Activities and Dementia

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff primarily for healthcare professionals. Contact your local chapter or local library for availability of the items.

Activities, General

Articles

Abstract: [http://www.tandfonline.com/doi/abs/10.1080/01924780903148151#.Uq9ifvRDs1I](http://www.tandfonline.com/doi/abs/10.1080/01924780903148151#.Uq9ifvRDs1I)
Green-Field Library owns.

Abstract: [http://www.tandfonline.com/doi/abs/10.1080/01924788.2011.572272#.UrStWvRDs1I](http://www.tandfonline.com/doi/abs/10.1080/01924788.2011.572272#.UrStWvRDs1I)
Green-Field Library owns.

Books

Boston, MA: Butterworth Heinemann, 1998
Green-Field Library Call No.: WM 450 H4771 1998

Simard, J. *End-of-life Namaste Care program for people with dementia.*
Baltimore, MD: Health Professions Press, 2007
Green-Field Library Call No.: WY 152 S588 2007
Baltimore, MD: Health Professions Press
Green-Field Library owns.

**Journals**

*Activities Adaptation & Aging*. Published quarterly by Taylor & Francis.
London, UK
[http://www.tandf.co.uk/journals/WAAA](http://www.tandf.co.uk/journals/WAAA)

*Activities Directors’ Quarterly: for Alzheimer’s and other Dementia Patients*. Published quarterly by Westen Medical Publishing.
[www.alzheimersjournal.com](http://www.alzheimersjournal.com)

*Creative Forecasting*. Published monthly by Creative Forecasting.
[http://www.creativeforecasting.net](http://www.creativeforecasting.net)

**Web Sites**

*National Association of Activity Professionals*
NAAP is the only national group that represents activity professionals exclusively in geriatric settings.
NAAP is nationwide in scope.
[http://naap.info](http://naap.info)

*The National Coalition of Creative Arts Therapies Associations*
The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.
[http://www.nccata.org](http://www.nccata.org)
Therapeutic Recreation
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.
http://www.recreationtherapy.com/rt.htm

Art

Articles

Abruzzo, B. Bringing the past -- and Alzheimer's residents -- to life. Long-Term Living. Sep 2009; vol. 58(9), pp. 18-21.
Green-Field Library owns.

Abstract: http://dem.sagepub.com/content/11/5/633.abstract
Green-Field Library owns.

Abstract: cannot find
Green-Field Library does not own.

Abstract: http://www.researchgate.net/publication/38060592_An_art_gallery_access_programme_for_people_with_dementia__you_do_it_for_the_moment
Green-Field Library owns.
Abstract: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3010410/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3010410/)
Green-Field Library does not own.

**Book**

Green-Field Library Call No.: WM 450 L665 2007

**Web Site**

National Center for Creative Aging
The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter.
[http://www.creativeaging.org](http://www.creativeaging.org)

**Cognitive Stimulation**

**Articles**

Green-Field Library owns

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Green-Field Library owns

Abstract: cannot find
Green-Field Library does not own

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Abstract: cannot find
Green-Field Library owns

Green-Field Library does not own

**Tools**

Prest, Roly. Thinking cards specifically designed for older adults.
Website: [http://www.amazon.com/Thinking-Cards-Specially-designed-adults/dp/B007G4SD8Y/ref=sr_1_11?ie=UTF8&qid=1387555042&sr=8-11&keywords=alzheimer+exercise](http://www.amazon.com/Thinking-Cards-Specially-designed-adults/dp/B007G4SD8Y/ref=sr_1_11?ie=UTF8&qid=1387555042&sr=8-11&keywords=alzheimer+exercise)
Dance/ Exercise/ Movement

Articles

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Abstract: cannot find
Green-Field Library owns

Abstract: [http://wrap.warwick.ac.uk/37306/](http://wrap.warwick.ac.uk/37306/)
Green-Field Library owns

Sherder, E. The more physical inactivity, the more agitation in dementia. *International Psychogeriatrics*. Dec 2010; vol. 22(8), pp. 1203-1208.
Abstract: cannot find
Green-Field Library owns

Abstract: cannot find.
Green-Field Library owns

**Journals**

*Journal of Aging and Physical Activity*. Published quarterly by Human Kinetics Publishers. [www.humankinetics.com](http://www.humankinetics.com)

Web Sites

*American Dance Therapy Association*
The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual.
http://www.adta.org

Horticulture

Articles

Abstract: cannot find
Green-Field Library does not own.

Web Site

*American Horticultural Therapy Association*
The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. http://www.ahta.org

Intergenerational

Articles

Abstract: cannot find
Green-Field Library owns.

Abstract: cannot find
Green-Field Library owns

Sterns, A. Bridging the intergeneration gap in therapeutic activity delivery between younger professional caregivers and older adults living with dementia. *Journal of Intergenerational Relationships*, 2011; vol. 9(2), pp. 161-175.

