

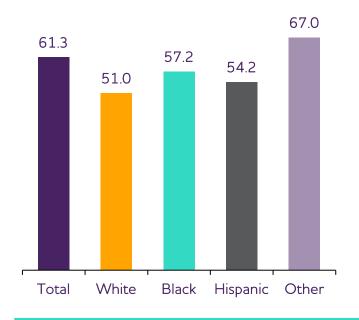
## Risk Factors for Cognitive Decline: Hawaii



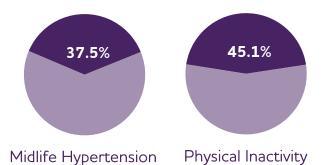
Based on population-level evidence, the six health conditions and behaviors included here increase risk for cognitive decline — and may also increase risk of dementia.

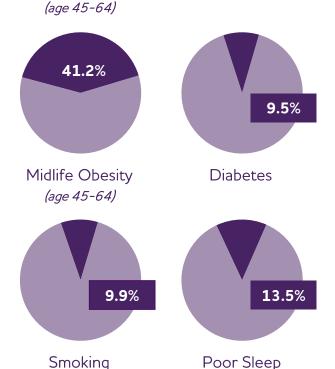
Data are from the Behavioral Risk Factor Surveillance System (BRFSS).

Percent With at Least One of Five Risk Factors (excluding sleep)



Prevalence of Six Risk Factors





Percent With Any of Five Risk Factors (excluding sleep)

(age 45 and older)

None 38.7%	One 37.7%	Two or more 23.6%
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(<6 hours/night)