



dementia caregiving in Iowa

DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

Nearly 1 in 5 caregivers in Iowa (18.8%) is providing care to an individual with Alzheimer's or other form of dementia.

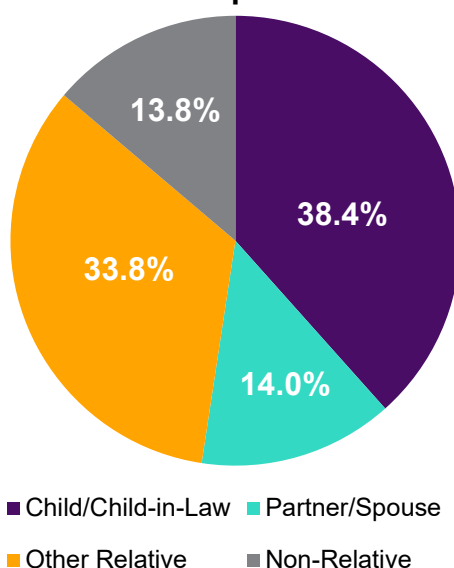
Who are dementia caregivers?

Female	69.1%
Male	30.9%
Also caring for a child	34.0%

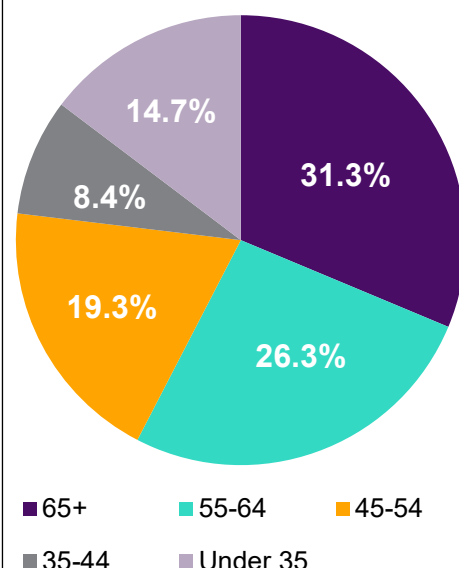
Health Effects

In frequent poor physical health	14.4%
In frequent poor mental health	22.2%
History of depression	28.2%
Socially Isolated	35.4%

Relationship to Care Recipient

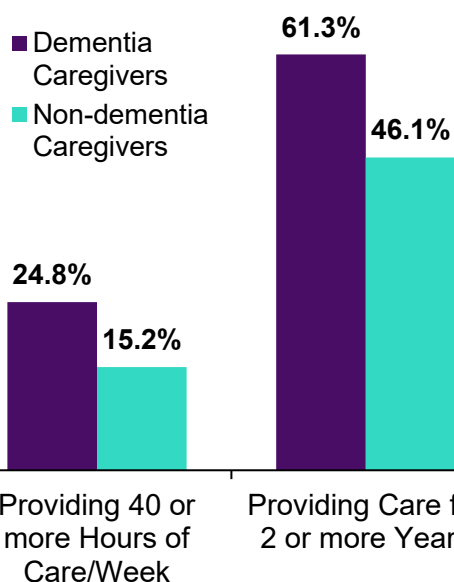


Age

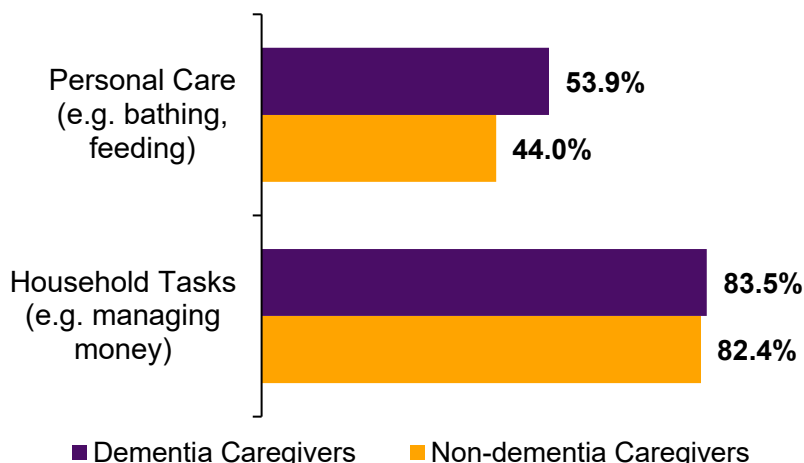


What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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