

Activities and Dementia

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff primarily for healthcare professionals. Contact your local chapter or local library for availability of the items.

Activities

Articles

Caro F.G.; Caspi E.; Burr J.A.; et al. Global activity motivation and activities of older people. *Activities, Adaptation & Aging*. August 2009; vol. 33 (3), pp.191-208.

Green-Field Library owns.

Conti, A.; Voelkl, J.E.; McGuire, F.A. Efficacy of meaningful activities in recreation therapy on passive behaviors of older adults with dementia. *Annual of Therapeutic Recreation*. 2008; vol. 16; pp. 91-104.

Green-Field Library does not own.

Phinney, A.; Moody, E.M. Leisure connections: benefits and challenges of participating in a social recreation group for people with early dementia. *Activities, Adaptation & Aging*. April 2011; vol. 35 (2), pp. 111-130.

Green-Field Library owns.

Thomas, D.W.,; Smith, M. The Effect of music on caloric consumption among nursing home residents with dementia of the Alzheimer's type. *Activities, Adaptation & Aging*. 2009; vol. 33(1), pp. 1-16.

Green-Field Library owns.

Books

Hellen, Carly. *Alzheimer's disease: activity-focused Alzheimer care.*

Boston, MA: Butterworth Heinemann, 1998

Green-Field Library Call No.: WM 450 H4771 1998

Simard, J. *End-of-life Namaste Care program for people with dementia.*

Baltimore, MD: Health Professions Press, 2007

Green-Field Library Call No.: WY 152 S588 2007

Troxel, D.; Bell., V. *Best friend's book of Alzheimer activities.* Vols. 1 & 2 (2004, 2007)

Baltimore, MD: Health Professions Press

Green-Field Library owns.

Journals

Activities Adaptation & Aging. Published quarterly by Taylor & Francis.

London, UK

<http://www.tandf.co.uk/journals/WAAA>

Activities Directors' Quarterly: for Alzheimer's and other Dementia Patients. Published quarterly by Weston Medical Publishing.

www.alzheimersjournal.com

Creative Forecasting. Published monthly by Creative Forecasting.

<http://www.creativeforecasting.net>

Web Sites

Alternative Solutions in Long Term Care

This site is a gateway that provides links or direct online access to practically anything an activity professional needs. These include but are not limited to Alzheimer's unit development, bulletin boards, calendars and dates to remember, care plans, catalogues and long term care magazines.

<http://www.activitytherapy.com/>

National Association of Activity Professionals

NAAP is the only national group that represents activity professionals exclusively in geriatric settings. NAAP is nationwide in scope.

<http://www.thenaap.com/>

The National Coalition of Creative Arts Therapies Associations

The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.

<http://www.nccata.org>

Therapeutic Recreation

The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.

<http://www.recreationtherapy.com/rt.htm>

Art

Articles

Abruzzo, B. Bringing the past -- and Alzheimer's residents -- to life. *Long-Term Living*. Sep 2009; vol. 58(9), pp. 18-21.

Green-Field Library owns.

Beshwate, T.; Kasin, K. Art as therapy: nurturing well-being and relationships for people with dementia. *Journal on Active Aging*. Sep-Oct 2010; vol. 9(5), pp. 36-42.

Green-Field Library does not own.

MacPherson, S.; Blair, A. An art gallery access programme for people with dementia: 'You do it for the moment'. *Aging and Mental Health*. Sep 2009; vol. 13(5), pp. 744-752.

Green-Field Library owns.

Phillips, L.J.; Conn, V.S. The relevance of creative expression interventions to person-centered care. *Research in Gerontological Nursing*. Jul 2009; vol. 2(3), pp. 151-152.
Green-Field Library does not own.

Book

Levine-Madori, L. Therapeutic thematic arts programming for older adults.
Baltimore, MD: Health Professions Press, 2007
Green-Field Library Call No.: WM 450 L665 2007

Web Site

National Center for Creative Aging

The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter.

<http://www.creativeaging.org>

Dance/ Exercise/ Movement

Articles

Buettner, Linda L. Frailty and dementia: how activities professionals can help through water-based activities. *Activities Directors' Quarterly*. 2009; vol. 10(2), pp. 37-45.
Green-Field Library owns.

Campbell, D.; Klages, A.; Martineau, J. Dance movement: increasing mobility and decreasing depression for persons with dementia. *Activities Directors' Quarterly*. 2010; vol. 11(3), pp. 27-36.
Green-Field Library owns.

Hokkanen, L.; Winblad, I. Dance and movement therapeutic methods in management of dementia: a randomized, controlled study. *Journal of the American Geriatrics Society*. Apr 2008; vol. 56(4), pp. 771-772.

