ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association





TO REGISTER:
www.ALZ.ORG/CRF
CALL OUR 24/7 HELPLINE:
800.272.3900.

Online meetings via Zoom.
Registration required to receive login info.

MONTHLY GROUPS FOR FAMILY & FRIEND CAREGIVERS

Every Wednesday, 2:30-4PM
Facilitator: Valeria M.
(in partnership with Senior Concerns)

Every 2nd & 4th Thursday 4-5:30PM
Facilitator: Brenda Birdwell (in partnership with CCRC)

2nd Wednesdays, 1-2:00PM
Based in Ridgecrest, CA 93555

2nd Friday, 2:30-4PM
Facilitator: Dina O
(in partnership with CCRC)

2nd & 4th Fridays, 10-11:30AM
Facilitator: Elizabeth G.
(in partnership with Senior Concerns)
1st & 3rd Fridays in-person

3rd Thursday, 1-2:00PM
Facilitator: Renee C.
(in partnership with CCRC)

MONTHLY GROUPS FOR YOUNGER ONSET

2nd Tuesday, 12-1:30PM

MONTHLY GROUPS FOR ADULT CHILD CAREGIVERS

1st & 3rd Thursdays, 9:30-11AM
Facilitator: Samantha C
(in partnership with Senior Concerns)

MONTHLY GROUPS FOR THOSE WITH MEMORY LOSS & CARE PARTNERS

1st, 2nd & 3rd Thursdays, 1:00-3:00PM
1-2:00pm for Persons with Dementia: Dr. Joe I.
1-2:00pm for Caregivers: Debbie S.
2-3:00pm for Persons with Dementia: Dr. Joe I.

MONTHLY GROUPS FOR THOSE WHO HAVE LOST A LOVED ONE TO DEMENTIA

1st Mondays, 6-7:00PM
Facilitator: Dr. Joe I.

GRUPO DE APOYO EN ESPAÑOL

2nd y 4th Sábados, 10-11:30AM
Facilitator: Rosalyn R.

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800.272.3900

ALZHEIMER'S ASSOCIATION
California Central Coast Chapter