Nursing Home Litigation Exposure: Creating Individualized Care for Dementia Residents



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- NURSING HOME ABUSE AND NEGLECT PROSECUTION FOR HALF MY CAREER
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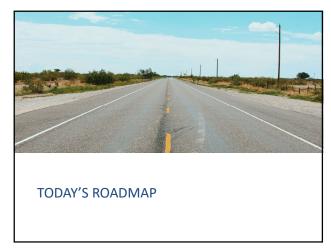
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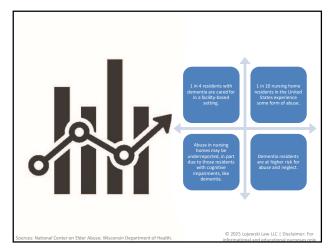
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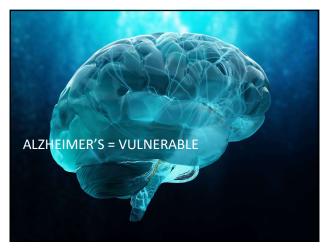


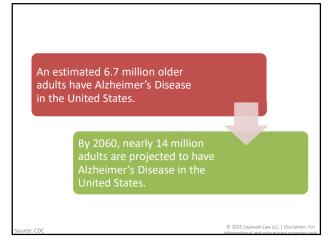
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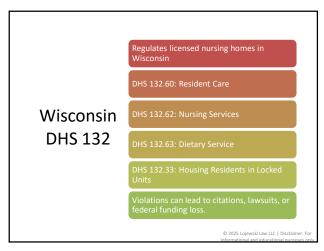




AWARENESS TO PREVENT HARM



Nursing Home Reform Act Guarantees the right to be free from abuse and neglect Minimum staffing requirements for facilities that participating in Medicare and Medicaid 3.48 hours per resident/day Adequate training to provide care and services to residents Residents must be treated with dignity and respect



DHS 132.60: RESIDENT CARE

- Plan of care based upon individual needs of the resident
- Promote the maintenance of skin integrity and to prevent the development of bedsores
- Significant changes in condition must be reported to nurse in charge and appropriate action taken
- · Provided diets as prescribed
- Administer medications as ordered
- Physical/Chemical restraints only if written orders by a physician

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DHS 132.62: NURSING SERVICES 1 Discusses staffing Each nursing Charge nurse Adequate in nursing homes home must have must be on duty nursing a full-time at all times personnel to Director of care for the Nursing (DON), and the DON specific needs of If fewer than 60 residents, the DON and charge nurse on duty can be the same person each resident must be an RN Charge nurses supervise the care of all residents





DHS 132.63: DIETARY SERVICE

Nourishing, palatable, well-balanced diet that meets daily nutritional and special dietary needs of each resident

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Wisconsin DHS 83 Regulates Community-Based Residential Facilities, often memory care facilities DHS 83.12: Investigation, notification, and reporting requirements DHS 83.35: Assessment, individual service plan and evaluations DHS 83.20: Department approved training DHS 83.21: All employee training DHS 83.22: Task specific training DHS 83.37: Medications DHS 83.36: Staffing requirements DHS 83.36: Staffing requirements









DHS 83.12: INVESTIGATION, **NOTIFICATION** AND REPORTING **REQUIREMENTS**

- Shall take immediate steps to ensure the safety of residents when an allegation of abuse or neglect of a resident in resident with a state of a resident livestigate and document any allegation linyires of unknown sources must be investigated, including injuries that were not observed by anyone, the injury is suspicious, or the resident cannot adequately explain the source of the injury buts send a written report to the Department of Heath's Services (DOA) within 3 working days with services (DOA) within 3 working days with services (DOA) within 3 working the services (DOA) within 3 working the services (DOA) within 3 working any services (DOA) within 3 working days with services (DOA) within 3 working days with a course of the services of t
- unknown

 Law enforcement is called as a result of an incident that jeopardizes the health, safety, or welfare of residents or employees

 A significant change in the physical or mental condition of a resident, as well as an allegation of physical, sexual, or mental abuse or neglect residents that the physical and legal representative of the resident immediately.