Green-Field Library does not own

**Web Sites**

*The Intergenerational Center*

The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle. Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.

[http://templeigc.org](http://templeigc.org)

*Generations United*

Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies.

[http://www.gu.org](http://www.gu.org)

**Montessori**

**Articles**


Green-Field Library does not own


Abstract: cannot find
Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.

**Music Therapy**

**Articles**

Full-text: [http://www.tandfonline.com/doi/pdf/10.1080/01924780902718566](http://www.tandfonline.com/doi/pdf/10.1080/01924780902718566)
Green-Field Library owns.

Green-Field Library owns.
Audio

Therapy for memory: music activity and educational program to stimulate the mind and exercise memory. *Therapy for Memory.* Audio CD. Available on Amazon.com
72 min.

Occupational Therapy

Articles

Green-Field Library does not own.

Abstract: [http://europepmc.org/abstract/MED/21761813/reload=0;jsessionid=IeL5nMNTnMigeozYkFJ.0](http://europepmc.org/abstract/MED/21761813/reload=0;jsessionid=IeL5nMNTnMigeozYkFJ.0)
Green-Field Library owns.

Abstract: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2938079/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2938079/)
Green-Field Library owns.

Green-Field Library owns.

Green-Field Library owns.
Pet Therapy

Articles

Green-Field Library owns.

Green-Field Library does not own.

Web Sites

*Pet Partners*

Pet Partners, formerly the Delta Society, is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.
[http://www.petpartners.org](http://www.petpartners.org)

Recreation Therapy

Articles

Abstract: [http://www.ltlmagazine.com/article/occupational-therapy-s-role-ltc](http://www.ltlmagazine.com/article/occupational-therapy-s-role-ltc)
Green-Field Library owns.

Green-Field Library owns.

Duggan S.; Blackman T.; Martyr A.; et al. The impact of early dementia on outdoor life: a ‘shrinking


Full-text: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2736598/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2736598/)


Full-text: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780321/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780321/)


Full-text: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3011278/?tool=pubmed](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3011278/?tool=pubmed)


Journals

American Journal of Recreation Therapy. Published quarterly by Westen Medical Publishing. 
http://www.pnpco.com/pn10000.html

Web Sites

American Therapeutic Recreation Association
The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA, was incorporated in the District of Columbia in 1984 as a not-for-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry. 
http://www.atra-online.com

Reminiscence / Validation

Articles

Abruzzo, B. Bringing the past -- and Alzheimer's residents -- to life. Long-Term Living. Sep 2009; vol. 58 (9), pp. 18-21. 
Abstract: cannot find
Green-Field Library owns.

Abstract: http://www.tandfonline.com/doi/full/10.1080/19325610802162044 
Green-Field Library does not own.

Abstract: http://aja.sagepub.com/content/23/2/150.abstract
Green-Field Library owns.

Abstract: cannot find
Green-Field Library does not own.

Video

*Introduction to validation.*
Jasper, OR : Edward Feil Productions LLC, c2011. 1 DVD (24 min.)
WM 220 DVD no.149 2011

Web Sites

*Time Slips*
Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for facilities to use storytelling as a creative outlet for residents.
http://www.timeslips.org

*Validation Training Institute*
This web site contains information about Validation, a method for communicating with very old people. There are links to articles and books as well as workshops and courses on validation therapy.
http://www.vfvalidation.org

Sensory Stimulation

Articles

Green-Field Library owns

Cruz, J. Making sense in dementia: a multisensory and motor-based group activity program. *American
Green-Field Library does not own.

Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library does not own.

Green-Field Library owns.

Green-Field Library owns.
Green-Field Library owns.

**Book**

Larsen, B. *Movement with meaning: a multisensory program for individuals with early stage Alzheimer’s disease.*
Green-Field Library Call No.: WM 450 L37 2006

**Vendors**

These companies have activity therapy products available for purchase.

*Ageless Design - Alzheimer's Store*
[http://alzstore.com](http://alzstore.com)
This web site was developed for those who care for people with Alzheimer’s disease. There are products of all kinds including safety and activity.

*Bi-Folkal Productions, Inc.*
[http://www.bifolkal.org](http://www.bifolkal.org)
This company provides program ideas and resources for those planning reminiscence programs with older adults.

*eNasco Activity Therapy Products*
[http://www.enasco.com](http://www.enasco.com)
Nasco has several catalogs for activity products in various settings including schools, recreational and health care.
Flaghouse Special Populations
http://www.flaghouse.com/
This catalog company carries a Special Populations catalog which features innovative, creative solutions, with therapy and educational options to enhance the potential of individuals with developmental and physical disabilities.

Innovative Caregiving Resources
http://www.videorespite.com
This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.

S&S World Wide Games
http://www.ssww.com/
Arts and crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.

Therapeutic Recreation
http://www.recreationtherapy.com/rt.htm
The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.