

ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association



TO REGISTER:
www.ALZ.ORG/CRF
CALL OUR 24/7 HELPLINE:
800.272.3900.

Online meetings via Zoom.

Registration required to receive login info.

MONTHLY GROUPS FOR FAMILY & FRIEND CAREGIVERS

Every Wednesday, 2:30-4PM

Facilitator: Valeria M.

(in partnership with Senior Concerns)

Every 2nd & 4th Thursday 4-5:30PM

Facilitator: Brenda Birdwell (in partnership with CCRC)

2nd Wednesdays, 1-2:00PM

Based in Ridgecrest, CA 93555

2nd Friday, 2:30-4PM

Facilitator: Dina O

(in partnership with CCRC)

2nd & 4th Fridays, 10-11:30AM

Facilitator: Elizabeth G.

(in partnership with Senior Concerns)

1st & 3rd Fridays in-person

3rd Thursday, 1-2:00PM

Facilitator: Renee C.

(in partnership with CCRC)

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MONTHLY GROUPS FOR YOUNGER ONSET

2nd Tuesday, 12-1:30PM

MONTHLY GROUPS FOR ADULT CHILD CAREGIVERS

1st & 3rd Thursdays, 9:30-11AM

Facilitator: Samantha C

(in partnership with Senior Concerns)

MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS

1st, 2nd & 3rd Thursdays, 1:00-3:00PM

1-2:00pm for Persons with Dementia: Dr. Joe I.

1-2:00pm for Caregivers: Debbie S.

2-3:00pm for Persons with Dementia: Dr. Joe I.

MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA

1st Mondays, 6-7:00PM

Facilitator: Dr. Joe I.

MONTHLY GROUP FOR CAREGIVERS OF THOSE WITH DOWN SYNDROME & ALZHEIMER'S/DEMENTIA

2nd Tuesdays, 10-11:30AM

Facilitator: Laura D.

GRUPO DE APOYO EN ESPAÑOL

2nd y 4th Sábados, 10-11:30AM

Facilitator: Rosalyn R.



California Central
Coast Chapter