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DHS 83.35: ASSESSMENT, **INDIVIDUAL** SERVICE PLAN AND **EVALUATIONS**

- An assessment of the resident's needs, abilities and physical and mental condition must occur before admission, with changes in needs, and at least annually

 A written temporary service plan must be created upon admission. This is to meet the immediate needs of a resident.
- Within 30 days after admission, a comprehensive individualized service plan must be developed based on the assessment of the resident
 - This includes the methods for delivering the care and who is going to deliver the care
- The resident and/or legal representative must be involved or the legal representative must sign the service plan
 Service plan must actually be implemented and also reviewed and revised based on a resident's needs

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DHS 83.20:

DEPARTMENT-APPROVED TRAINING



Standard precautions



First aid



Procedures to alleviate choking



and management, if managing, administering, or assisting with medication



Must maintain documentation of the training



Wisconsin Chapter 50 mirrors some of these requirements for CBRFs as well

Adequate Training must occur for all employees in the following areas: Resident Rights Restraints • Retaliation • Coercion DHS 83.21: Complaint and grievance procedures for the CBRF **ALL EMPLOYEE** Challenging behaviors **TRAINING** Elopement Aggressive behaviors • Suicide prevention Self-injurious behaviors • Resident supervision Changes in condition

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Employees who perform the following job duties must receive adequate training: Assessment of residents Development of individual service plans Assistance with activities of daily living Determining nutritional needs, menu planning, food preparation and food sanitation



DHS 83.37: MEDICATIONS

- Written practitioner's order for any medications
 Document list of medications, dosage, direction for
 use and changes in condition
 Review of the resident's medication regimen

 30 days before/after admission

 Significant change in medication
 Every 12 months
 Psychotropic medication

 Resident should be reassessed more frequently

- Psychotropic medication

 Resident should be reassessed more frequently (quarterly) for possible side effects

 Should be listed on resident's service plan

 Documentation in chart for things like effectiveness and monitoring for inappropriate use (like for staff convenience or for discipline rather than needed by resident)

 Any errors, adverse reactions, or resident refusals must be documented in chart

 Residents may self-administer medications unless they are deemed incompetent or lack the physical/mental capacity to do so



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DHS 83.36: Staffing Requirements



Less regulated than nursing homes



"Sufficient numbers on a 24-hour basis to meet the needs of the residents"



-Administrator or designated qualified resident care staff in charge is on premises daily -At least one qualified resident care staff present when residents are present in CBRF

-At least one qualified resident care staff on duty and awake if at least one resident in CBRF is in need of supervision, has risk of elopement, has dementia,

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- Coercion or discouragement to exercise resident rights is prohibited
- Retaliation is prohibited
- Freedom from mistreatment (physical, mental, sexual abuse & neglect, financial exploitation, misappropriation of property)
- Freedom from seclusion
- · Freedom from chemical restraints
- Freedom from physical restraints (unless prior approval)
- Receive medication
- Prompt and adequate treatment
- Live in a safe environment with the least restrictive conditions necessary
- Not to be photographed, filme without informed, written cor resident or resident's legal rep

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CH.50.095: RESIDENT'S RIGHT TO KNOW. NURSING HOME REPORTS

- Residents have a right to know certain information that will help aid them in assessing the quality of care provided
- help aid them in assessing the quality of care provided Department of Health Services shall provide each nursing home and the office of the Long-term care Ombudsman with a report that includes the following:

 The ratio of nursing staff available to residents per shift at each skill level for the previous year for the nursing home.

 The staff or the nursing staff available to residents per shift at each skill level for the previous year for the nursing home.

 The staff replantes takes, and administrators for the previous year for the nursing home and for all similar nursing homes in the same geographical are

 Violations of statutes or rules by the nursing home and for all similar nursing homes in the same geographical are

- area

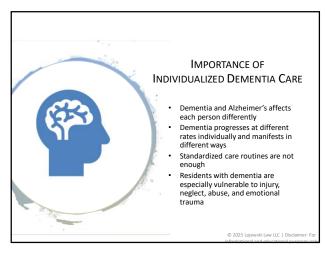
 This report will be created in a simplified one-sheet summary by the Department

 Nursing homes should make the report a vailable to anyone requesting it and must provide a copy of the summary of the report to every resident, residents guardians, prospective residents, and those accompanying prospective residents.



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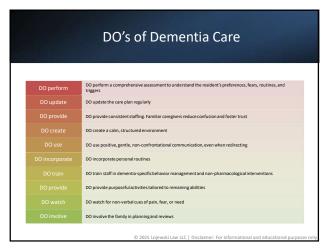






Why Does Individualized Dementia Care Matter Legally and Clinically?



