



ALZHEIMER'S  ASSOCIATION®

**SUPPORT GROUPS
VIRTUAL AND IN-PERSON**

Greater Richmond Chapter

**Fredericksburg
Middle Peninsula
Northern Neck**

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. We offer support groups that are virtual and in-person. For any questions about support groups, please call 1-800-272-3900 or 804-967-2580. THANK YOU!

**FREDERICKSBURG
CAREGIVER SUPPORT GROUPS**

3rd Tuesday - 1:30 p.m.

Howell Library
806 Lyons Blvd, Fredericksburg
Hosted by Melite and Lori

3rd Tuesday - 5:30 p.m.

Christ Lutheran Church
1300 Augustine Ave., Fredericksburg
Hosted by Judy

4th Tuesday - 11 a.m.

Christ Lutheran Church
1300 Augustine Ave., Fredericksburg
Hosted by Judy

1st Wednesday - 5 p.m.

Cooper Library
20 Washington Ave, Colonial Beach
Hosted by Julie

**FOR PERSONS LIVNING WITH DEMENTIA &
CAREGIVERS**

Picturing New Connections

**Early Stage Engagement for Persons Living
with Dementia & Caregivers**

Gari Melchers Home and Studio
224 Washington Street, Falmouth, VA 22405
Dates vary, so please click [HERE](#) or call the
studio at 540.654.1015.

**Memory Café I 10:30 a.m.-Noon
For Persons with Memory Concerns
and Caregivers**

Dates TBD - Please call 804.967.2580
Salem Church Branch Library
2607 Salem Church Road, Fredericksburg

**Memory Café | 10 - 11:30 a.m.
For Persons with Memory Concerns
and Caregivers**

Dates TBD - Please call 804.967.2580
Fredericksburg Branch Library
1201 Caroline St, Fredericksburg