



Support Group Listings

Northern Arizona



IN PERSON SUPPORT GROUPS

Bullhead City

Senior Circle Building
2728 Silvercreek Road

 **2nd & 4th Monday | 12:00 p.m.**

Cottonwood

Cottonwood Public Library
100 S. 6th Street

 **Every Wednesday | 1:00 p.m.**

Eager

Round Valley Public Library
179 S. Main Street

 **3rd Tuesday | 1:00 p.m.**

Kingman

The Lingenfelter Center
Meeting in the Chapel
1099 Sunrise Avenue

 **1st & 3rd Wednesday | 10:00 a.m.**

Prescott

Prescott United Methodist Church
505 W. Gurley Street

 **1st & 3rd Monday | 10:00 a.m.**

Prescott Valley

Prescott Valley Public Library
7401 E. Skoog Boulevard

 **2nd & 4th Monday | 10:00 a.m.**

Pronghorn Ranch

7051 N Antelope Meadows Drive

 **1st & 3rd Monday | 10:00 a.m.**

Show Low

Solterra Senior Living
5408 Arizona Highway 260

 **2nd Wednesday | 1:00 p.m.**

St. Johns

St. Johns Public Library
35 South 3rd West PO Box 766

 **2nd Wednesday | 1:00 p.m.**

GRUPO DE APOYO EN ESPAÑOL

Alzheimer's Association

Número de Teléfono: 1-650-466-6070

ID: 212 886 453#

 **El Tercer Miércoles del Mes | 10:00 a.m.**

For assistance or to register: 800.272.3900

Updated: September 2026



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EARLY STAGE SUPPORT GROUP

Prescott Valley Public Library

7401 E. Skoog Blvd



2nd & 4th Wednesdays | 10:00-11:30 a.m.

VIRTUAL/HYBRID SUPPORT GROUPS

Flagstaff**

Sugar & Spice In-Home Care

2708 N 4th St Ste C-1

Zoom Meeting info:

Meeting ID 98808050427

Passcode: 21260



2nd & 4th Tuesday | 10:00 a.m.

** NOTE: This group intended for those living in Flagstaff area

Northern Arizona Caregivers

Phone: 1-888-788-0099

Meeting ID: 912 0426 3365#

Passcode: 907656#



1st & 3rd Thursday | 10:00 a.m.

BEREAVED CAREGIVER SUPPORT GROUP

Flagstaff Virtual Bereavement Support Group

Join Zoom Meeting:

Meeting ID: 989 6969 7160

Passcode: 135946

For more information or to register: Gemma O'Donnell (Facilitator) at mgodonne@asu.edu



4th Tuesday | 4:30 p.m.



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ADULT CHILDREN CAREGIVERS GROUP

Virtual Support Group**



1st & 3rd Tuesday | 5:00 p.m.

**Begins July 15. For more information: Please call 1.800.272.3900. This support group is designed specifically for adult children who are caregivers to parents or family members living with Alzheimer's disease or other forms of dementia. Goals of the Group: - Provide emotional and peer support - Share caregiving strategies and coping tools - Offer education on dementia progression and care planning - Create a space of empathy, understanding, and connection

EARLY STAGE ENGAGEMENT GROUP

Social Engagement

Highlands Center for Natural History
1375 S Walker Road
Prescott, AZ



Last Friday | 10:30 a.m.

*Seasonal April - July

**Early stage social engagements require pre-screening.
For more information: 1.800.272.3900