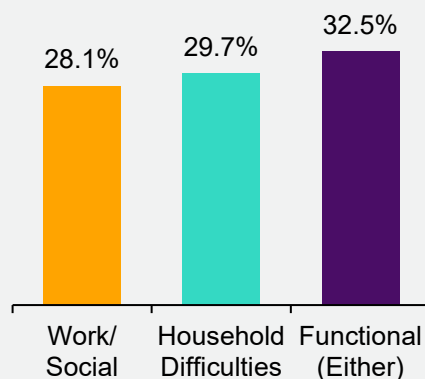
61.8% are worried about it.

Percentage with SCD who are worried



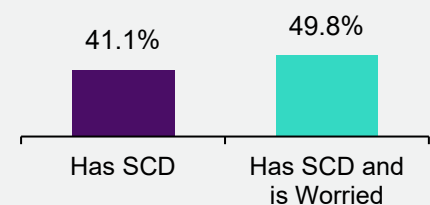
32.5% say it causes difficulties.

Percentage with SCD who have limitations



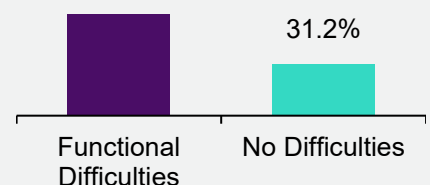
Only 41.1% have talked to a health professional about it.

Percentage who have spoken to a health care provider



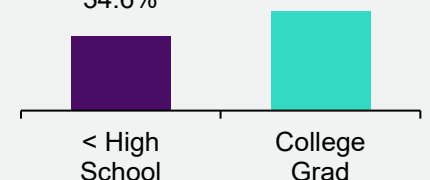
Those who are experiencing functional difficulties are more likely to talk to a provider . . .

62.0%



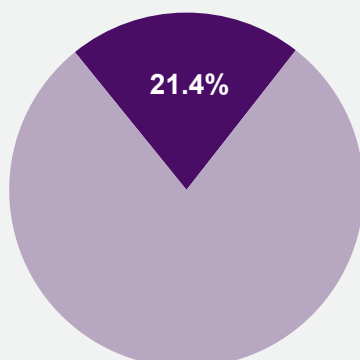
Those without a high school education are least likely to talk to a provider . . .

34.6%



21.4% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	19.0%
Male	15.7%
60 and older	19.2%
<High School	25.2%
High School	20.4%
Some College	17.6%
College Grad	14.4%
Income <\$15,000	n/a
\$15,000 - \$24,999	19.6%
\$25,000 - \$49,999	19.1%
\$50,000 - \$74,999	17.0%
\$75,000 or more	15.6%
Veteran	19.9%
Fair/Poor Health	37.4%