

ALZHEIMER'S ASSOCIATION SUPPORT GROUPS

Southeastern Virginia Chapter



Support Groups for Caregivers

Support group details are updated regularly and subject to change. Call 800.272.3900 to register.

Chesapeake, VA

Fourth Monday | 1 p.m.
Chesapeake Lifestyle Center
800 N. Battlefield Blvd., Chesapeake, VA

Hampton, VA

Third Saturdays* | 11 a.m.
Sixth Mount Zion Baptist Temple
3100 Butternut Dr., Hampton VA
*Every other month: Jan, March, May,
July, Sept., Nov.

Newport News, VA

First Wednesday | 6:30 p.m.
Orcutt Baptist Church
653 Baxter Ln., Newport News, VA

Second Wednesday | 1 p.m.
Peninsula Agency on Aging
739 Thimble Shoals Blvd.
Newport News, VA

Yorktown

Third Thursday | 10:30 a.m.
St. Luke's United Methodist Church
300 Ella Taylor Rd.
Yorktown, VA

Norfolk, VA

Second Thursday | 1 p.m.
Trinity and Central Baptist Churches
Fellowship Hall
701 W Olney Road, Norfolk, VA

Second Saturday | 10 a.m.
Grace Episcopal Church
1400 E. Brambleton Avenue, Norfolk VA

Portsmouth, VA

First Thursday | 1 p.m.
Third Baptist Church
461 Godwin Street, Portsmouth, VA

Suffolk, VA

First Tuesday | 1 p.m.
Lake Prince Woods
100 Anna Goode Way, Suffolk, VA

Virginia Beach, VA

Third Monday | 12 p.m.
Our Lady of Perpetual Help
4560 Princess Anne Road,
Virginia Beach, VA

Williamsburg

First Wednesday | 1 p.m.
Peninsula Agency on Aging
4551 John Tyler Hwy, Ste 101
Williamsburg, VA

Gloucester

Third Tuesday | 10:30 a.m.
Daffodil Gardens
5954 Garden Grove Ln
Gloucester, VA

Virtual Groups

Third Friday | 3 p.m.

Second Thursday | 11-12 p.m.

First Thursday | 6 p.m.
en Español/in Spanish

Filipino Support Group

Fourth Saturdays* | 3 p.m.
Philippine Cultural Center of VA
4857 Baxter Rd., Virginia Beach VA
*Every other month: Feb., April, June,
Aug., Oct., Dec.