our vision is a world without alzheimer's
A CURE IS THE GOAL.
YOU ARE THE HOPE.

Introducing Alzheimer’s Association TrialMatch™ – Our Clinical Studies Matching Service.

Far too many Americans have Alzheimer’s disease, currently an estimated 5.4 million people. That number is expected to triple by 2050. Volunteering for clinical trials is one of the most immediate ways you can make a difference, not only for yourself, but also for generations to come. Without volunteers, finding a cure is virtually impossible. With so many new treatments being developed, chances are there are Alzheimer’s clinical studies going on near you. Alzheimer’s Association TrialMatch will help you find the right one; there’s no cost and it’s easy to use. Be a hero and get started today. Talk to your doctor, call 800.272.3900 or visit alz.org/trialmatch.
“Y
ou can’t fight city hall!” Once upon a time, some of us believed that. What use was it to speak up as citizens of this great nation, only to be rebuffed by politicians and bureaucrats who ignored our pleas. How wrong we were! Time and time again, we have seen citizens rise up, reclaim their constitutionally-given rights and change public opinion, change the political position of elected officials, and convince bureaucrats to change policies and procedures. Sometimes it’s as simple as redirecting a bike path. Other times it’s ensuring that everyone is treated equally under the law.

We have seen success in our own arena — in the advocacy and public policy activities of the Alzheimer’s Association®. There are many examples.

- Adding Alzheimer’s to the list of compassionate allowances for Social Security Disability.
- The Illinois Legislature adopting a state plan for Alzheimer’s disease.
- U.S. Congress passing legislation to create a National Alzheimer’s Plan.
- Achieving Uniform Guardianship standards in Illinois when guardianship for a loved one dealing with Alzheimer’s becomes so important for his/her protection.
- Illinois approving minimum training standards for certified nurse’s aides that emphasize specialized care for individuals with dementia.
- Adding Alzheimer’s drugs to Illinois’ pharmaceutical assistance program for low-income seniors.
- Rescuing state funding for the state’s three Alzheimer’s Disease Research Centers.
- After several years of work, Illinois created regulations to govern operations of and minimum training for staff working on special care units for people with dementia.
- And the list goes on.

I admit I have a taste for politics. My first job after college was working in the United States Senate for Illinois Senator Charles Percy. I’ve never quite gotten over the adrenaline rush that comes with a successful legislative effort after months, sometimes years, of work. I’ve never let go of the challenge of creating change.

That’s why being a part of the Association is so great. Not only do we help individual lives one at a time, but we help whole communities, indeed all citizens in our state and across the country, affected by Alzheimer’s through our public policy and advocacy efforts.

Join us and experience the rush for yourself.

Erna Colborn, President & CEO

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Our vision is a world without Alzheimer’s.

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a message from erna...
Why Advocate? Because the End of Alzheimer’s Begins with You

Becoming an advocate may sound like a daunting task — but it’s actually very simple. The most important ingredient is you — your personal experiences and your commitment to help make a difference. You probably do not realize it, but you advocate every day in various ways.
A

parent advocates when they go to a parent-teacher conference and make sure their child is getting an adequate education. A citizen advocates for what they believe will be good government when they vote. A family member acts as an advocate when they have a loved one that is sick and they ask questions of the doctor to make sure that appropriate treatment and care is given. Becoming an advocate simply means actively supporting a cause.

The Alzheimer’s Association works on specific types of advocacy — we advocate for public policy measures that will improve the lives of those diagnosed with Alzheimer’s disease and their caregivers. Examples include asking the State of Illinois or the federal government to create specific policies or laws, asking constituents to contact their representatives to support or oppose a particular piece of legislation and helping volunteer advocates contact and interact with their elected officials.

Advocacy is an extremely valuable tool in the fight to make Alzheimer’s disease a priority — on both the National and State levels. If we don’t share our feelings and act for change, how will our legislators know that we care? If we don’t provide them with the essential facts, how will they learn the devastation this disease creates? If we don’t organize and work together, how will they understand that millions are waiting for a cure? Change, progress and ultimately a cure lies with you — your voice is powerful, OUR collective voices will create a world without Alzheimer’s.

How You Can Effect Change

The Alzheimer’s Association needs your help! We need you to become an advocate and begin working with us to achieve great strides. The success of our efforts is rooted in the willingness of advocates to actively work for change. There are several levels of advocacy commitment you can choose from. Please review the options below and pick the level that best suits your schedule at this time.

- **E-Advocate:** You will be kept up-to-date on advocacy issues and have the opportunity to participate in grassroots advocacy activities, including action alerts, when we need you to contact your elected officials. Lawmakers must enact public policies aimed at preventing this disease, as well as providing better health and long-term care coverage to ensure high-quality, cost-effective care for people with Alzheimer’s. You’ll help deliver that message.

- **Lead Advocate:** You will maintain a greater level of involvement in Association’s policy work at the State level, both developing and sustaining relationships with state legislators. We will provide training, so you feel comfortable interacting with your legislator. Some examples of ways we will ask for your help include: visiting your State Representative’s or State Senator’s office, attending one of his/her town hall meetings, or attending our Springfield advocacy day. Our goal is to have a Lead Advocate in every legislative district within our Chapter’s service area.

- **Ambassador:** You will be a grassroots volunteer, trained to serve as the main point person for a specific member of Congress. You will play a critical role in helping the Alzheimer’s Association meet its federal legislative goals by working directly with your Congressperson — building a relationship with him/her and holding them accountable to their commitment to fight Alzheimer’s.

*CONTINUED ON PAGE 6*
becoming an advocate

Advocates for Alzheimer’s Contest

Know a student or young professional with a passion for fighting Alzheimer’s disease? Spread the word about our Advocates for Alzheimer’s Contest.

The purpose of this competition is to recruit and engage young adults, ages 18 – 30 in the advocacy process. We want young adults to understand that their voices, their efforts and their dedication will pay off and have meaningful results.

Applicants will create a 1- to 2-minute video explaining why advocacy is important — specifically, advocating for Alzheimer’s disease. There are no requirements or constraints on the level of creativity used to make a video, but the judges will chose a winner based primarily on the substance of the message.

The winner will receive an all-expenses paid trip to Washington, D.C. to attend our Annual Alzheimer’s Association Advocacy Forum in April. The trip will provide an incredible opportunity for the winner to interact with Illinois’ Congressional delegation, our U.S. Senators and other advocates while enjoying a trip to our Nation’s capital.

For more details and to sign up, please visit our website: www.alz.org/illinois.

New Legislation

The General Assembly concluded their 2011 legislative session in December and will be returning to Springfield to discuss new Bills at the end of January. The Association has begun meeting with many of your State Representatives and State Senators to discuss critical legislation we plan to propose during the Spring session — and we look forward to working with each legislator, as we advance policies that will improve the lives of Illinois residents affected by Alzheimer’s disease.

