

ALZHEIMER'S ASSOCIATION®

CAREGIVER SUPPORT GROUPS

in Austin, Central Texas & open to the public

AUSTIN

Caregiving Cafe @ St. Paul, Grace Hall
10000 David Moore Rd., Austin 78748
2nd TUESDAY | 10 a.m.-12 p.m.

Brookdale North Austin
5310 Duval Rd., Austin, 78727
3rd TUESDAY | 6-7 p.m.

Tarrytown United Methodist Church
2601 Exposition Blvd., Austin, 78703
2nd WEDNESDAY | 10-11:30 a.m.

The Reserve at Lake Austin
6401 Ranch Rd. 2222, Austin, 78730
2nd THURSDAY | 5:30-6:30 p.m.

Maravilla at The Domain
11001 Austin Ln., Austin, 78758
4th THURSDAY | 1-2 p.m.

KYLE

The Philomena
350 Philomena Dr., Kyle, TX 78640
3rd TUESDAY | 6-7 p.m.

GEORGETOWN

First United Methodist Church
410 E. University Ave., Georgetown, 78626
2nd MONDAY | 10 a.m.-12 p.m.

St. John's Methodist Church
311 E. University Ave., Georgetown, 78626
3rd WEDNESDAY | 1-3 p.m.

LA GRANGE

Hospice Brazos Valley
1048 N. Jefferson St., La Grange, 78945
2nd TUESDAY | 10-11 a.m.

BELL COUNTY

Dementia Enrichment Center
9251 W. FM 436, Belton 76513
1st & 3rd WEDNESDAY | 6-7 p.m.

Area Agency on Aging Central Texas
2180 N. Main St., Belton, 76513
3rd TUESDAY | 10-11 a.m.

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VIRTUAL

For ALL Alzheimer's/dementia caregivers

Caregiving Cafe

2nd THURSDAY | 10 a.m.-12 p.m.

Please email ccafemail@gmail.com to participate

For VA Recipients & Their Families

2nd TUESDAY | 11 a.m.-12 p.m.

Please email Revonder.Ellis-VanArsd@va.gov to participate

EARLY MEMORY LOSS VIRTUAL SUPPORT GROUP

For individuals living with mild cognitive impairment (MCI), early-stage dementia, or other forms of memory loss

Hosted by AGE of Central Texas

1st & 3rd WEDNESDAYS | 2-3 p.m.

**Please email capitaloftexas@alz.org or
call 512.592.0990 to participate**

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.

**To learn more about all available resources, visit
www.alz.org/TexasCapital or call 800.272.3900.**

