More than 1 in 5 caregivers in Louisiana (22.7%) is providing care to an individual with Alzheimer's or other form of dementia.

### Who are dementia caregivers?

<table>
<thead>
<tr>
<th>Category</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender</td>
<td>59.2%</td>
<td>40.8%</td>
</tr>
<tr>
<td>Urban</td>
<td>90.3%</td>
<td>9.7%</td>
</tr>
<tr>
<td>Also caring for a child</td>
<td>29.4%</td>
<td></td>
</tr>
</tbody>
</table>

**Health Effects**

- In frequent poor physical health: 15.9%
- In frequent poor mental health: 29.7%
- History of depression: 32.8%

### What does dementia caregiving entail?

#### Length of Care

- Dementia Caregivers: 49.3%
- Non-dementia Caregivers: 36.8%

- Providing 20 or more Hours of Care/Week: 59.4%
- Providing Care for 2 or more Years: 49.9%

#### Type of Assistance Provided

- Personal Care (e.g. bathing, feeding): 71.4%
- Household Tasks (e.g. managing money): 86.2%

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