



MEMORY Café

Early Stage Memory Cafés

Memory Café is a safe and relaxed place where people with early-stage memory loss, their families, friends and health professionals can come together for a unique blend of education and social interaction. It is a forum where people can share experiences and socialize. Anyone affected by early-stage memory loss is welcome to attend. **Attendance is free and your RSVP is required. Please call 1-800-272-3900 to register.**

Baltimore County Memory Café:

Second Wednesday | 12-1 p.m.
The Option Group
11019 McCormick Rd.
Hunt Valley, MD 21031

Catonsville Memory Café:

Second Wednesday | 11:30 a.m.-1 p.m.
Brightview Catonsville
912 S Rolling Rd.
Catonsville, MD 21228

Frederick County Memory Cafés:

Second & Fourth Fridays | 11:30 a.m. - 12 p.m.
Various senior centers throughout the county
Email caregiversupport@frederickcountymd.gov
for details.

Harford County Memory Café:

Second Tuesday | 12-1 p.m.
Miller's Ale House
601 Baltimore Pike
Bel Air, MD 21014

Howard County Memory Café:

First Wednesday | 6:30-7:30 p.m.
East Columbia 50+ Center
6600 Cradlerock Way
Columbia, MD 21045

Jewish Community Services Memory Cafés:

Third Tuesday | 2-3 p.m.

Edward A. Myerberg Center
3101 Fallstaff Road
Baltimore, MD 21209

Fourth Wednesday | 2-3 p.m.

L'Chaim Day Program
3617 Seven Mile Lane
Pikesville, MD 21208

Washington County Memory Cafés:

Last Thursday | 11:30 a.m. - 1 p.m.

Emmanuel Baptist Temple
16221 National Pike
Hagerstown, MD 21740

Third Thursday | 12:00 - 1:30 p.m.

Otterbein United Methodist
Church 108 E. Franklin St.
Hagerstown, MD 21740

Updated October 2025