



cognitive decline in Oregon

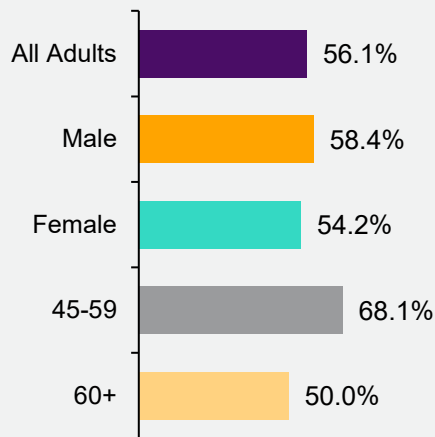
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Oregon, 20.3% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

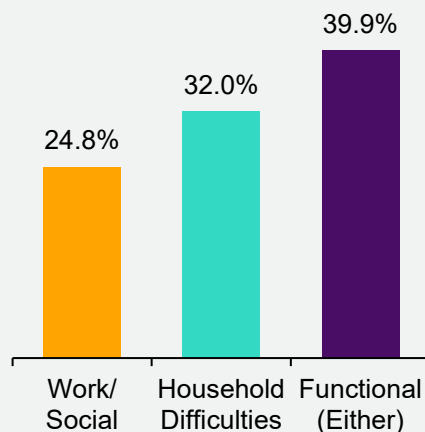
56.1% are worried about it.

Percentage with SCD who are worried



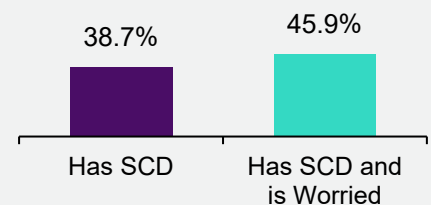
39.9% say it causes difficulties.

Percentage with SCD who have limitations

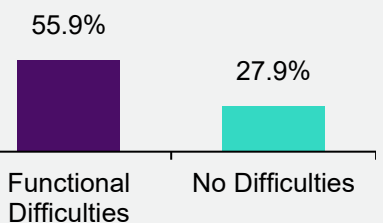


Only 38.7% have talked to a health professional about it.

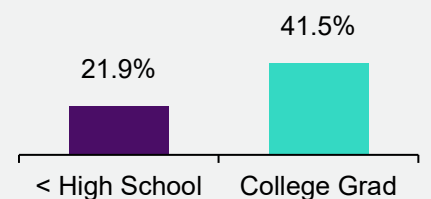
Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

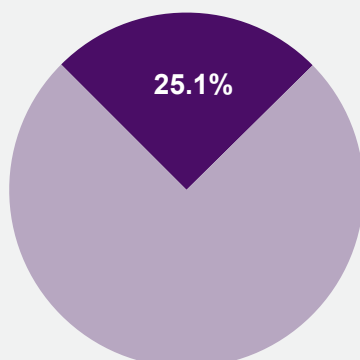


Those without a high school education are least likely to talk to a provider . . .



25.1% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	21.7%
Male	18.9%
60 and older	21.6%
<High School	38.4%
High School	21.1%
Some College	20.6%
College Grad	15.6%
Income <\$15,000	44.2%
\$15,000 - \$24,999	34.3%
\$25,000 - \$49,999	22.4%
\$50,000 - \$74,999	24.2%
\$75,000 or more	13.1%
Veteran	23.5%
Fair/Poor Health	38.7%