

Learners who complete **essentiALZ**[®] — **Alzheimer's Association Training and Certification** are eligible to claim free continuing education credit at no additional cost.

Professionals who complete this activity can claim (3) Continuing Nursing education credit(s), and/or (3) continuing education credits for Social Work, Physical Therapy, Psychology, Occupational Therapy, and Nutrition/Dietitian (ACTIVITY EN312-0621).

This program has been approved for Continuing Education for 3.5 total participant hours by NAB/NCERS—Approval #20230529-3.50-A84747-DL

The following activities must be completed in order to claim credit:

1. Complete all six modules of the **essentiALZ Training Program**.
2. Pass the **essentiALZ Certification Exam** with a score of 90% or higher*.
3. Complete the post **Survey** activity.
4. Select the **Claim Credit** activity and choose your credit category:
 - a. Nurses.
 - b. Continuing Education for Other Professions.
 - c. Long-Term Care Administrators.
5. Select the **Print Statement of Credit** to view a copy of your certificate.
6. Enter your license or registration information and credentials as necessary.
7. Download, then save or print your certificate to share with the appropriate accrediting body.

*If you do not need to claim credit, you can print your completion certificate after step 2

Accreditation Statement:

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Rush University Medical Center designates this internet enduring material activity for a maximum of three (3) nursing contact hour(s).

This activity is being presented without bias and without commercial support.

Rush University is an approved provider for physical therapy (216.000272), occupational therapy, respiratory therapy, social work (159.001203), nutrition, and speech-audiology by the Illinois Department of Professional Regulation.

Rush University designates this live activity for Three (3) Continuing Education credit(s).

Rush University Medical Center designates this activity for Three (3) CE credits in psychology.

Learning Objectives:

- Describe the differences between typical aging, mild cognitive impairment, dementia and Alzheimer's disease.
- Discuss how a person-centered care approach can help people living with dementia and their care providers.
- Identify when to conduct an assessment.
- List strategies to consider when giving person-centered support for activities of daily living.
- Discuss ways to clearly communicate with people living with dementia.

To learn more about **essentiALZ – Alzheimer's Association Training and Certification, visit alz.org/dementiacaretraining.**