

# Talking to Kids About Alzheimer's Disease & Other Dementias



Alzheimer's and other dementias affect entire families, including children. While adults struggle to understand, kids may feel confused or alone. They need age-appropriate support and conversations to navigate their emotions and stay connected with loved ones.

## **Start the conversation!**

When everyone learns, it can reduce stress, improve interactions, and break stigmas.

**We're here to help!**



**608-785-5700**

**[adrc@lacrossecounty.org](mailto:adrc@lacrossecounty.org)**

# RESOURCES FOR FAMILIES, SCHOOLS, TEACHERS, YOUTH GROUPS OR CLUBS.

## **Dementia Friends USA**

A global movement transforming how kids think, act, and talk about dementia with 20–40 minute sessions for K-4 and MS/HS.

## **Educational Resources**

Age-appropriate videos, curriculums, and activities to build awareness, empathy, and resilience—for home, class, clubs.

## **Books written for kids**

Books help kids understand dementia with age-appropriate stories that foster empathy and conversation. Many options available.

## **Moments of Meaning Packs**

Free comfort kits help families navigate dementia by fostering connection, support, and meaningful moments for all ages.

## **Lorenzos House**

Support for youth and families facing younger-onset dementia through virtual community and connection.

## **Hilarity for Charity**

Empowers students to fight Alzheimer's through education, awareness, action, and support

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