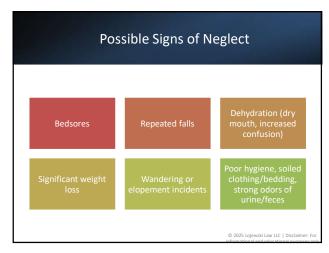


DON'Ts of Dementia Care				
DON'T use	DON'T use a one-size-fits-all approach			
DON'T rely on	DON'T rely on sedation or chemical restraints to manage behavior			
DON'T isolate or ignore	DON'T isolate or ignore "difficult" residents			
	DON'T argue with or correct a confused resident			
	DON'T rotate unfamiliar staff constantly without adequate training or handoffs			
	DON'T rush care tasks			
	DON'T dismiss new behaviors as "just dementia", instead assess for pain, infection, trauma, etc.			



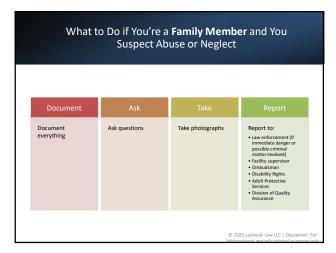


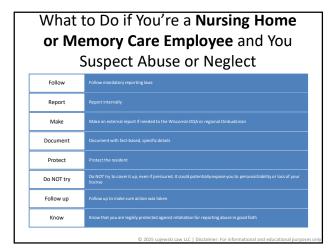




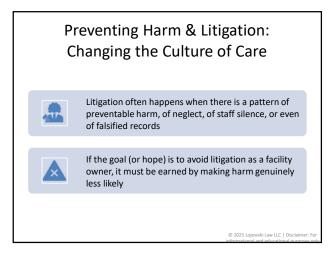


Possible Signs of Sexual Abuse Bruising or bleeding in the genital area Torn clothing/underwear Unusual fear or behavior changes, especially when being bathed or dressed, or around certain staff/residents STIs or infections with no clear explanation











1. Identify and Address Systemic Weak Points

- Many lawsuits arise not from isolated incidents, but from predictable failures in:
 - Staffing levels
 - Training
 - Communication
 - Documentation
 - Accountability

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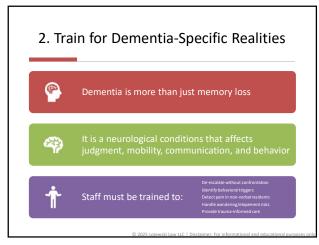
EXAMPLE

One fall does not necessarily create liability that is needed to prove a negligence claim against a facility.

But, a 3rd fall after multiple missed rounds, no care plan update, short staffed, and inadequate interventions...that could be a lawsuit waiting to happen.

Your focus must be on prevention.

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One afternoon seminar on behavioral issues or general safety precautions is not enough.

Dementia-specific training should be mandatory, repeated, frequent, and hands-on.



Consistent Staffing lowers fall risk, reduces medication errors, and increases resident comfortability and satisfaction.

If staff *know* the resident, it is less likely a resident who is a x2 assist via hoyer is transferred by x1 with a sit-to-stand, falls, and fractures her hip. It is less likely a resident who is a pureed diet receives a breakfast sandwich for mealtime, chokes, and dies.

The possibility and more likelihood of litigation is when families begin to notice strangers caring for mom every day and nobody seems to know her name or her *individualized needs*.

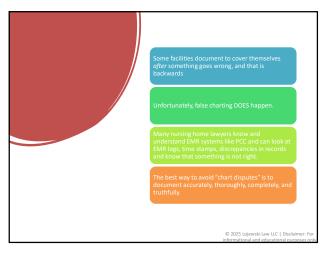
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- Proper documentation should:
 - Reflect care *actually* provided
 - Show responses to changes in condition
 - Note refused care, and what was done in response
 - Track trends over time

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7. Collaborate with Families Families want to feel heard, be informed, and be respected Invite them to care plan meetings Answer and respond to their calls Share difficulties and limitations honestly

a genuine apology, and implementing change after an incident occurs might prevent litigation 8. Accountability is Not the Enemy

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Power of Attorney

- A legal document that authorizes someone to act on another's behalf
- Relevant Types:
 - Healthcare
 - Durable/Financial
- Facilities should be checking if these documents exist and/or are activated upon/prior to admission

