



# dementia caregiving in maryland

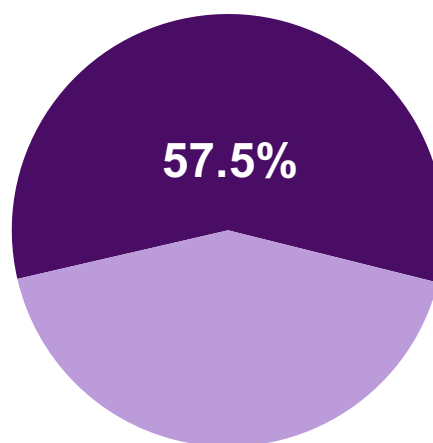
DATA FROM THE 2019 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Maryland, more than **1 in 5** unpaid caregivers are providing care to a loved one with Alzheimer's or another dementia.

**More than half** of dementia caregivers have been providing care for at least two years. **More than 1 in 3** dementia caregivers provide 20 or more hours of care per week.

**More than 1 in 5** dementia caregivers are in the "sandwich generation" — caring for both someone with dementia and a child or grandchild.

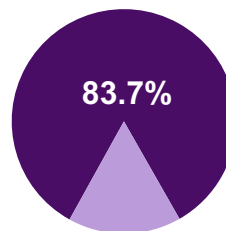
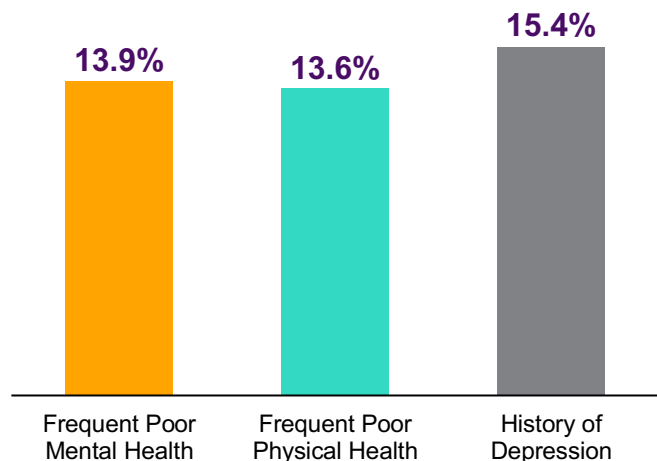
Percent of dementia caregivers providing care for at least 2 years



Characteristics of Alzheimer's and Other Dementias Caregivers

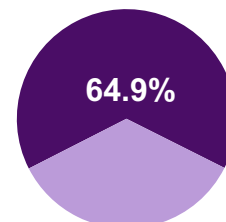
Gender		Age		Hours of Care per Week		Caring for Parent or Parent-in-law	Also Caring for Minor
Women	Men	45-64	65+	20+	40+		
70.0%	30.0%	46.8%	27.1%	37.0%	26.6%	40.2%	22.4%

Impact of Alzheimer's and dementia caregiving



Percent who manage household care, such as cleaning or cooking

Percent who manage personal care, such as feeding or bathing



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