More than 1 in 5 caregivers in Kentucky (21.3%) is providing care to an individual with Alzheimer's or other form of dementia.

<table>
<thead>
<tr>
<th>Relationship to Care Recipient</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child/Child-in-Law</td>
<td>Partner/Spouse</td>
</tr>
<tr>
<td>10.9%</td>
<td>40.2%</td>
</tr>
</tbody>
</table>

**Who are dementia caregivers?**

- Female: 63.9%
  - Male: 36.1%
- Urban: 76.4%
  - Rural: 23.6%
- Also caring for a child: 27.1%

**Health Effects**

- In frequent poor physical health: 21.4%
- In frequent poor mental health: 24.8%
- History of depression: 39.8%

**Length of Care**

- Providing 20 or more Hours of Care/Week
  - Dementia Caregivers: 52.5%
  - Non-dementia Caregivers: 32.5%
- Providing Care for 2 or more Years
  - Dementia Caregivers: 66.1%
  - Non-dementia Caregivers: 53.5%

**Type of Assistance Provided**

- Personal Care (e.g. bathing, feeding)
  - Dementia Caregivers: 72.9%
  - Non-dementia Caregivers: 50.2%
- Household Tasks (e.g. managing money)
  - Dementia Caregivers: 87.1%
  - Non-dementia Caregivers: 77.4%

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