Health Care Continuing Education Program
Rural Health Education Partnership

Program Title
Living with Alzheimer’s & Dementia

Course Number
14/YR REL 4270 701

Intended Audience
Nurses, Social Workers, PT/PTA/OT, Nursing Home Administrators, Department Heads in Long Term Care, other interested health professionals

Sponsor
Indian Hills Community College in cooperation with the Alzheimer’s Association

Program Purpose
To increase the participant’s knowledge in regards to Alzheimer’s and Dementia with knowledge of the disease process and tips on healthy living and planning for the future.

Faculty
Michelle Kelman, B.A. – Alzheimer’s Association
Brian Quinn, D.O. – Physicians
Jeff Blegen, EPC – Exercise Physiologist
Connie Lucas – Alzheimer’s Association
Debbie Guild, R.D. – Dietician
Paul Zingg, Attorney at Law
Joan Nydle – Family Caregiver Specialist

Program Objectives
Upon completion of the program the participant will be able to:
- Discuss the disease process of Alzheimer’s and Dementia including the warning signs of the disease process and current research.
- List advantages and abuses of powers of attorneys and capacity and competency when handling personal affairs.
- Identify local resources and support services that assist in supporting a person with dementia.
- State the benefits of good nutrition and physical exercise in the aging process.
- Demonstrate ways to observe, listen to, and respond to persons with Alzheimer’s and dementia in ways that preserve and promote self-esteem and enhance connection

The following will be awarded with 100% attendance:

Credit
6.5 Contact hours for nursing approved by Iowa Board of Nursing, Provider #12
6.5 CEH’s for Social Work Continuing Education
6.5 CEH’s for Nursing Home Administrators approved by Iowa State Board of Examiners for Nursing Home Administrators
5.5 Contact hours approved by the IDPH for Department Heads in Long Term Care
5.5 Contact hours approved by the IDPH for Residential Care Administrators
6 CEH’s for Physical/Occupational Therapy

Start Date/End Date
Thursday, December 12th, 2013

Location
Indian Hills Community College Rural Health Building, Ottumwa, Iowa Room #109

Sign-in Time
9:30 am

Program Time
10:00 am – 5:00 pm, one hour for lunch

Cost
$10 registration fee

Register By
December 7th, 2013

Registration Procedure
Call the Alzheimer’s Association at 1.800.272.3900 or visit www.alz.org/greateriowa to register online. Minimum class size 15.

Contact Information
Michelle Kelman – Alzheimer’s Association, 1.800.272.3900 or via email mkelman@alz.org

Refund Policy
No refunds will be issued for cancellation less than 2 days prior to an event. Individuals who pre-register for an event and do not cancel their registration or show for the class will still be charged the full course fee.