IN-PERSON SUPPORT GROUPS

Presented by the Alzheimer's Association®







In-person support groups are available throughout Orange County. Pre-registration is encouraged, but walk-ins are welcome. **To register or to learn more, please email the contact for each group.**

LOS ALAMITOS

1st Tuesday | 3:00-4:30PM
Westmont of Cypress, Activity Room
4889 Katella Ave., Cypress, CA 90720
Contact Fara at faaidul@alz.org

HUNTINGTON BEACH

1st Monday | 5:00-6:30PM
Alzheimer's Family Center
9451 Indianapolis Ave, Huntington Beach, CA, 92646
Contact Fara at faaidul@alz.org

FOUNTAIN VALLEY | VIETNAMESE CAREGIVER SUPPORT GROUP

Họp mặt hàng tháng, vào ngày thứ tư đầu tiên của tháng
Vital Access Care Foundation (VACF)
17150 Newhope St., Suite 201
Fountain Valley, CA 92708
Contact Fara at faaidul@alz.org

These groups are for caregivers of individuals, family and friends facing dementia.
For resources for professionals, call 800.272.3900. Student observation is not permitted!

Alzheimer's Association 24/7 Helpline: 800-272-3900

Call for free, around-the-clock help and the latest information.

Llame para obtener ayuda y informacion en español gratiuita las 24 horas.

ALZHEIMER'S® ASSOCIATION
Orange County Chapter

38 Executive Park, Suite 350, Irvine, CA 92614 | alz.org/oc
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ONLINE SUPPORT GROUPS

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Online meetings via Zoom. Registration required to receive login information. In person support groups are available in Orange County for family caregivers. **To register or to learn more, please email the contact for each group.**

MONTHLY GROUPS FOR FAMILY & FRIEND CAREGIVERS

2nd Tuesday | 7-8:30PM
Contact Michelle at mipichardo@alz.org

3rd Tuesday | 6:30-8:00PM
Contact Michelle at mipichardo@alz.org

MONTHLY GROUP FOR YOUNGER ONSET

(Caregivers of a loved one younger than 65 years old living with Alzheimer's disease or other dementia.)

3rd Thursday | 7-8:30PM
Contact Michelle at mipichardo@alz.org

MONTHLY GROUP FOR LGBTQ+ CAREGIVERS

2nd & 4th Thursday | 12:00-1:30PM
Contact Yael at 310-912-9120 or ywyte@alz.org

MONTHLY GROUP FOR YOUNG DEMENTIA CAREGIVERS

(Young caregivers of a parent or loved one living with Alzheimer's disease or other dementia.)

1st Monday | 7:30-9PM
Contact Yael at 310-912-9120 or ywyte@alz.org

GRUPO DE APOYO EN ESPAÑOL, TELEPHONE

2do & 4to martes del mes | 1-2:30PM
Contact Linda at 213-220-0713

Additional groups in other languages and for persons with early dementia are available through our network of chapters. Please call 800.272.3900 or search our online Community Resource Finder.

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