As the legislation works through the House and Senate, we will be contact advocates to make you aware of the Bills and to ask for help. If you aren’t already signed up to be an advocate, please do so today by visiting: www.alz.org/illinois.

With your help, we look forward to a very productive upcoming legislation session!
Last year, the Alzheimer’s Association® approached State Representative Patti Bellock and State Representative Sandra Pihos to discuss the creation of an Alzheimer Legislator Alliance in Illinois. The Representatives not only agreed to participate, but they also became the Founders of the Alliance and immediately began recruiting their colleagues to join this dynamic bipartisan group of legislators. The goal has been to raise awareness of Alzheimer’s disease and related dementias within the Illinois legislature. With home- and community-based service needs, funding for those with Alzheimer’s disease on the rise, and caregiver stress at an all-time high, the people of Illinois needed a bipartisan Alliance of Illinois legislators that would make the disease a top public priority. We are happy to report that that Alliance now exists and is flourishing with a steady flow of new memberships. Following is a list of those legislators that have already become Alliance members — we thank them all for their dedication!

Representative Bellock describes her commitment to ending Alzheimer’s disease during the 2011 Illinois Action Day in Springfield.

Alzheimer Association, Greater Illinois Chapter President and CEO, Ema Colbom (CENTER), with Representatives Patti Bellock, (LEFT) and Sandra Pihos (RIGHT).

Senator Pamela Althoff (R-32)  
Senator William “Bill” Brady (R-44)  
Senator James Clayborne (D-57)  
Senator William Haine (D-56)  
Senator Don Harmon (D-39)  
Senator David Koehler (D-46)  
Senator William “Sam” McCann (R-49)  
Senator Suzi Schmidt (R-31)  
Senator Heather Steans (D-7)  
Senator Dave Syverson (R-34)  
Representative Edward Acevedo (D-2)  
Representative Jason Barickman (R-105)  
Representative Dan Beiser (D-111)  
Representative Patricia Bellock (R-47)  
Representative Maria “Toni” Berrios (D-39)  
Representative Daniel Biss (D-17)  
Representative Dan Brady (R-88)  
Representative William Davis (D-30)  
Representative Lisa Dugan (D-79)  
Representative Keith Farnham (D-43)  
Representative Sara Feigenholtz (D-12)  
Representative Jehan Gordon (D-92)  
Representative Norine Hammond (R-94)  
Representative Greg Harris (D-13)  
Representative Elizabeth Hernandez (D-24)  
Representative Thomas Holbrook (D-113)  
Representative Chuck Jefferson (D-67)  
Representative Camille Y. Lilly (D-78)  
Representative Donald Moffit (R-74)  
Representative Sandra Pihos (R-42)  
Representative Keith Sommer (R-106)  
Representative Jill Tracy (R-93)  
Representative Michael Unes (R-91)  
Representative Dave Winters (R-68)  

If you do not see your State Senator and your State Representative’s names on this list, please contact them and ask that they join. To find your legislators, please visit: http://act.alz.org/site/PageNavigator/Elected_Official_Search and type in your address.

More details about the Alliance can be found at: www.alz.org/Illinois and click on Advocate. •
The Alzheimer's Association®, Illinois Chapter Network is pleased to announce that Lt. Governor Sheila Simon has graciously decided to sponsor a Meet and Greet in her Springfield office with state legislators and Alzheimer’s advocates at 1:00 p.m. on Tuesday, March 27 for our 2012 Illinois Action Summit. As the Ambassador to the event, Lt. Governor Simon is leading the charge for a world without Alzheimer’s disease.

We recently sat down with her to discuss how our Alzheimer’s advocates can be effective in their lobbying efforts.

Thank you so much for agreeing to be an Ambassador to the Alzheimer’s Association for our 2012 Illinois Action Summit in Springfield on Tuesday, March 27, 2012. Having been an advocate and champion on so many important issues, can you give some personal insight about how effective and rewarding lobbying for a cause can be to our readers?

Lobbying in the big picture can happen in all sorts of ways, such as going to Springfield, meeting with a legislator in their district office, or running into them at the grocery story or recreation center. It is really important that people who are elected representatives hear about what is going on and how it impacts individuals — that is how change is made. That is why organized events like this are significant — so the policy makers can make informed decisions.

Given your background successfully advocating for people facing domestic violence and discrimination, in addition to leading the charge for ethics reform in Illinois, what advice would you offer to Alzheimer’s Advocates when working with state legislators?

The best piece of advice I can offer is to make sure you share your own story! Oftentimes, policy makers have vague picture of an issue and how it affects people across the state. But, that is not as motivating as how, Alzheimer’s disease for example, affects one person or one family, so take the opportunity to tell your story. This is also something that will stick in the legislators mind — and is much more memorable than a one-page fact sheet.

Since every 69 seconds someone develops Alzheimer’s, do you have any thoughts on how our Advocates can create a sense of urgency within the state government about the rising Alzheimer’s epidemic?

You must speak up to help change our societal attitudes about what is acceptable. I think for so long we accepted, as a nation,
Making Alzheimer’s Disease a National Priority

Lieutenant Governor Sheila Simon offers a lifetime and legacy of public service. She is a lawyer, teacher and working mother.

Her record includes four years as a Jackson County prosecutor, a decade as a Southern Illinois University law professor and participation in the Illinois Reform Commission, which aimed to restore ethics and trust in government.

As Lieutenant Governor, Simon is the second highest executive officer in Illinois, and her mission is to make government more accountable, accessible and transparent for the taxpayers of Illinois.

She acts as the Governor’s point person on education reform and is leading efforts to increase college completion, inspire ethical government, protect our military bases from closure, improve services in rural areas and keep our waterways clean and safe.

In her first year in office, Simon toured each of the state’s 48 community colleges to highlight the role they play in increasing the state’s college completion rate. Simon wants 60 percent of working-age adults to hold meaningful college degrees or certificates by 2025, up from about 40 percent today.

Simon is setting a higher standard for ethical leadership by releasing detailed financial profiles of herself and her senior staff each year so the public can see if any potential conflicts of interest exist. To safeguard taxpayer dollars, she requested a 2012 budget that is a fraction of a percent of the state’s overall spending and equal to the lowest appropriation request for the office in the last 15 years.

I know one of your passions is education, what suggestions do you have for making sure that health care professionals and caregivers are given adequate education — not only about Alzheimer’s disease but also about utilizing resources and programming available to them?

I believe we need to pay special attention to our community college systems — particularly in terms of educating our health care providers. I recently visited all 48 institutions and witnessed some amazing programs related to health care providers. Community colleges are a great way for folks to become involved at the local level, and to make sure future health care providers know what resources are available.