Healthcare Power of Attorney

- A legal document in which a person (the principal) appoints someone they trust (the agent or healthcare proxy) to make medical decisions on their behalf if they become unable to make those decisions themselves
- Must be signed by 2 witnesses in Wisconsin
- NOT activated/effective unless and until the person becomes incapacitated, which requires a certification of incapacity by 2 physicians (or 1 physician and 1 licensed advanced practice clinician)

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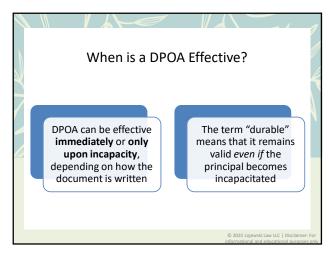
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Activated Healthcare POA Once activated/effective, the HCPOA usually can make decisions about treatment options, surgeries, medications, long-term care placement, end-of-life care, and consent to or refusal of care Since it is a legal document, the language in your specific HCPOA controls

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Durable/Financial
Power of Attorney

• A legal document that gives a chosen agent the authority to manage the financial and legal affairs of the principal



What Can A DPOA Do?

- A DPOA typically can:
 - Manage bank accounts
 - Pay bills
 - Handle insurance matters
 - Apply for Medicaid
 - File taxes
 - Make financial decisions related to long-term care
 - Hire an attorney / Enter into litigation

Just like the HCPOA, since the DPOA is a legal document, the language in your specific DPOA controls

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When Should Someone Consider Creating These Documents? Immediately after diagnosis of dementia, Alzheimer's disease, or any cognitive impairment • While still mentally competent Before any serious illness, surgery or aging-related decline • Proactively plan Routine estate planning for any adult • Even if you're healthy

Why Are These **Documents** Important?

- Dementia is progressive and unpredictable
- Without an activated HCPOA or financial POA, family members may need to go through a court guardianship proceeding
- Facilities often need clear documentation about who has the legal authority to consent to care and financial matters
- It ensures the resident's wishes are honored
- It helps protect the resident from financial exploitation if they lose the ability to manage money

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What Should Facilities Do if a Resident's Dementia Appears to be Progressing but These Documents Are Not Activated/Effective?



Review the POA documents



If the resident is showing signs of diminished capacity, request an evaluation by a physician and make sure providers understand it is for HCPOA activation



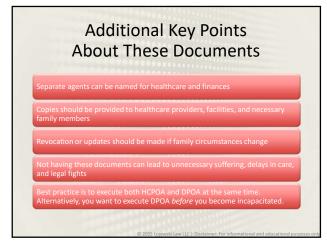
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Why Is It Important for a Facility to Ensure These Documents Are Activated When Dementia Progresses?

- Without activated documents, staff may not legally be able to take certain actions, like change care plans or discharge residents, without involving the courts
- Continuing to treat the resident as though they can consent can create both legal and ethical risks for the facility
 - It leaves the facility in legal limbo if the HCPOA agent has no legal authority AND the resident also lacks capacity
 - Results in the facility's inability to obtain informed consent or make time-sensitive decisions
- Facilities should want to and need to know residents' legal status who can consent, who can't, and who will be able to once the proper steps are
- Activating HCPOA but not activating DPOA means there is no legally capacitated authority to sign financial documents or assist with finances

Key Differences between **HCPOA** and **DPOA** НСРОА Purpose Medical decisions Financial/legal decisions Activation Only when Can be immediate or incapacitated upon incapacity Examples of decisions Surgery consent, Paying bills, managing medication choices, bank accounts, applying for Medicaid, selling hospice care, placement decisions property, hiring a lawyer Wisconsin Ch. 155 Governing law Wisconsin Ch. 244 Document specifics Often includes end-of-May grant broad or very life directives limited financial powers

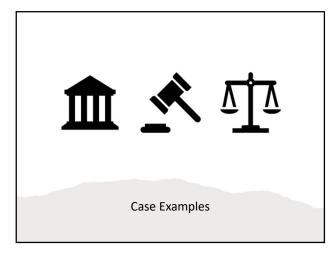
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When Facilities Should Call a Lawyer Consider consulting a lawyer when: A resident dies or suffers serious injury under questionable circumstances (fall, choking, elopement, assault, etc.) You receive a letter of representation from an attorney A staff member is accused of abuse, neglect, or misconduct You're unsure about how to legally activate POA A resident's capacity is in question and no legal representative has been identified There's a mandated report under investigation by the state You need to respond to a licensing complaint





