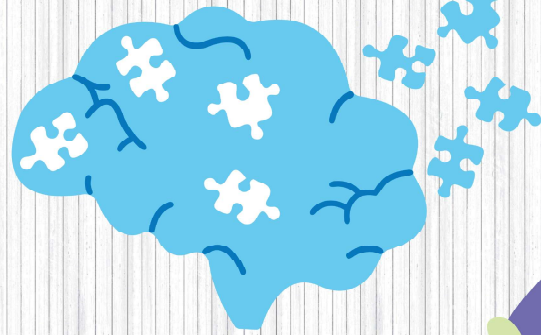


Honoring the Past, Shaping the Future



CARE Patrol™
Your Partner In Senior Care Solutions

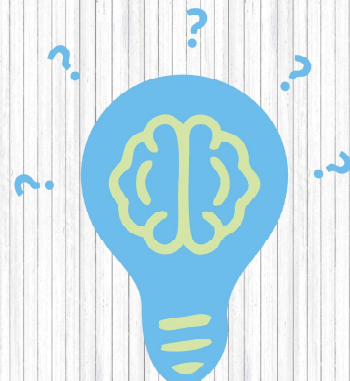
Learning Points

- ✓ When to ask for help.
- ✓ Reflect on the journey of caregiving.
- ✓ Recognition of needs.
- ✓ What help can look like.
- ✓ Reach out for support.

By doing so, we empower families to take proactive steps toward better care, compassion, and hope.

What is Alzheimer's Disease?

Alzheimer's disease is a type of dementia that affects memory, thinking and behavior. Symptoms eventually grow severe enough to interfere with daily tasks.



Caregiving Is a Journey



Caregiving is a long-term commitment, but not something families should navigate alone.

Seeking help is a sign of strength, not weakness.

Recognition of Need



When help is needed it is not always clear, but there are tangible signs that caregivers and families can learn to recognize to ensure the best care for their loved ones.

Recognizing When Your Loved One Needs More Help

Changes can be subtle at first, but learning to recognize early signs ensures timely support and better care.

- Subtle Changes in Routine
- Emotional or Behavioral Shifts
- Decline in Home Safety or Cleanliness
- More Frequent Medical Events
- Trouble Managing Finances or Appointments
- Trust Your Instincts



Recognizing When the Caregiver Needs Help

Supporting caregivers is just as important as supporting those they care for.

- Physical & Emotional Exhaustion
 - Feelings of Guilt, Resentment, or Helplessness
 - Withdrawal from Social Life or Hobbies
 - Neglecting Their Own Health
 - Strained Relationships
 - Saying “I’m Fine” Too Often
- 



Self Care

What does that look like for you?

Self-care isn't one-size-fits-all. It can be small, simple, quiet—or bold, structured, and active. The important part is that it's yours and it fills your cup.



Recognizing When It's Time to Ask for Help

Critical Moments and Practical Solutions

If tasks like bathing, lifting, or managing medications become unsafe or overwhelming.

Emotional, physical, or financial strain is a clear signal it's time to bring in support.

When You're Constantly Worried or Losing Sleep

When You Notice a Decline in Quality of Life (for You or Them)

If either party is losing joy, freedom, or dignity, it's worth exploring options.



What Help Can Look Like

- In-Home Support Services
- Adult Day Programs
- Respite Care
- Care Management Services
- Support Groups
- Long-Term Care Options
- Technology Solutions

Hope and Resources

The Wisconsin Alzheimer's Association offers a wealth of resources and support options to help families at every stage of their caregiving journey.



24/7 Helpline: 800.272.3900



Locate dementia resources, programs and services in your area.

Building a Future of Compassionate Care

Stronger Together: Building a Complete Support System Through Advocacy & Collaboration

A Collective Effort Leads to Systemic Change
Healthcare providers, policymakers, families, and community organizations must work together to build responsive, person-centered dementia care systems.

- Healthcare providers
- Caregivers
- Community support
- Policy & legislation
- Advocacy organizations
- Individuals living with dementia

Key Takeaways

1. Caregiving is a journey
2. Recognition of Need
3. Hope and Resources
4. Building a Future of Compassionate Care

ON A
JOURNEY

Together, we will continue to make strides in this journey of care, ensuring that no one faces Alzheimer's without the support and hope they deserve.