

THE IMPACT OF ALZHEIMER'S ON THE WORKPLACE



Over **11 million**

Americans provide unpaid care for people living with Alzheimer's or other dementias.

6 in 10 caregivers were employed in the past year.

These individuals worked an average of

35 hours

per week while caregiving.



18% of caregivers went from full-time to part-time or cut back hours.



Nine percent of caregivers gave up working entirely.

57%

OF EMPLOYED

CAREGIVERS HAD TO GO IN TO WORK LATE, LEAVE EARLY OR TAKE TIME OFF DUE TO CAREGIVING DEMANDS.



Six percent retired early.



Approximately **one-quarter** of caregivers are in the "sandwich generation" — meaning they care for an aging parent and children under 18.

83%

OF CARE AT

HOME IS PROVIDED BY FAMILY MEMBERS, FRIENDS OR OTHER UNPAID CAREGIVERS.



Approximately two-thirds of dementia caregivers are **Women**, a role which often competes with employment and other responsibilities.

For a deeper dive on cognitive impairment in the workplace, visit alz.org/alzintheworkplace.

Visit alz.org or call **800.272.3900** for 24/7 caregiver support, information and resources.

ALZHEIMER'S  ASSOCIATION®

Sources: Alzheimer's Association 2024 Alzheimer's Disease Facts and Figures Research Report: Dementia Caregiving in the U.S.