EXAMPLE - ELOPEMENT

- 84-year-old woman, moderate Alzheimer's disease, residing in a locked memory care unit
- Known to wander and documented risk of elopement
- WanderGuard deviced was issued but placed around her neck like a necklace, where she could easily remove it
- Observed fiddling with the device before
- Security cameras were not operational
- Memory care unit was locked
- Resident was able to bypass locked door after removing WanderGuard necklace and wander outside unnoticed
- It was January and snowing
- Found several hours later, deceased from hypothermia after exposure to severe winter weather

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Could the Facility Have Prevented Harm and, if so, How?

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- Proper placement of the WanderGuard
- Reassessment of elopement interventions once recognizing the fiddling with WanderGuard
- Supervision
- Room placement
- Reguarly testing security cameras and door alarms

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EXAMPLE - CHOKING

- 79-year-old man, Alzheimer's disease, and severe dysphagia
- Pureed diet order following speech therapy evaluation
- Dietary restrictions were documented in the care plan
- New employee served resident a turkey sandwich at lunch in resident's bedroom
- Resident began choking
- CPR was attempted but performed on the resident's low air loss mattress
- Resident died same day due to airway obstruction and anoxic brain injury

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Could the Facility Have Prevented Harm and, if so, How?

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- · Double checking meal trays before delivery
- Staff education on dysphagia and diet order training
- Ensuring CNA Kardex is accurate and being used
- Accessible CPR boards and staff training to transfer residents to a firm surface
- Reinforcement audits random meal audits to verify dietary restrictions are being honored

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EXAMPLE - FALL

- 86-year-old woman with Alzheimer's disease, high fall risk
- 3 prior falls, 2 out of bed while attempting to toilet herself
- Fall interventions on care plan were use of grippy socks, use of call light, and ensure room is free of clutter
- Fell during night shift while trying to independently transfer from bed to toilet
- Hip fracture, surgery, decreased mobility and accelerated cognitive deterioration

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Could the Facility Have Prevented Harm and, if so, How?

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- Escalated fall prevention Reassessments and additional interventions after the prior falls, such as supervision, toileting schedule, low bed, or bed safety systems like fall mat, bilateral body pillows, etc.
- Conduct a root cause analysis
- Therapy referral
- · Night shift staffing

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LESSONS LEARNED: REFLECTION

Ask yourself and your team:

- Are our current interventions enough?
- When was the last time we reassessed a resident's risks after a change in behavior or condition?
- Are we proactive or do we wait for a bad outcome before we act?
- If a tragedy happened tomorrow, would we be able to show that we took every reasonable step to prevent it?
- Do we treat family concerns as opportunities to identify risks before they become emergencies?
- What would we want done if it was our own parent living here with dementia?

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FACILITY BEST PRACTICES



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Facility Best Practices: Protecting Residents, Families, and the Facility

- Individualized Resident Care
 - Thorough initial assessments and update care plans
 - Tailor interventions
 - Proactively reevaluate cognition and mental capacity
- Family Collaboration
- Document accurately, thoroughly, and in real-time
- Maintain working alarm and security systems in locked memory care units
- Use root cause analysis, not just incident reports, after any fall, injury, elopement, etc.
- Foster a culture of accountability and transparency

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Dementia-Specific Best Practices

- Provide specialized dementia training to all staff
- Teach staff to recognize non-verbal signs of pain, distress or fear
- Create calm, structured environments to reduce agitation and wandering risk
- Use positive redirection rather than confrontation
- Design memory care units with safe wandering spaces, clear signage, and minimized overstimulation

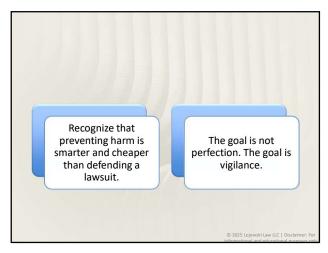
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Take Action: Prevent Harm

- 1. Reassess each resident with a known risk
- 2. Test safety systems
- 3. Audit dietary compliance
- 4. Emergency response drills to make sure staff know what to do
- 5. Launch a "Family Feedback" Campaign
- 6. Train staff on dementia behavior
- 7. Empower internal reporting through an anonymous reporting system

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