As you know African-Americans and Hispanics are considerably more likely to develop Alzheimer’s disease than Caucasians, what advice do you have for our advocates who want to help engage underserved communities?

We need to make sure we maintain an all inclusive focus — everyone must be involved in the process of health care and democracy in general — it will make us a better country. We need to make sure Alzheimer’s advocates know that there are some gaps in term of services, and together we must find ways to address them. All populations must be included as we create good public policy, advocate for critical issues and support educational efforts.

The Alzheimer’s Association should strive for a communication strategy that reaches across lines that often divide people.

Is there anything else you would like to add?

First, I would like to thank you and the Association for your efforts!

My Grandmother suffered from dementia and it had a great impact on our whole family. I remember getting a phone call in the middle of the night and Grandma would have all the facts right but she would be about a decade off. The personal frustration of not being able to help is something I identify with. So, I understand the passion behind all the advocates you are working with and appreciate what you are doing!
On Wednesday, October 26, 2011 Alzheimer’s Advocates delivered more than 4,600 signed advocacy cards to Senator Mark Kirk (R-IL) requesting his help to make Alzheimer’s disease become a national priority. Cards were signed and collected at 18 Walk to End Alzheimer’s® events throughout Illinois.

“The impact of Alzheimer’s disease on seniors, families, and the community as a whole, cannot be overstated,” Senator Kirk said. “I commend the Alzheimer’s Association for their dedication to Alzheimer’s research and tremendous efforts to both prevent the disease and assist those affected.”

In the United States, an estimated 5.4 million people are living with Alzheimer’s disease, and someone develops the disease every 69 seconds. In Illinois, the number of people aged 65 and older with Alzheimer’s is 210,000; the number is expected to increase by 14% to 240,000 in the next fifteen years. Alzheimer’s is a brain disease that causes a slow, steady loss of memory, reasoning and other thinking tasks. Eventually, Alzheimer’s kills, but not before it takes everything away from you. It steals a person’s memories, independence and dignity. It robs spouses of lifetime companions and children of parents and grandparents. It destroys the security of families and depletes billions of dollars annually from family and government budgets. The costs associated with Alzheimer’s disease and other dementias are substantial — and if left unaddressed will bankrupt our State. In Illinois, nearly 580,000 caregivers, contribute more that 659 million hours of unpaid care, at an estimated value of more than $7.8 billion.

The Alzheimer’s Association, Greater Illinois Chapter thanks Senator Kirk for inviting us into his office, his receptiveness and sensitivity regarding Alzheimer’s disease and for taking time out of his busy schedule to meet with us. We look forward to working together in the future — as we strive to create a world without Alzheimer’s.
Please note that support group meeting dates are subject to change, particularly if the posted meeting date happens to fall on or near a holiday. If you have a question about a group’s posted meeting date, please call the Helpline at 800-272-3900. Unless otherwise noted, most support groups are for general caregiving.

**Support Group Listings By City**

**Arlington Heights**
Lutheran Home & Services
800 West Oakton
2nd Thursday; 1:00 p.m.

**Arlington Heights**
Village Hall, 33 S. Arlington Hts. Rd.
4th Monday; 7:00 p.m.

**Aurora**
Rachel’s Place Adult Day
309 West Park Ave.
3rd Wednesdays; 1:00 p.m.

**Barrington** *Early Stage*
Barrington Area Council on Aging, Early Stage Support Group
28156 W. Northpointe Parkway
Every Thursday — 10:30 a.m.
Two early stage groups are available — one for people diagnosed under the age of 65 (young onset) and one for all ages of people in early stage.

**Barrington**
The Lutheran Church of the Atonement
909 E. Main St.
2nd Thursday, 1:30 – 3:00 p.m.
Please note: people with memory loss are welcome to attend.

**Bolingbrook**
Adventist Bolingbrook Hospital
431 Remington Blvd.
3rd Thursdays, 6:30 p.m.

**Camargo**
United Methodist Church
103 E. Main Street
Last Thursday; 2:00 p.m.

**Carol Stream** *Spouses Only*
Belmont Village
545 Belmont Lane
3rd Monday, 10:00 a.m.

**Cary**
Holy Cross Lutheran Church
2107 Three Oaks Road
2nd Tuesdays, 6:30 – 8:30 p.m.

**Champaign**
Circle of Friends Adult Day Center
609 W. Washington
3rd Wednesday, 12:00 p.m.
Caring for someone with any type of dementia and/or senior health issues. Call 217-399-7367 if supervision during group for the person diagnosed is needed.

**Chenoa**
Meadows Chapel
24588 Church Street
4th Thursday, 2:00 p.m.

**Chicago** *Adult Children*
Northwestern Memorial Hospital
251 East Huron, Feinberg Building, Room B
1st Monday, 6:00 – 7:30 p.m.

**Chicago** *Spouses Only*
Northwestern Memorial Hospital / Geriatric Evaluation Services
645 N. Michigan Avenue
Suite 630 - Conference Room
4th Monday, 10:30 a.m.

**Chicago**
Rush University Medical Center
Ann Byron Waud Resource Center
710 S. Paulina, Suite 438
2nd Monday, 6:00 p.m.

**Chicago**
Northwestern Memorial Hospital, Frontotemporal Dementia (FTD) or Primary Progressive Aphasia (PPA) Caregivers Support Group
Feinberg Pavilion, 251 E. Huron, Conference Room C
3rd Monday, 6:00 p.m.

**Chicago**
Resurrection Hospital
7435 W. Talcott Ave.
2nd Monday, 2:00 p.m.

**Chicago**
University of Chicago Hospital / Outpatient Senior Health Center
7101 South Exchange
1st Thursday, 1:00 p.m.

**Chicago**
Weiss Memorial Hospital
4646 N. Marine Drive
3rd Tuesday, 7:00 p.m.

**Chicago Early Stage**
University of Chicago Hospital / Outpatient Senior Health Center
Contact: Jeff Solotoroff at 773.702.9037 or Pat Mac Clarence at 773.702.4269

**Chicago Early Stage**
Northwestern University Cognitive Neurology and Alzheimer’s Disease Center Early Stage PPA Education and Support Group (for diagnosed individuals)
Contact: Mary O’Hara
312.503.0604

**Chicago Early Stage**
Northwestern University Cognitive Neurology and Alzheimer’s Disease Center Early Stage Memory Loss Group
Contact: Mary O’Hara
312.503.0604

**Chicago**
Chicago State University
9501 S. King Drive, Rm. 132
Last Friday, 4:00 p.m.

**Chicago**
University of Chicago Hospital / Outpatient Senior Health Center
7101 South Exchange
1st Thursday, 1:00 p.m.

**Chicago**
Advocate Medical Group
Hyde Park
1301 E. 47th St.
Every Thursday, 5:30 p.m.

**Chrisman**
Pleasant Meadows Christian Village
400 Washington Ave.
2nd Thursday, 2:00 p.m.; 4th Thursday; 6:00 p.m.

**Clarendon Hills**
The Birches
215 55th Street
3rd Wednesday, 6:30 p.m.

Continued on page 12
Crest Hill
The Inn at Willow Falls
1681 Willow Circle Drive
2nd Wednesday, 1:00 p.m.

