

SUN	MON	TUE	WED	THU	FRI	SAT
28 Interested in getting more involved? Let us know at bit.ly/alz-vol	29	30	31	1 Support Group at First United Methodist Church Conroe @ 9:30 AM - Virtual Caregiver Support Group @ 5:30 PM - Caregiver Support Group at St. John's United Methodist Church @ 7:00 PM	2 Support Group at First Christian Church in Alvin @ Noon	3
4 Get the tools you need to tackle dementia at training.alz.org	5 Support Group at St. Martins Episcopal Church: The Hope & Healing @ 3:00 PM	6 <u>Virtual Men's Caregiver Support Group @ 1:30 PM</u> - <u>Support Group at Brookdale Cypress Station @ 4:30 PM</u>	7	8 <u>Caregiver Support Group at N. Montgomery Community Center @ 11:30 AM</u>	9 <u>Hybrid Caregiver Connection Support Group - Galveston @ Noon</u>	10
11 Help your community raise funds and awareness for Alzheimer's disease! Join a <u>Walk to End Alzheimer's</u> planning committee - contact alztexwalk@alz.org to learn more!	12 Looking Together - Early Stage Social Engagement @ 11:00 AM Call 800-272-3900 for more information, pre-screening & registration. - <u>Exploring Care & Support Services at the Katy Fussell Senior Center @ Noon</u> - <u>Fifth Ward Multi-Service Center Caregiver Support Group @ 6:00 PM</u>	13 <u>Caregiver Support Group FUMC - Missouri City @ 11:00 AM</u> <u>10 Warning Signs Virtual Education Program - Debaquey VA @ Noon</u> - <u>Amazing Place Caregiver Support Group @ 6:00 PM</u> - <u>Houston Younger Onset Support Group @ 6:00 PM</u>	14 Caregiver Support Group at Memorial Drive United Methodist Church @ 1:00 PM	15 <u>Support Group at R.C. Miller Library Beaumont @ 1:30 PM</u>	16 <u>Hybrid Spanish Support Group at Amazing Place West @ Noon</u>	17 <u>Support Group at Wheeler Avenue Baptist Church @ 10:00 AM</u>
18 Create a personal plan to navigate Alzheimer's disease at alznavigator.org	19 <u>Support Group at St. Martins Episcopal Church: The Hope & Healing Center @ 3:00 PM</u>	20 <u>Men's Caregiver Support Group at St. Luke's United Methodist Church @ 1:30 PM</u> - <u>Amazing Place West Caregiver Support Group @ 2:00 PM</u> - <u>Virtual Caregiver Support Group - The Woodlands @ 7:00 PM</u>	21 <u>Building Foundations of Caregiving at The Luke Church @ 10:00 AM</u> - <u>League City Caregiver Support Group @ 2:00 PM</u>	22 <u>Tabling at Seven Acres Jewish Senior Care Services @ 10:00 AM</u> - <u>Healthy Living for Your Brain & Body at Lone Star College - University Park @ 10:00 AM</u>	23 <u>Virtual Caregiver Connection Support Group - Galveston @ Noon</u>	24
25 Do What You Love for the people that you love to ENDALZ! Learn how you can become a part of our newest fundraising event at alz.org/endalzhtx	26	27 <u>Caregiver Support Group FUMC - Missouri City @ 11:00 AM</u> - <u>Hybrid Spanish Caregiver Support Group at Memorial Drive Presbyterian @ 7:00 PM</u>	28	29 <u>The Impact of Alzheimer's in Our Community at Jim & JoAnn Fonteno Senior Education Center @ 1:00 PM</u>	30	31