Green-Field Library owns.

Laventure, B. Living well with dementia: guidance for exercise instructors and wellness leaders. *Journal on Active Aging*. Sep-Oct 2010, 9 (5). 62-68.

Green-Field Library does not own.

Yu, F. Facilitating aerobic exercise training in older adults with Alzheimer's disease. *Geriatric Nursing*. Jul-Aug 2009, 30 (4). 250-259.

Green-Field Library owns.

Journals

Journal of Aging and Physical Activity. Published quarterly by Human Kinetics Publishers.

www.humankinetics.com

American Journal of Dance Therapy. Published bi-annually by Springer Publishing.

<http://www.adta.org/Default.aspx?pageId=475925>

Web Sites

American Dance Therapy Association

The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual.

<http://www.adta.org>

Horticulture

Articles

Marcus, C.C. Alzheimer's garden audit tool. *Journal of Housing for the Elderly*. 2007; vol. 21 (1-2), pp. 179-191.

Green-Field Library does not own.

Web Site

American Horticultural Therapy Association

The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. <http://www.ahta.org>

Intergenerational

Articles

Buettner, L.L. Intergenerational programs: connecting young and old through meaningful activities. *Activities Directors' Quarterly*. 2009; vol. 10(3), pp. 17-22.

Green-Field Library owns.

Web Sites

The Intergenerational Center

The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle. Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.

<http://templeigc.org>

Generations United

Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies.

<http://www.gu.org>

Montessori

Articles

Jarrott, S.E.; Gigliotti, C.M. Montessori programming for persons with dementia in the group setting: an analysis of engagement and affect.. *Dementia*. Feb 2008; vol. 7(1), pp. 109-125.

Green-Field Library owns.

Li-Chan, L.; Jaung-Geng, L. Using acupressure and Montessori-based activities to decrease agitation for residents with dementia: a cross-over trial. *Journal of the American Geriatrics Society*. Jun 2009; vol. 57(6), pp. 1022-1029.

Green-Field Library owns.

Malone, M.L.; Camp, C.J. Montessori-based dementia programming: providing tools for engagement. *Dementia*. Feb 2007; vol. 6 (1), pp. 150-157.

Green-Field Library owns.

Pet Therapy

Articles

Richeson, N.E. Animal-assisted therapy as a non-drug approach to pain and depression for older adults with dementia. *Activities Directors' Quarterly*. 2007; vol. 8 (1), pp 3-6.

Green-Field Library owns.

Williams, E.; Jenkins, R. Dog visitation therapy in dementia care: a literature review. *Nursing Older People*. Oct 2008; vol. 20(8), pp. 31-35.

Green-Field Library does not own.

Web Sites

Delta Society

Delta Society is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.

<http://www.deltasociety.org>

Pet Therapy

Part of the Alternative Solutions in Long Term Care web site this section provides resources and products for animal assisted therapy in nursing homes and other health care facilities.

<http://www.activitytherapy.com/pet.htm>

Recreation Therapy

Articles

Bossen, A. The therapeutic value of nature in dementia interventions. *Activities Directors' Quarterly*. 2009; vol. 10(4), pp. 41-47.

Green-Field Library owns.

Duggan S. ; Blackman T. ; Martyr A.; et al. The impact of early dementia on outdoor life: a 'shrinking world.' *Dementia*. May 2008; vol. 7(2), pp. 191-204.

Green-Field Library owns.

Kolanowski, A.; Buettner, L. Prescribing activities that engage passive residents: an innovative method. *Journal of Gerontological Nursing*. Jan 2008; vol. 34 (1), pp. 13-18.

Green-Field Library owns.

Kolanowski, A.; Buettner, L. Recreational activities to reduce behavioural symptoms in dementia. *Geriatrics and Aging*. Jan-Feb 2009; vol. 12 (1), pp. 37-42.

Green-Field Library does not own.

Rieckmann, N.; Schwarzbach, C.; Nocon, M., et al. Concepts of care. *GMS Health Technology Assessment*. Jan 6, 2009; published online.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3011278/?tool=pubmed>

Journals

American Journal of Recreation Therapy. Published quarterly by Western Medical Publishing.

<http://www.pnpco.com/pn10000.html>

Web Sites

American Therapeutic Recreation Association

The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA, was incorporated in the District of Columbia in 1984 as a not-for-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry.

<http://www.atra-online.com>

Reminiscence / Validation

Articles

Abruzzo, B. Bringing the past -- and Alzheimer's residents -- to life. *Long-Term Living*. Sep 2009; vol. 58 (9), pp. 18-21.