Crestwood
Crestwood Care Center
14255 S. Cicero Avenue
2nd Tuesday, 2:00 p.m.

Danforth
Prairieview Lutheran Home
Corner of 4th and North
2nd Tuesday; 2:00 p.m.

Danville
The Key Club
1225 N. Jackson
3rd Wednesday, 3:00 p.m.

Danville
VA Medical Center, Building 101 - Conference Room 138E
1900 E. Main Street
2nd Wednesday, 2:00 p.m.

DeKalb Early Stage
Alzheimer’s Association, Early Stage Group
Contact: Elena Godfrey at 815.484.1301

DeKalb
DeKalb Adult Day Center
126 S. Fourth St.
3rd Tuesday, 1:00 p.m.

Downers Grove
Gloria dei Lutheran Church
4501 Main Street
1st Tuesdays, 7:00 – 8:30 p.m.

Downers Grove
Good Samaritan Hospital
3815 Highland Ave
3rd Friday, 1:30 p.m.

Elgin
Oak Crest Hope Cottage
Memory Center
204 South State Street
3rd Tuesday, 10:00 a.m.

Evanston Moderate to Late Stage Caregiver Group
Mather Pavilion
820 Foster Street
2nd Wednesdays, 1:00 – 2:30 p.m.

Fairbury
Fairview Haven
605 North 4th Street
4th Tuesday, 7:00 p.m.

Geneva
Geneva United Methodist Church
211 Hamilton Street
3rd Monday, 10:30 a.m.

Girard
Pleasant Hill Residence, Conference Room
1016 West North Street
1st Tuesday, 2:00 p.m.

Glen Ellyn
Arden Courts of Glen Ellyn
2 South 706 Park Boulevard
2nd Thursday, 7:00 p.m.

Glenview
The Abington of Glenview
3901 Glenview Road
2nd Thursday; 7:00 p.m.

Glenview
Belmont Village at Glenview
2200 Golf Rd., 1008 S. Logan
2nd Tuesday, 7:00 p.m.

Greenville
Greenville Hospital – Community Room
200 Healthcare Drive
3rd Tuesday, 6:00 p.m.

Gurnee Adult Children
Gurnee Village Hall
325 North O’Plaine Road
2nd Tuesdays, 7:00 p.m.

Joliet Early Stage
St. Edwards Episcopal Church
206 N. Midland Avenue
3rd Tuesday, 11:00 a.m.

Kankakee
Westwood Oaks Card Room
100 Westwood Oaks
3rd Tuesday, 5:30 p.m.

La Grange Adventist La Grange Memorial Hospital
5101 South Willow Springs
1st Tuesday, 7:00 p.m.

La Grange Late Stage
Aging Care Connections
111 West Harris Avenue
Contact: Ruth Folkening at 708.354.1323
Please note: Time Limited Group

La Grange Early Stage
Aging Care Connections
Contact: Ruth Folkening at 708.354.1323

La Grange Spouses Only
Samaritan Center
1819 Bay Scott Center #109
3rd Saturday, 10:15 a.m.

New Lenox
New Lenox Library
120 Veterans Parkway
3rd Monday, 6:30 p.m.

Niles
Regency Senior Day Care
6625 N. Milwaukee Avenue
4th Wednesday, 7:00 p.m.
Please note: temporary road construction on Milwaukee; however group is still meeting. Call 847-588-2000 for more information or directions.

Normal
Calvary United Methodist Church
1700 N. Towanda Avenue
2nd Tuesday, 7:00 p.m.

Normal
Adelaide Apartments
505 N. Adelaide
3rd Thursdays, 6:30 p.m.
Located in the lounge.

Norridge
Central Baptist Village
4747 North Canfield Avenue
2nd Saturday, 10:30 a.m.
if you prefer, call our 24-hour helpline – 800.272.3900

Northbrook
Covenant Village of Northbrook – North Village Room
2625 Techny Road
3rd Thursday, 7:00 p.m.

Oak Brook
Christ Church of Oak Brook, Room 264
501 Oak Brook Rd.
Last Wednesday, 2:00 p.m.

Oak Park
Belmont Village
1035 Madison Street
3rd Saturday, 9:00 a.m.

Orland Park
Smith Crossing
10501 Emilie Lane
1st Thursday, 6:30 p.m.

Orland Park
Heart to Heart Services
Senior Day Care
15851 Parkhill Drive
4th Friday, 4:30 p.m.

Palatine
Palatine Township Senior Center
505 S. Quentin Road
1st & 3rd Thursday, 11:00 a.m.
Starting in July: 1st and 3rd Thursdays at 11:00 a.m.

Palos Park
Peace Memorial Church, Family Life Center
10300 W. 131st Street
3rd Tuesday, 7:00 p.m.
Supervision for person diagnosed available. Please call 708-567-4803 to reserve.

Park Forest
Hallelujah Temple Church
1 Dogwood Street
1st Friday, 6 p.m.

Park Ridge
Advocate Medical Group at Nessel Pavilion
1775 W. Ballard Road
3rd Thursday, 1:30 p.m.

Riverside
Riverside Public Library
1 Burling Road
1st Tuesday, 7:00 p.m.

Rockford
Highland Church of Christ
500 West Highland Avenue
3rd Thursday, 4:00 p.m.

Rockford
Adult Children
Mt. Olive Lutheran Church
2001 North Alpine Road
2nd Wednesday, 6:30 p.m.

Rockford
Wesley Willows Healthcare Center
4141 N. Rockton Avenue
2nd Thursday, 11:30 a.m.

Rockford
Early Stage
Alzheimer’s Association
Contact: Elena Godfrey at 815.484.1301

Rockford
Rockford Public Library
215 N. Wyman Street
1st Tuesday, 6:00 p.m.

Sandwich
Fox Valley Older Adult Services
1406 Suydam Rd
3rd Thursday, 1:00 p.m.

Schaumburg, Hoffman Estates
Schaumburg Township
One Illinois Boulevard
1st Thursday, 7:00 p.m.
Supervision for person diagnosed available.

Skokie
Home Instead Senior Care
8816 Bronx Avenue
1st Tuesdays, 7:00 p.m.

Springfield
Hope Presbyterian Church
2211 Wabash Avenue
2nd Thursday, 6:00 p.m.

St. Charles
Delnor Glen Senior Living
975 N. 5th Avenue
4th Tuesday, 7:00 p.m.

