

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



JULY 2026

Advance registration is required. To register: scan the QR code at the top right corner of this flyer, click on the hyperlinks in the PDF, or call our Orange County chapter office at 949-426-8544. All times are PST.

10 Warning Signs of Alzheimer's

Learn about typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, and the benefits of a diagnosis.

Friday, July 17 | 10:00-11:30AM

Rancho Senior Center - City of Irvine
3 Ethel Coplen Way, Irvine, CA 92612

TO REGISTER: visit yourirvine.org or call
Rancho Senior Center 949-724-6800

Building Brain-Healthy Habits

Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older – even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages, and how to build your personalized action plan for brain-healthy habits.

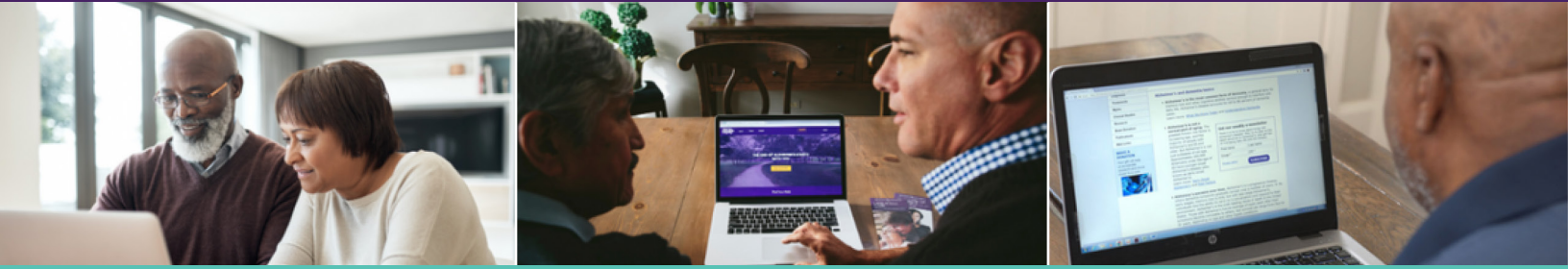
Monday, July 27 | 1:00-2:00PM

Fountain Valley Senior Center
17967 Bushard St, Fountain Valley, CA 92708

TO REGISTER: email Michelle Pichardo at
mipichardo@alz.org

VIRTUAL PROGRAMS

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Communicating Effectively + Responding to Dementia-Related Behaviors

As people living with dementia progress in their journey and lose the ability to use words, caregivers can discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more. Responding to Dementia-Related Behaviors details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

Wednesday, July 8 | 10:00-11:00AM

[REGISTER ONLINE](#)

New Advances in Alzheimer's Treatments

Learn about new advancements in Alzheimer's treatments. This program will provide an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive the treatments, availability, and more.

Tuesday, July 14 | 6:00-7:00PM

[REGISTER ONLINE](#)

Thursday, July 23 | 10:00-11:00AM

[REGISTER ONLINE](#)

10 Warning Signs of Alzheimer's

Learn about typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, and the benefits of a diagnosis.

Wednesday, July 15 | 5:00-6:00PM

[REGISTER ONLINE](#)

Tuesday, July 21 | 12:00-1:00PM

[REGISTER ONLINE](#)

EN ESPAÑOL

Cómo comunicarse de manera efectiva y responder a los comportamientos relacionados con la demencia

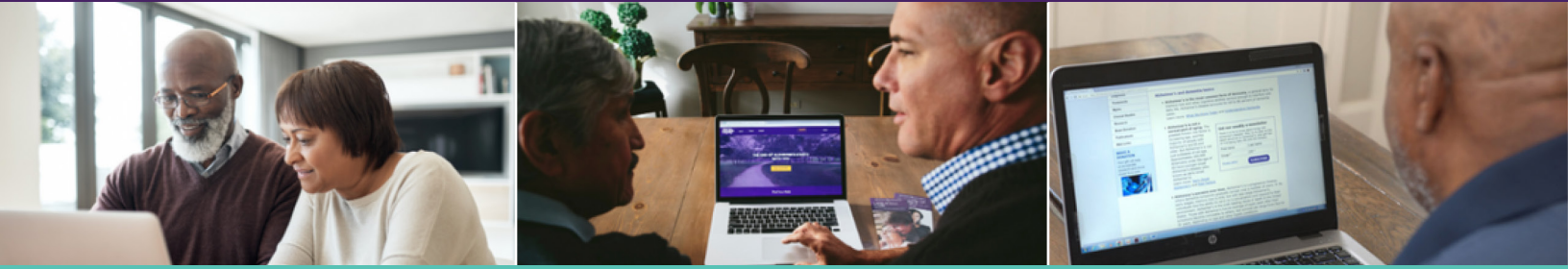
La comunicación efectiva explica cómo la demencia afecta la comunicación, incluyendo consejos para comunicarse bien con la familia, los amigos y los profesionales de la salud. La respuesta a los comportamientos relacionados con la demencia detalla los cambios de comportamiento comunes y cómo estos son una forma de comunicación, los enfoques no médicos para abordar dichos comportamientos y cómo reconocer cuándo se necesita ayuda adicional.

miércoles, 15 de julio | 2:00-3:00PM

[REGISTER ONLINE](#)

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Communicating Effectively

As people living with dementia progress in their journey and lose the ability to use words, caregivers can discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more.

Thursday, July 16 | 6:00-7:00PM

[REGISTER ONLINE](#)

Responding to Dementia-Related Behaviors

Responding to Dementia-Related Behaviors details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

Tuesday, July 21 | 1:00-2:00PM

[REGISTER ONLINE](#)

Thursday, July 30 | 6:00-7:30PM

[REGISTER ONLINE](#)

Understanding Alzheimer's & Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Tuesday, July 28 | 12:00-1:00PM

[REGISTER ONLINE](#)

Building Brain-Healthy Habits

Research shows there are everyday habits you can build today to help protect your memory and thinking as you get older – even reducing your risk of cognitive decline and possibly dementia. Join us to learn about healthy habits for your brain; the brain-heart connection; why brain health is important at all ages, and how to build your personalized action plan for brain-healthy habits.

Wednesday, July 22 | 5:00-6:00PM

[REGISTER ONLINE](#)

EN ESPAÑOL

10 señales de advertencia de la enfermedad de Alzheimer

La enfermedad de Alzheimer y otras demencias alteran la memoria, el pensamiento y causan problemas de comportamiento que afectan la vida diaria. Únase a nosotros para aprender a reconocer los signos comunes de la enfermedad; cómo hablar con alguien sobre problemas de memoria; la importancia de la detección temprana y los beneficios del diagnóstico; posibles pruebas y evaluaciones como parte del proceso de diagnóstico; así como los recursos de la Alzheimer's Association.

miércoles, 22 de julio | 4:00-5:00PM

[REGISTER ONLINE](#)