



cognitive decline in Colorado

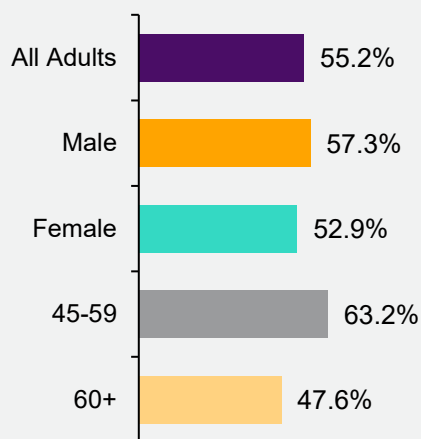
DATA FROM THE 2023 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Colorado, 16.7% of adults 45 and older are experiencing subjective cognitive decline (SCD) – that is, thinking or memory problems that are getting worse.

Among those with SCD...

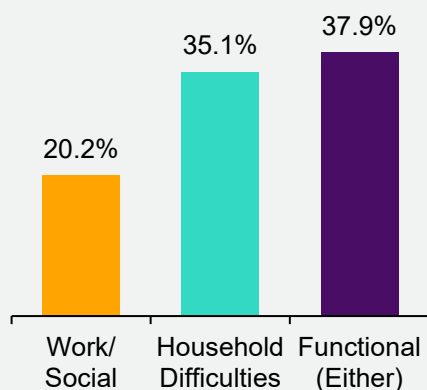
55.2% are worried about it.

Percentage with SCD who are worried



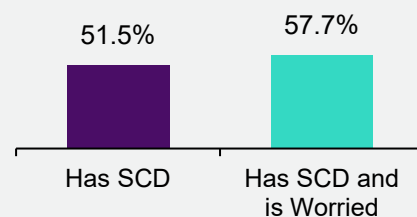
37.9% say it causes difficulties.

Percentage with SCD who have limitations



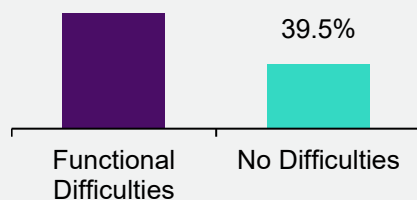
Only 51.5% have talked to a health professional about it.

Percentage who have spoken to a health care provider



Those who are experiencing functional difficulties are more likely to talk to a provider . . .

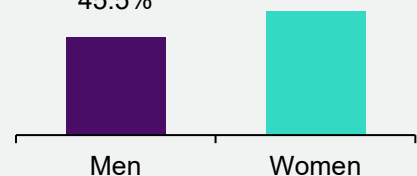
70.7%



Women are more likely to discuss their SCD with a health care provider compared with men. . .

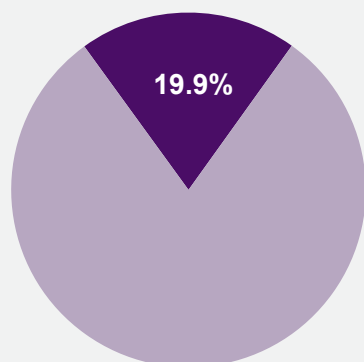
45.5%

57.6%



19.9% live alone.

Percentage with SCD who live alone



Percentage with SCD:

Female	15.9%
Male	17.4%
60 and older	17.9%
<High School	n/a
High School	18.9%
Some College	17.0%
College Grad	16.1%
Income <\$15,000	28.5%
\$15,000 - \$24,999	23.4%
\$25,000 - \$49,999	19.5%
\$50,000 - \$74,999	19.2%
\$75,000 or more	13.8%
Veteran	19.3%
Fair/Poor Health	31.5%