

# ALZHEIMER'S PROGRAM EDUCATION

Presented by the Alzheimer's Association®



## MARCH 2026



## VIRTUAL PROGRAMS VIA ZOOM

**New Advances in Alzheimer's Treatments** Learn about new advancements in Alzheimer's treatments. This program will provide an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive treatments, availability & more. **March 5 | 6-7PM PST**

**The 10 Warning Signs of Alzheimer's** Learn about the difference between normal aging and Alzheimer's, common warning signs, the importance of early detection and benefits of diagnosis and more.. **March 11 | 6-7PM PST**

**Building Brain-Healthy Habits** Now is the time to build healthy habits. Join us to learn how you can take positive steps to help you live better now and protect your memory and thinking as you get older. **March 12 | 6-7PM PST**

**Communicating Effectively** As people living with dementia progress in their journey and lose the ability to use words, caregivers can discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more. **March 19 | 6-7PM PST**

**Understanding Dementia Behaviors** People living with dementia may exhibit behaviors as a way to communicate their needs and feelings as the disease progresses. Learn how dementia can change a person's behavior, possible triggers and person-centered care approaches to address behaviors.

**March 26 | 6-7PM PST**

## IN PERSON IN IMPERIAL COUNTY

Thursday, March 19 | 10:30AM | Brawley Senior Center, 575 J St. 92227

**Alzheimer's Awareness** Awareness presentations provide essential disease information and resources, enriched with inspiring stories of encouragement and support.

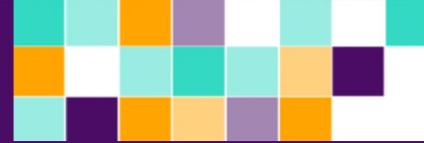
19 de Jueves | 11:00AM | Brawley Senior Center, 575 J St. 92227

**Concientización sobre el Alzheimer** Las presentaciones de concientización brindan información y recursos esenciales sobre enfermedades, enriquecidos con historias inspiradoras de aliento y apoyo.

TO REGISTER FOR ANY OF THESE PROGRAMS:  
CLICK THE TITLE, SCAN THE QR CODE ABOVE OR CALL 800.272.3900 | 24/7

# ALZHEIMER'S INFORMATION & RESOURCES

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## VOLUNTEER OPPORTUNITIES

WOULD YOU LIKE TO BRING ALZHEIMER'S AWARENESS TO  
YOUR COMMUNITY?

BECOME A VOLUNTEER COMMUNITY EDUCATOR!  
BILINGUAL ENGLISH/SPANISH IN HIGH DEMAND!

[https://volunteer.alz.org/volunteeropportunities/volunteer-opportunity-  
details/comm-ed-detail](https://volunteer.alz.org/volunteeropportunities/volunteer-opportunity-details/comm-ed-detail)



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# ALZHEIMER'S ASSOCIATION®