

# dementia caregiving in Kentucky

### DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

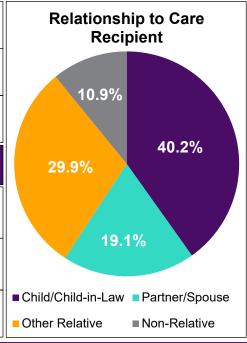
More than 1 in 5 caregivers in Kentucky (21.3%) is providing care to an individual with Alzheimer's or other form of dementia.

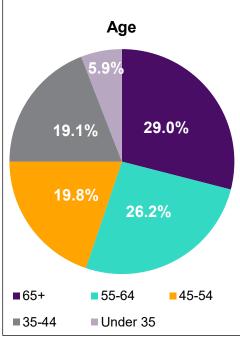
## Who are dementia caregivers?

Female	63.9%
Male	36.1%
Urban	76.4%
Rural	23.6%
Also caring for a child	27.1%

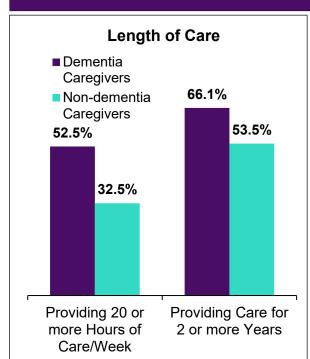
### **Health Effects**

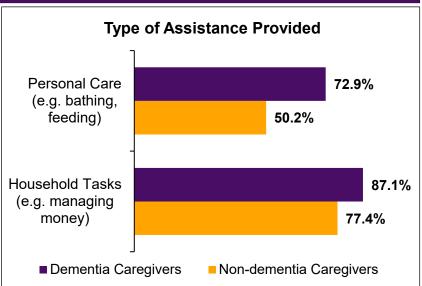
In frequent poor physical health	21.4%
In frequent poor mental health	24.8%
History of depression	39.8%





# What does dementia caregiving entail?





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