



dementia caregiving in Texas

DATA FROM THE 2024 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 4 caregivers in Texas (26.7%) is providing care to an individual with Alzheimer's or other form of dementia.

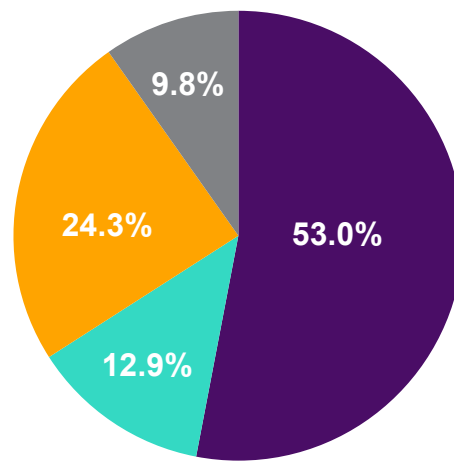
Who are dementia caregivers?

Female	60.7%
Male	39.3%
Also caring for a child	24.1%

Health Effects

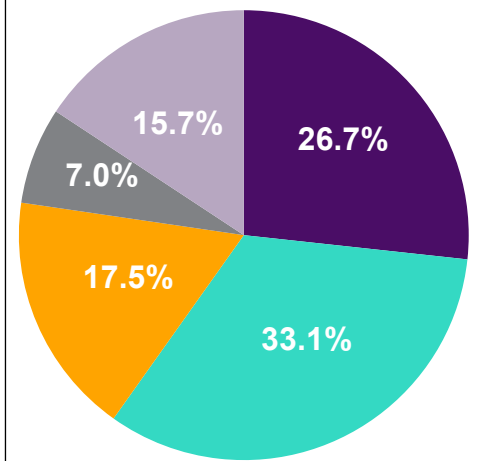
In frequent poor physical health	12.0%
In frequent poor mental health	16.2%
History of depression	39.6%
Current Smokers	11.3%

Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse
■ Other Relative ■ Non-Relative

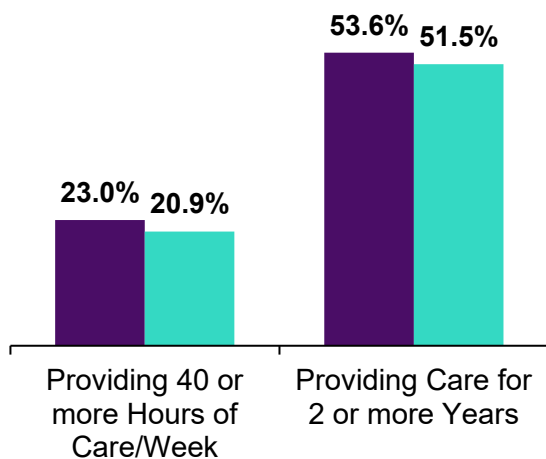
Age



■ 65+ ■ 55-64 ■ 45-54
■ 35-44 ■ Under 35

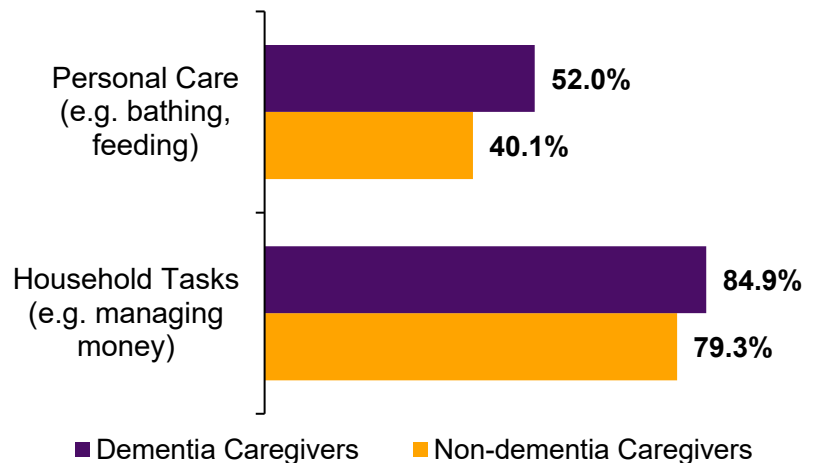
What does dementia caregiving entail?

Length of Care



■ Dementia Caregivers
■ Non-dementia Caregivers

Type of Assistance Provided



■ Dementia Caregivers ■ Non-dementia Caregivers

This Fact Sheet is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$17,025,598 with 100 percent funded by CDC/HHS. The contents are those of the Alzheimer's Association and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.