

dementia caregiving in Texas

DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

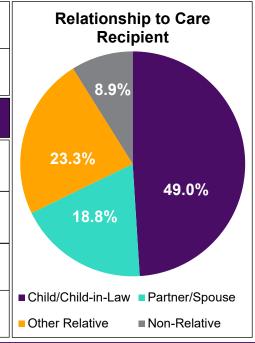
More than 1 in 5 caregivers in Texas (22.8%) is providing care to an individual with Alzheimer's or other form of dementia.

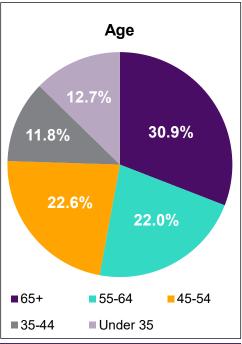
Who are dementia caregivers?

Female	61.5%
Male	38.5%
Also caring for a child	31.9%

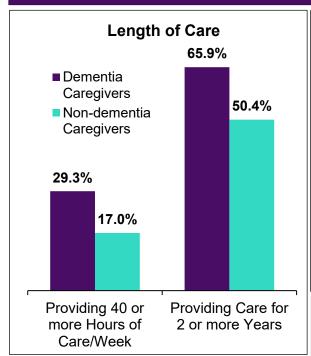
Health Effects

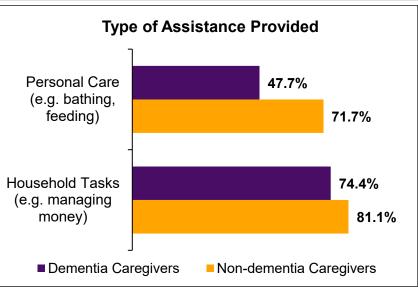
In frequent poor physical health	26.1%
In frequent poor mental health	16.9%
History of depression	24.4%
Current Smokers	13.1%





What does dementia caregiving entail?





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