



# CAREGIVER SUPPORT GROUPS

in Austin, Central Texas & open to the public

## AUSTIN

**Caregiving Cafe @ St. Paul, Grace Hall**  
**10000 David Moore Rd., Austin 78748**  
**2nd TUESDAY | 10 a.m.-12 p.m.**

**Brookdale North Austin**  
**5310 Duval Rd., Austin, 78727**  
**3rd TUESDAY | 6-7 p.m.**

**Tarrytown United Methodist Church**  
**2601 Exposition Blvd., Austin, 78703**  
**2nd WEDNESDAY | 10-11:30 a.m.**

**The Reserve at Lake Austin**  
**6401 Ranch Rd. 2222, Austin, 78730**  
**2nd THURSDAY | 5:30-6:30 p.m.**

**Maravilla at The Domain**  
**11001 Austin Ln., Austin, 78758**  
**4th THURSDAY | 1-2 p.m.**

## KYLE

**The Philomena**  
**350 Philomena Dr., Kyle, TX 78640**  
**3rd TUESDAY | 6-7 p.m.**

## GEORGETOWN

**First United Methodist Church**  
**410 E. University Ave., Georgetown, 78626**  
**2nd MONDAY | 10 a.m.-12 p.m.**

**St. John's Methodist Church**  
**311 E. University Ave., Georgetown, 78626**  
**3rd WEDNESDAY | 1-3 p.m.**

## LA GRANGE

**Hospice Brazos Valley**  
**1048 N. Jefferson St., La Grange, 78945**  
**2nd TUESDAY | 10-11 a.m.**

## BELL COUNTY

**Dementia Enrichment Center**  
**9251 W. FM 436, Belton 76513**  
**1st & 3rd WEDNESDAY | 6-7 p.m.**

**Area Agency on Aging Central Texas**  
**2180 N. Main St., Belton, 76513**  
**3rd TUESDAY | 10-11 a.m.**



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## VIRTUAL

### For ALL Alzheimer's/dementia caregivers

#### Caregiving Cafe

2nd THURSDAY | 10 a.m.-12 p.m.

Please email [ccafemail@gmail.com](mailto:ccafemail@gmail.com) to participate

### For VA Recipients & Their Families

2nd TUESDAY | 11 a.m.-12 p.m.

Please email [Revonder.Ellis-VanArasd@va.gov](mailto:Revonder.Ellis-VanArasd@va.gov) to participate

## EARLY MEMORY LOSS VIRTUAL SUPPORT GROUP

For individuals living with mild cognitive impairment (MCI), early-stage dementia, or other forms of memory loss

Hosted by AGE of Central Texas

1st & 3rd WEDNESDAYS | 2-3 p.m.

Please email [capitaloftexas@alz.org](mailto:capitaloftexas@alz.org) or call 512.592.0990 to participate

### Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.

To learn more about all available resources, visit [www.alz.org/TexasCapital](http://www.alz.org/TexasCapital) or call 800.272.3900.

