

## **ISTAART Immersives: Don't Lose People in Translation: How to Design Multiculturally Inclusive Clinical Practice and Research**

Friday, July 10, 2026 | 8 a.m. - 12 p.m.

Aurora Ballroom 14, 17 — InterContinental — London, United Kingdom

All times are in British Summer Time

*In-person attendance only*

### **Overview**

People with dementia and carers from multicultural communities have inequitable access to dementia treatments and services and are underrepresented in research. This immersive workshop aims to improve attendees' skills in adapting clinical and research tools and healthcare information to be suitable for multicultural communities. We have translated evidence-based strategies for developing public information and research materials into an interactive workshop. We begin by unpacking the challenges that both clinicians/researchers and clients/participants face when working across different cultural, linguistic, and educational backgrounds. We will explore how trust, respect, and clarity shape engagement and healthcare communication. A deliberately inaccessible survey exercise offers a powerful, first-hand experience of what it feels like when tools do not match a person's lived reality—eliciting confusion and frustration often noted by culturally diverse participants in e.g. dementia research. Attendees will consider the content, format, and language of tools and resources. Hands-on activities that highlight how communication choices influence understanding. By comparing traditional participant forms with more accessible formats, attendees consider how documentation can be simplified. Small-group “adaptation labs” will enable attendees to collaboratively critique and modify clinical or research tools. Together, we examine how e.g. cultural expectations, caregiving norms, literacy levels, and communication styles affect how questions are interpreted—and whether commonly used measures truly capture what we intend to assess. Rather than searching for a single perfect method, the workshop emphasises flexible, people-centred decision-making and co-design. Attendees will leave with practical, applicable strategies for improving engagement, asking better questions, and strengthening cultural responsiveness that they can apply in their dementia research or clinical practice.

### **Organizing Committee**

- Jo Antoniadou, PhD
- Lee-Fay Low, PhD

- Crystal M Glover, PhD
- Lupe Morales
- Naheed Mukadam, PhD

## Target Audience

We encourage PWLD from multicultural communities to participate if they desire, as our target is to ensure more inclusion research it would be greatly valued. Our team comprises experienced clinicians and a lived experience carer, should support be required.

## Learning Objectives

- Understand evidence-based strategies for effective engagement of multicultural communities in clinical services or research.
- Apply practical strategies for developing easy to understand documents for older people from multicultural backgrounds, including the use of visuals, plain language, and alternative formats.
- Practice adapting clinical questions or research instruments in small-group “adaptation labs” to make them comprehensible, completable and culturally appropriate.

## Registration

Pre-conferences are offered for in-person attendance only. Preconferences require a separate registration fee in addition to AAIC full conference registration, or they may be purchased as stand-alone events. Visit [alz.org/AAIC](http://alz.org/AAIC).

## Agenda: Friday, July 10, 2026 | 8 a.m. - 12 p.m.

Time	Session Details	Speakers and Moderator
8:00 a.m. - 8:15 a.m.	Welcome & Introductions	Jo Antoniades, PhD
8:15 a.m. - 8:35 a.m.	Lecture 1: Introduction to Multicultural Dementia Research & Clinical Practice	Lee-Fay Low, PhD
8:35 a.m. - 9:05 a.m.	Activity 1: Community Engagement Misalignments	Lupe Morales & Team
9:05 a.m. - 9:20 a.m.	Lecture 2: Strategies for Better Engagement	Crystal M Glover, PhD

9:20 a.m. - 9:50 a.m.	Activity 2: Rigour Without Rigidity	Crystal M Glover, PhD & Lupe Morales
<b>9:50 a.m. - 10:10 a.m.</b>	<b>Break</b>	
10:10 a.m. - 10:25 a.m.	Lecture 3: Culturally-Fair Assessments & Instruments	Naheed Mukadam, PhD
10:25 a.m. - 10:55 a.m.	Activity 3: The Impossible Survey + Adaptation Lab	Naheed Mukadam, PhD & Team
10:55 a.m. - 11:10 a.m.	Lecture 4: What Method Works When?	Jo Antoniades, PhD & Crystal M Glover, PhD
11:10 a.m. - 11:40 a.m.	Activity 4: Measuring What, When & How?	Jo Antoniades, PhD, Crystal M Glover, PhD & Team
11:40 a.m. - 12:00 a.m.	Wrap-up & Evaluation	Lee-Fay Low, PhD