St. Charles
St. Charles Chamber of Commerce
3755 E. Main Street Suite 140
2nd Wednesday, 5:30 p.m.

Tinley Park
Faith Christian Reformed Church
8383 West 171st Street
2nd Thursday, 7:00 p.m.

Urbana
The Sunshine Center
500 S. Art Bartell Drive
3rd Wednesday, 10:00 a.m.
Supervision for person diagnosed available.

Watseka
First United Methodist Church
301 S. Fourth St.
1st Monday, 6:30 p.m.

Waukegan
Park Place
414 S. Lewis Ave
4th Monday, 10:00 – 11:30 a.m.

West Dundee
Cherished Place
Adult Day Services
417 W. Main St.
3rd Monday, 2:00 p.m.

Wheaton
DuPage County Convalescent Center
400 N. County Farm Rd.
3rd Wednesday, 11:30 a.m.

Wilmette
Wilmette Public Library
1242 Wilmette Avenue
Last Monday, 7:00 p.m.

Alzheimer’s and Dementia Care at Home
All Trust Home Care offers loving and trustworthy Caregivers and Certified Nurse Assistants for seniors that need a little extra help in the comfort of their home. Using All Trust Home Care to help your loved one offers many advantages:
- All Caregivers go through our extensive Alzheimer’s training program
- Activities Program for your loved one to reduce challenging behaviors
- Caregivers with extensive Alzheimer’s and Dementia experience
- Free in home assessment by a Registered Nurse
- Customized service plan including hourly and live in care
- Office support 24 hours a day, 7 days a week

Contact: Greg Kyrouac at gkyrouac@siumed.edu or Ann Popovich at apopovich@siumed.edu. Call (630) 920-9999.

All Trust Home Care
930 York Road, Suite 150 • Hinsdale, IL 60521 • (630)920-9999
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CALL US TODAY AND SEE HOW WE CAN HELP.
Challenges Must Be Addressed

A new report, *Alzheimer’s from the Frontlines: Challenges a National Alzheimer’s Plan Must Address*, offers the insights, perspectives and views from individuals across the country who participated in the Alzheimer’s Association’s® public input process. Building on the Association’s commitment to provide a platform for those directly affected by Alzheimer’s, the Association and its more than 70 chapters nationwide hosted 132 input sessions throughout the country.

*Alzheimer’s from the Frontlines* provides a rare and unique window into the real, unrelenting challenges the disease forces on families year after year. Currently the sixth-leading cause of death, Alzheimer’s is the only cause among the top 10 in the United States without a means to prevent, cure or even slow its progress.

Today, an estimated 5.4 million Americans are living with Alzheimer’s disease, and by 2050 as many as 16 million Americans will have the disease. Beyond the sheer numbers of lives touched by the disease, Alzheimer’s will also be a financial albatross to the nation’s health care system, surpassing $1 trillion in costs annually by mid-century unless the trajectory of the disease is changed.

Advocates from across the nation were essential to the enactment of the *National Alzheimer’s Project Act (NAPA)*, which creates a framework for a national plan and coordinates efforts across the federal government. Galvanized by the historic opportunity of creating a national Alzheimer’s plan, more than 43,000 people from all 50 states, the District of Columbia and Puerto Rico engaged in the public input process, including people living with the disease, caregivers, families, researchers, health care professionals, community leaders and many others.

“Individuals, families and communities are at the center of the escalating Alzheimer’s crisis. Thousands of these individuals shared their experiences from the frontlines,” said Harry Johns, president and CEO of the Alzheimer’s Association. “Americans who participated in this process want the nation’s leaders to know Alzheimer’s forever changes lives. In the end, these individuals want and deserve a transformational plan that urgently addresses their needs.”

Ten key challenges emerged repeatedly throughout the public input process, among them increasing awareness of the impact of Alzheimer’s; fostering an environment that offers more effective treatments faster; providing better care throughout the disease process; ensuring better support today for caregivers; and reducing the disparities that exist among diverse and underserved communities.

“It’s clear that those who participated in these input sessions do not want this opportunity to be a symbolic overture but instead the beginning of real, transformational action,” said Robert Egge, Alzheimer’s Association vice president of public policy.

“We hope those developing the *National Alzheimer’s Plan* will be inspired and guided by the challenges, experiences and needs echoed throughout the report.”

The full text of the Alzheimer’s Association’s *Alzheimer’s from the Frontlines: Challenges a National Alzheimer’s Plan Must Address* report can be viewed at [www.alz.org/napa](http://www.alz.org/napa).
Recently, the first meeting was held of the Advisory Council on Alzheimer’s Research, Care and Services. The Advisory Council, comprising a diverse group of stakeholders from the Alzheimer's community as well as designees from those federal agencies with Alzheimer’s and dementia programs or initiatives under their purview, is charged with advising the Secretary of Health and Human Services on the development of a national strategy to address Alzheimer’s disease. The council was created by the National Alzheimer’s Project Act (NAPA), which was signed into law early this year by President Obama. Harry Johns, president and CEO of the Alzheimer’s Association, is a member of the Advisory Council.

“The scale of the Alzheimer's public health crisis is clear. As many as 5.4 million Americans are living with Alzheimer's today, with an economic toll on the nation of $183 billion per year,” said Johns. “Our community understands the gravity of this opportunity and the importance of developing a strong strategic plan that would change the trajectory of the disease and end its devastating and heartbreaking effects on millions of families.”

The morning portion of the day-long meeting began with reports from various federal agencies that have conducted assessments on the current Alzheimer's and dementia-related programs and initiatives, including inventory presentations on research, clinical care services and long-term care services and supports. The meeting also included a gap analysis presentation that outlined where opportunities exist to make greater strides in advancing progress in Alzheimer’s disease.

The afternoon portion of the meeting focused on the steps needed to create a plan that is sufficient to fully address the disease. The council members delved into issues such as gaps in knowledge and information about basic and translational research, how best to attract participation in large scale Alzheimer's clinical trials, how best to improve the care service delivery system and how to enhance home- and community-based services and resources that support the growing number of Alzheimer’s families. Advisory Council members also discussed how best to structure the national plan and what broad areas and goals should be included in the report. The Secretary of Health and Human Services will create the national plan and provide a draft to Advisory Council members by December. In January, the Advisory Council will meet to discuss the initial draft.

"Today was a very productive meeting,” said Johns. “I believe we’ve taken an important step in this process. The information shared and the positive exchanges will bring us a closer to executing the urgent and transformational work necessary to overcome the Alzheimer’s disease crisis.”

