

IN-PERSON EDUCATION PROGRAMS

The following classes are hosted throughout San Luis Obispo, Santa Barbara and Ventura counties.
Pre-registration is encouraged.

Building a Foundation of Caregiving

- **Thursday, Feb. 5 | 1:00-2:30pm**
The Oaks of Paso Robles
Theater Room
526 S. River Rd.
Paso Robles, CA

Healthy Living for Body & Brain

- **Monday, Feb. 9 | 12:00-1:00pm**
Schott's Center - SBCC
310 W. Padre St.
Santa Barbara, CA

10 Warning Signs of Dementia

- **Wed., Feb. 11 | 11am-12pm**
505 Sunset Ave.
Shafter, CA 93263
- **Mon., Feb. 23 | 3:30-5:00pm**
Cambria Connection
1069 Main St., Unit B
Cambria, CA 93428

The Impact of Alzheimer's in Our Communities

- **Tue., Feb. 17 | 2-3:00pm**
Arvin Vets Memorial Building
414 4th St.
Arvin, CA

Communication Tips & Tools

- **Wed., Feb. 18 | 10:00-11:30am**
St. Barnabas Episcopal Church
301 Trinity Ave.
Arroyo Grande, CA

Managing Money:

A Caregiver's Guide to Finances

- **Friday, Feb. 20 | 10:00-11:00am**
Ventura Avenue Adult Center
550 N. Ventura Ave.
Ventura, CA 93001

Family Caregiver Retreat

- **Sat., Feb. 21 | 10a-2:00pm**
"Getting out the Door: Improving Dementia Care Routines"

St. James Episcopal Church & CAPSLO Adult Day Center
1345 Oak Ave.
Paso Robles, CA

MUST RSVP: bit.ly/slo_retreat

In collaboration with: CAPSLO, CCRC & Guided Aging Geriatric Care Management

Understanding Alzheimer's & Dementia

- **Wed., Feb. 26 | 10:00-11:30am**
Chumash Tribal Hall
100 Via Juana Rd.
Santa Ynez, CA 93460

Community Events: February 2025:

Valentine's Day by the Sea

Saturday, Feb. 14 | 11:00am-3:30pm
Ventura Harbor Village
1583 Spinnaker Dr.
Ventura, CA 93001

ALZHEIMER'S  ASSOCIATION

800.272.3900 | alz.org

Call our 24/7 Helpline:
800.272.3900



DO WHAT YOU LOVE TO END ALZ
ALZHEIMER'S  ASSOCIATION

Turn something **YOU** love into a fundraiser
to end Alzheimer's & all other dementia.

Contact: Ali Shiry: amshiry@alz.org

alz.org/DoWhatYouLove

Seeking Volunteers!

Interested in becoming a Community Educator, Support Group Facilitator or Community Rep?
Go to: <https://volunteer.alz.org/>