Green-Field Library owns.

McFadden, S.H.; Dysert, A. Creativity in the "now" of advanced dementia: glimpses of the lifeworld through storytelling and painting. *Journal of Aging, Humanities, and the Arts*. Apr-Jul 2008; vol. 2 (2) pp 135-149.

Green-Field Library does not own.

Sahoo, S. Alzheimer's and non-Alzheimer's dementia: a critical review of pharmacological and nonpharmacological strategies. *American Journal of Alzheimer's Disease and Other Dementias*. Apr-May 2008; vol. 23 (2), 150-161.

Green-Field Library owns.

Tondi, L.; Ribani, L. Bottazzi, M.; et al. Validation therapy (VT) in nursing home: a case-control study. *Archives of Gerontology and Geriatrics*. 2007; vol., 44(suppl 1), pp. 407-411.

Green-Field Library does not own.

Video

Introduction to validation.

Jasper, OR : Edward Feil Productions LLC, c2011. 1 DVD (24 min.)

WM 220 DVD no.149 2011

Web Sites

Time Slips

Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for facilities to use storytelling as a creative outlet for residents.

<http://www.timeslips.org>

Validation Training Institute

This web site contains information about Validation, a method for communicating with very old people. There are links to articles and books as well as workshops and courses on validation therapy.

<http://www.vfvalidation.org>

Sensory Stimulation

Articles

Klages K, Zecevic A, Orange JB, et al. Potential of Snozelen room multisensory stimulation to improve balance in individuals with dementia: a feasibility randomized controlled trial.

Clinical Rehabilitation. Jul 2011; vol. 25(7), pp. 607-616.

Green-Field Library does not own.

Letts L., Minezes J., Edwards M., et al. Effectiveness of interventions designed to modify and maintain perceptual abilities in people with Alzheimer's disease and related dementias. *American Journal of Occupational Therapy*. 2011 Sep-Oct; vol. 65(5), pp 505-513.
Green-Field Library does not own.

Milev, R.V. Multisensory stimulation for elderly with dementia: a 24-week single-blind randomized controlled pilot study. *American Journal of Alzheimer's Disease and Other Dementias*. Aug-Sep 2008, vol. 23 (4), pp. 372-376.
Green-Field Library owns.

Padilla R. Effectiveness of environment-based interventions for people with Alzheimer's disease and related dementias. *American Journal of Occupational Therapy*. Sep-Oct 2011; vol. 65(5), pp. 514-522.
Green-Field Library does not own.

Staal J.A. Functional analytic multisensory environmental therapy for people with dementia. *International Journal of Alzheimer's Disease*. 2012;2012:294801. Epub 2012 Jan 17.
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3278923/?tool=pubmed>
Green-Field Library owns.

Walters, D. Effect of multi-sensory ministry on the affect and engagement of women with dementia. *Dementia*. May 2007; vol. 6 (2), 233-243.
Green-Field Library owns

Book

Larsen, B. Movement with meaning: a multisensory program for individuals with early stage Alzheimer's disease.
Baltimore, MD: Health Professions Press, 2006.
Green-Field Library Call No.: WM 450 L37 2006

Web Sites

Snoezelen

Part of the Alternative Solutions in Long Term Care web site this section provides information on Snoezelen resources & Snoezelen products. There are links to sample policies and procedures, marketing plans and Snoezelen care plans for nursing homes and other health care facilities.

<http://www.activitytherapy.com/snoezelen.htm>

Vendors

These companies have activity therapy products available for purchase.

Ageless Design - Alzheimer's Store

<http://alzstore.com>

This web site was developed for those who care for people with Alzheimer's disease. There are products of all kinds including safety and activity.

Bi-Folkal Productions, Inc.

<http://www.bifolkal.org>

This company provides program ideas and resources for those planning reminiscence programs with older adults.

Flaghouse Special Populations

<http://www.flaghouse.com/>

This catalog company carries a Special Populations catalog which features innovative, creative solutions, with therapy and educational options to enhance the potential of individuals with developmental and physical disabilities.

Innovative Caregiving Resources

<http://www.videorespite.com>

This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.

Nasco Activity Therapy Products

<http://www.enasco.com>

Nasco has several catalogs for activity products in various settings including schools, recreational and health care.

S&S World Wide Games

<http://www.ssw.com/>

Arts and crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.

Therapeutic Recreation

<http://www.recreationtherapy.com/rt.htm>

The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.

Activities and Dementia

A selected list of references compiled by

Mary Ann Urbashich, M.A.L.S.

Benjamin B. Green-Field
National Alzheimer's Library and Resource Center
Alzheimer's Association
Chicago, IL

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