The 22-member Advisory Council includes federal representation from the Surgeon General and officials from the Administration on Aging, the Agency of Healthcare Research and Quality, the Centers for Disease Control and Prevention, the Centers for Medicare and Medicaid Services, the Department of Veterans Affairs, the Food and Drug Administration, the Indian Health Service, the National Institutes of Health and the National Science Foundation.
Certification program recognizes family and professional caregivers

If you provide care for someone with Alzheimer’s or dementia, the Alzheimer’s Association® essentiALZ™ certification program is a convenient way for individuals to be recognized for learning quality dementia care practices. Both family members and professional care providers can benefit from this program.

The essentiALZ program combines select HealthCare Interactive® CARES® online dementia care training with Alzheimer's Association online certification exams. The essentiALZ program was developed to recognize the knowledge of any caregiver who fulfills the certification requirements, regardless of whether they are paid or unpaid for their care of people with dementia.

Both family members and professional care providers can benefit from this program. Benefits of essentiALZ are:

- **Learn techniques** for caring for people with dementia by completing approved prerequisite dementia care courses prior to taking the essentiALZ certification exam.
- **Be recognized** as someone who has a basic understanding of symptoms of Alzheimer’s and other dementias by successfully passing the Alzheimer’s Association essentiALZ exams.
- **Demonstrate knowledge** of evidence-based dementia care practices, which are promoted in the nationally recognized Alzheimer’s Association Dementia Care Practice Recommendations and supported by more than 30 leading health and senior care organizations.

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**HAVE YOU NOTICED A LOVED ONE:**

- √ unsure of what to do during the day .................
- √ becoming forgetful and confused ......................
- √ needing assistance with some daily routines ..........
- √ finding managing medications confusing .............

**BUT WOULD RATHER SEE:**

- a variety of engaging activities.
- a safe environment where expert staff is an extension of family.
- compassionate staff providing just the right amount of support while encouraging independence.
- making sure medications are ordered, organized and administered per physician instructions.

Terrace Gardens Assisted Living Memory Care Neighborhood — designed for your loved one who needs assistance and support to continue living active, successful days. Call (847) 470-4550 to learn more about current pricing discounts! Tours available of our model apartments!
More information about the link between BMI and Alzheimer’s

A new study published in the journal *Neurology* found that people in the earliest stages of Alzheimer’s are more likely to have a low Body Mass Index (BMI), possibly reflecting the variety of changes throughout the body that occur as a result of the disease. In this new study, the evidence is fortified by the researchers’ use of Alzheimer’s biomarkers, including advanced brain imaging techniques and cerebrospinal fluid. A greater investment is needed in research so we can learn more about the relationship between BMI, age and Alzheimer’s.

Common medications may block benefit of Alzheimer’s drugs

Some people with Alzheimer’s who take *cholinesterase inhibitors* to treat symptoms of the disease may also be taking medications that counter the effects of those drugs, according to a new study of more than 5,600 people aged 50 or older. Researchers say that properties often found in drugs used for gastrointestinal disorders, allergies, urinary incontinence, depression and Parkinson’s disease can have negative effects on cognitive function in the elderly.

Risk of dementia rises with depression, study shows

People with type 2 diabetes are twice as likely to develop dementia if they’ve also been diagnosed with depression, a new study in the Archives of General Psychiatry. Diabetes and dementia separately are known risk factors for dementia. It’s important to note that modifying certain behaviors can lower the risk of diabetes, and effective treatments exist for both diabetes and depression.

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Do you have a family member recently diagnosed with Alzheimer’s disease?

Peck Bloom’s elder law attorneys will assist you in meeting your family’s needs to protect quality of life and financial security for the entire family.

Do you have a family member in the later stages of Alzheimer’s disease without advanced planning in place?

Peck Bloom’s elder law attorneys possess unique expertise to provide guidance and implement legal solutions to protect your family.

Call Kerry Peck now for a no-cost consultation!

Peck Bloom, LLC
Attorneys at Law

Peck Bloom is proud to support The Alzheimer’s Association.
Kerry Peck is a speaker for Alzheimer’s Association sponsored educational programs.
save these dates

Educational Programs

Chicago Area Programs
To register for Chicago programs call 847.933.2413 or visit www.alz.org/illinois.

Thursday, January 12
7:00 – 8:30 p.m.
Memory Loss, Dementia and Alzheimer’s Disease: The Basics
Addison Public Library
4 Friendship Plaza, Addison

Thursday, February 2
7:00 – 8:00 p.m.
The Boomer Generation: What you need to know about Alzheimer’s disease
Addison Public Library
4 Friendship Plaza, Addison

Monday, February 6
10:00 – 11:00 a.m.
Know The Ten Signs: Early Detection Matters
Maine Township
1700 Ballard Rd., Park Ridge

Monday, February 13
1:30 – 2:30 p.m.
The Boomer Generation: What you need to know about Alzheimer’s disease
John Merlo Library
644 W. Belmont, Chicago

Monday, February 23
1:30 – 2:30 p.m.
The Boomer Generation: What you need to know about Alzheimer’s Disease
AARP Lakeview East Chapter
John Merlo Library
644 W. Belmont, Chicago

Wednesday, February 29
6:00 – 7:00 p.m.
The Boomer Generation: What you need to know about Alzheimer’s disease
The Wealshire and the Ponds
150 Jamestown Lane, Lincolnshire

Thursday, March 8
6:00 – 7:30 p.m.
Know the 10 Signs: Early Detection Matters
Brighton Gardens of Wheaton
831 E. Butterfield Rd., Wheaton

Monday, March 19
7:00 – 8:30 p.m.
Know the 10 Signs: Early Detection Matters
Lutheran Church of St. Luke
410 S. Rush Street, Itasca

Wednesday, March 21
10:00 – 11:00 a.m.
Know the 10 Signs: Early Detection Matters
Christ Deliverance Church
8226 S. Muskegon, Chicago

Saturday, March 31
10:00 – 11:00 a.m.
Boomer Generation: What you need to know about Alzheimer’s Disease
Terrace Gardens Assisted Living & Bethany Terrace
8415 N. Waukegan, Morton Grove

Joliet Area Programs
To register for Joliet programs call 815.744.0804 or visit www.alz.org/illinois.

Thursday, January 19
2:00 – 3:00 p.m.
Know the 10 Signs: Early Detection Matters
Asbury Gardens Supportive Living
210 Airport Road, North Aurora

Thursday, March 22
6:30 – 7:30 p.m.
Know the 10 Signs: Early Detection Matters
The Scottish Home
2800 Des Plaines, North Riverside

Wednesday, February 22
10:00 – 11:00 a.m.
Memory Loss, Dementia and Alzheimer’s Disease: The Basics
U of I Extension
1650 Commerce Dr., Bourbonnais

Thursday, February 23
11:30 a.m. – 12:30 p.m.
Know the 10 Signs: Early Detection Matters
Plainfield Township
22525 W. Lockport Rd, Plainfield

Tuesday, March 20
1:00 – 2:00 p.m.
Know the 10 Signs: Early Detection Matters
Romeoville Rec. Center
900 W Romeo Rd, Romeoville

Friday, March 23
8:30 – 9:00 a.m.
Program: 9:00 – 10:00 a.m.
Know the 10 Signs: Early Detection Matters
Lake Forest – Lake Bluff Senior Center
100 East Old Mill Rd., Lake Forest

Tuesday, January 24
Breakfast & Check-In: 8:30 – 9:00 a.m.
Program: 9:00 – 10:00 a.m.
Boomer Generation: What you need to know about Alzheimer’s Disease
Fairview Care Center
222 N. Hammes Ave., Joliet

Timbers of Shorewood
1100 N. River Road, Shorewood

Plano Public Library
119 N. Chicago Ave, Plainfield

Saturday, March 24
2:00 – 3:00 p.m.
Know the 10 Signs: Early Detection Matters
Timbers of Shorewood
1100 N. River Road, Shorewood
Researchers are coming close to solving some of the mystery of Alzheimer’s disease. However, the toughest part of the disease process is still trying to find appropriate and therapeutic solutions for the person with Alzheimer’s, their family and caregiver.

For over 25 years, The Bethany Terrace has been a pioneer in activity-based programming for persons with Alzheimer’s disease and other dementias, offering up to 12 hours a day of supervised activity helping to lessen disorientation and redirect energies. Our multidisciplinary team works together creatively to nurture the physical, emotional and spiritual needs of both the individual with dementia and their family.

And, opening in January 2011, Terrace Gardens Assisted Living will continue that tradition for persons with early stage dementia. For more information, please call (847) 965-8100.
The successes of our Walk to End Alzheimer’s® events throughout Illinois are heavily reliant on participation — participation of both walkers and sponsors. The Greater Illinois Chapter was very fortunate to have fantastic representation in both areas. There were 12,238 walkers throughout the state raising more than $1.7 million. Nearly $200,000 raised through sponsorship. We were fortunate to have four Premier Sponsors supporting us this year: Advocate Health Care for the Chicago Walk; Senior Star at Weber Place in Joliet; Fred’s Forget-Me-Not’s in Bloomington; and Imboden Creek in Decatur.

Advocate Health Care

Advocate Health Care is the largest fully integrated not-for-profit health care delivery system in the Midwest and is recognized among the top systems in the country. Advocate is an organization of physicians, nurses and health care professionals dedicated to serving the health needs of individuals, families and communities. Advocate operates more than 250 sites of care, including ten acute care hospitals, two integrated children’s hospitals, five Level I trauma centers (the state’s highest designation in trauma care), a home health care company and the region’s largest medical groups with more than 110 locations. The organization has more than 6,000 affiliated physicians, 9,000 nurses and more than 30,000 associates.

Advocate has been a sponsor of the Chicago Walk since 2008, and this year had teams at the Chicago, Bloomington, McHenry and Naperville Walks that raised more than $11,000.

Senior Star at Weber Place

Senior Star at Weber Place, a Senior Star community, features the largest memory care community in the state of Illinois, with 77 apartment homes on its Romeoville campus. The organization’s memory care program expertise has led Weber Place to be a sought after community for families looking for quality, compassionate and innovative program options for their aging parents and other relatives. The entire community features 346 modernly decorated apartments spanning across 29 acres of beautifully landscaped property with many customized amenities to offer its residents in three distinctive living experiences: independent living, assisted living and memory care.

Senior Star at Weber Place has been the Premier Sponsor of the Joliet Walk since 2009, and this year’s team raised more than $2,000.

Fred’s Forget-Me-Not’s

Fred’s Forget-Me-Not’s have been one of our largest fund raising teams for the past few years for the Bloomington Walk to End Alzheimer’s. The family decided this year to use some of the money they would normally contribute to their team to become a Premier Sponsor of the event. The Grace family team is lead by Amy Yusman. Amy’s grandfather died of the disease, and now the brothers, sisters, cousins, etc. all rally for the cause.

“How do you summarize a person in a few short sentences,” said James Grace, the oldest son of Fred Grace. “Our Dad was a loving, devoted husband and father of nine children with a huge heart, an enormous sense of humor and a love for all he knew.

Special Thanks to Our 2012 Walk Premier Sponsors
He was a gentle man who instilled a deep sense of faith, respect and dignity to each of us. He taught us to be thankful for all we have been blessed with and to always take care of those less fortunate. Our family was devastated when we learned of Dad’s diagnosis with Alzheimer’s. We watched as the disease slowly robbed him of his memory and his wit. Our Dad courageously battled the disease for 10 years, each a gift while we could still hug him and hold him while telling him we loved him. Watching Alzheimer’s take our Dad away, we all have to realize that this disease is a terrible and growing epidemic and one that we need to cure quickly. We have committed to doing everything we can to help fight Alzheimer’s in our Dad’s memory. We love you Dad!”

Although located on the East Coast, James contributes to his family’s team every year without fail. His mother, Julia, is adamant in telling people that Alzheimer’s doesn’t change the person it affects — they are “still there and need to be loved just like they always were” pre-diagnosis. Fred’s Forget-Me-Not’s are making plans to grow their commitment and contribution to the cause every year and encourage other teams to do the same.

**Imboden Creek – Decatur**

Imboden Creek is a beautiful, privately-owned senior care campus, the owners, John and Martha Brinkoetter bought a nursing home in 1983 because they felt strongly about changing the perceptions of society about what care for the elderly should be. The Decatur campus started in 1990 with the skilled facility adding the independent living condos in 2000 and assisted living in 2003.

John and Martha are Decatur residents and committed to care for the seniors of the Decatur community. Imboden Creek has been watching the dementia/Alzheimer’s numbers rise and realize “an epidemic is coming.” They have designs completed for a 20 bed memory care lodge to break ground in 2012, and the staff of 170 are committed to taking care of the residents who are their neighbors, friends, family.

Imboden hosts several fund raisers for the Alzheimer’s Association throughout the year, and in 2011, held the very memorable Cicadas for a Cause event in which the Imboden staff and supporters ate chocolate covered cicadas for the association.

Advocate Health Care, Senior Star at Weber Place Imboden Creek and Fred’s Forget-Me-Not’s — thank you, for your continued support of Walk to End Alzheimer’s and the fight for a world without Alzheimer’s disease!
In November the Alzheimer’s Association officially launched a new portion of the alz.org website that helps people have the difficult conversations about dementia and driving. These conversations can be frustrating, and awkward for everyone involved. This is something Caregiver Andrea Imes knows all too well. Her husband Roland has Alzheimer’s disease.

“My husband Roland was not a stranger to the challenges that accompany driving and aging,” said Andrea Imes. “He struggled with when and how to talk about taking away his own mother’s car keys. Sadly, one day she drove into a tree and hurt herself terribly and subsequently spent the next two years dying. Roland now says it was his mother’s example that influenced his decision to give up his license. Even though his mother did not have Alzheimer’s she still should not have had a license.”

Imes went on to explain, “Prior to his decision to give up his license Roland’s sons had been talking to him for a year about the eventuality of giving up driving. Additionally, I had also been harping on our liability should any accident occur, his fault or another driver’s. About this time I had quietly taken over driving the two of us when we were together. Last summer on my birthday, Roland told me his birthday present to me was that he was not going to attempt to renew his license.”

While the decision to give up driving is a difficult one, it is usually the best decision for all. The Alzheimer’s Association applauds Roland for making hard decision. His selfless decision is a true inspiration to all who inevitably face giving up the keys.

“Due to the progressive nature of the disease, every person with Alzheimer’s will eventually become unable to drive, said Jessica Kirby, LCSW, director of care navigation for the Chapter. “We recommend that families discuss driving before a crisis, ideally while the person with Alzheimer’s is still able to participate in the conversation and decision-making process.”

How to begin the discussion

To assist with these conversations, the Alzheimer’s Association created four short videos depicting different scenarios for approaching driving and dementia. Watching the videos may give families an idea of how to start the conversation or how to respond to a particular objection. In one video, a woman in the early stages of Alzheimer’s drafts a contract saying she will reach a point when she can no longer drive and gives her children permission to step in. If the person with the disease is more resistant, another technique shown in the new videos is to secure a doctor’s “prescription” advising the person the Alzheimer’s to no longer drive.

Following each of the videos is a list of tips and techniques families can use when having the conversation about driving. The videos are housed within the Alzheimer’s Association online Dementia and Driving Resource Center, which contains helpful information about recognizing when driving is unsafe, finding alternate transportation and getting a driving evaluation. The project was supported by a grant from the Department of Transportation’s National Highway Traffic Safety Administration.

Some people are able to continue driving in the early stages of Alzheimer’s disease, but it requires ongoing evaluation to ensure safety. Following are tips from the Alzheimer’s Association that it may be time to stop driving:

- Forgetting how to locate familiar places.
- Failing to observe traffic signs.
- Making slow or poor decisions in traffic.
- Driving at an inappropriate speed.
- Becoming angry or confused while driving.
- Hitting curbs.
- Using poor lane control.
- Making errors at intersections.
- Confusing the brake and gas pedals.
- Returning from a routine drive later than usual.
- Forgetting the destination you are driving to during the trip.

The Alzheimer’s Association also provides example driving contracts and local evaluation specialists. For more information on dementia and driving, visit www.alz.org/driving.
providing hope and help

Make A Donation Today

The Greater Illinois Chapter needs your support today.
Please copy this page, share it with friends and make your donation today — by credit card or check mailed to your local office. Thanks for your support as we provide hope and help to all who are affected by Alzheimer’s disease.

I wish to support:

☐ The area of greatest need.

I wish to restrict my gift to the Greater Illinois Chapter to support the following effort:

☐ Care Navigation — a service that provide counseling for those affected and their caregivers to navigate their journey through Alzheimer’s — 1 hour of Care Navigation costs $150. Your support provides scholarships for those who are not able to pay.

☐ Community Education Programs such as Know the Ten Signs or Spark That Brain, and audio conference opportunities.

☐ Early Stage Programs designed for those in the early stages of Alzheimer’s disease.

☐ Helpline support services and information packets sent to families who request them. $25 will allow us to send 10 basic information packets to those seeking information and support.

☐ Outreach efforts to those affected in the African-American or Latino population.

☐ Outreach efforts to our rural neighbors affected by Alzheimer’s disease.

☐ Advocacy efforts with state and federal legislators.

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City, State, Zip ______________________________________________
☐ My check is enclosed: Check no. ______ Amount $ ____________
☐ Please charge my credit card: Amount $ ____________________
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Expiration Date _________________________________________
If billing address for card is different, please list billing address here:
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Please fax or mail this form to your local Chapter office:

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303 N. Hershey Road
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Bloomington, IL 61704
Phone 309-662-8392
Fax 309-664-0495

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320 E. Walnut St.
Suite A
Carbondale, IL 62901
Phone 618-985-1095
Fax 618-985-9460

Chicago
8430 W. Bryn Mawr
Suite 800
Chicago, IL 60631
Phone 847-933-2413
Fax 773-444-0930

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850 Essington Rd.
Suite 200
Joliet, IL 60435
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Fax 815-773-7340

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Suite 307
Rockford, IL 61108
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Springfield
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Fax 217-726-5185

Please fax or mail this form to your local Chapter office:

2012 family forums

learn. reflect. connect.

Rockford, IL
Saturday, March 24

Bloomington, IL
Saturday, April 14

Bolingbrook, IL
Saturday, April 28

To register or find out more, go to www.alz.org/Illinois or contact the local office

alzheimer’s association
Greater Illinois Chapter
Illinois Action Summit
Tuesday, March 27th
Springfield, IL

The 2012 Alzheimer’s Association Action Summit is going to be one of our most exciting yet!

Our Lt. Governor, Sheila Simon, has agreed to Co-Host our Action Summit as an official “Ambassador” to Alzheimer’s Disease. She recognizes the urgency in creating strong public policy to help those affected by the disease. She is sending an incredibly strong message to all of the members of the General Assembly, that this is our moment to make Alzheimer’s disease an urgent priority.

While we appreciate that our advocates have incredibly busy schedules, we ask that you strongly consider blocking off March 27th on your calendar! In just one day, we have the ability to affect change in a very powerful way. Our collective voices in Springfield will help set a policy agenda for the entire year – but we need you to make it all happen!

After a short training, but we will be spending the day interacting with our State Senators and State Representatives and will be co-hosting a unique event for these legislators in the Lt. Governor’s office.

Details regarding transportation and times will follow. Please contact Jen Belkov with any questions and to confirm your attendance at: jennifer.belkov@alz.org or (847) 779-6957.

Alzheimer’s Association Advocacy Summit
Washington, Here We Come!
Monday, April 23rd –
Wednesday, April 25th
Washington, D.C.

Every year Alzheimer’s advocates from throughout the country attend the Alzheimer’s Association Advocacy Summit.

This 3-day event is an opportunity to learn, engage and inspire others in the fight against Alzheimer’s.

Advocates are invited to attend educational seminars, network with other activists and hear from high profile leaders in the Alzheimer’s community.

The final day will include meetings with elected officials and their staffs on Capitol Hill — to ask for support of legislation to make Alzheimer’s disease a national priority.

For more details, please contact Jen Belkov at: jennifer.belkov@alz.org or (847) 779-6957.