



dementia caregiving in Massachusetts

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Massachusetts (22.1%) is providing care to an individual with Alzheimer's or other form of dementia.

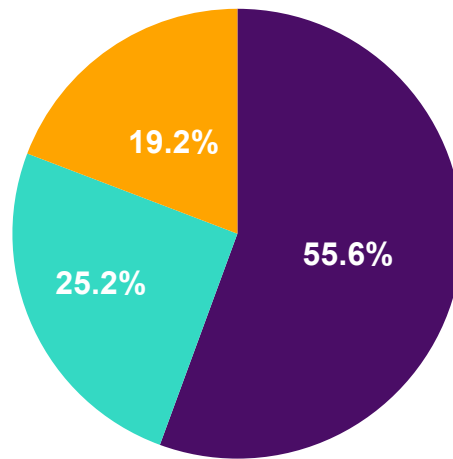
Who are dementia caregivers?

Female	66.7%
Male	33.3%
Urban	100.0%
Rural	0.0%
Also caring for a child	24.3%

Health Effects

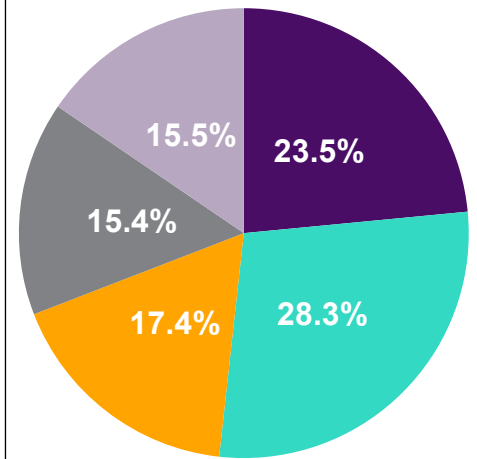
In frequent poor physical health	n/a
In frequent poor mental health	8.0%
History of depression	20.2%

Relationship to Care Recipient



■ Child/Child-in-Law ■ Other Relative
■ Non-Relative

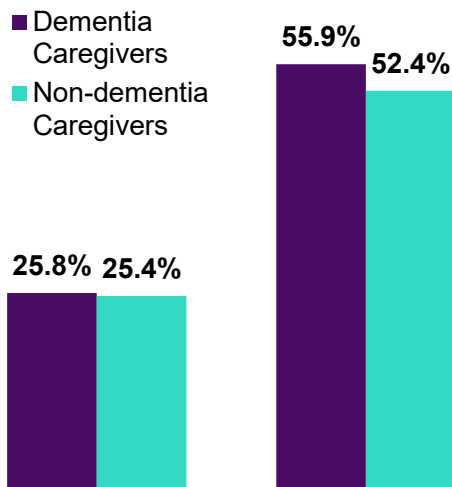
Age



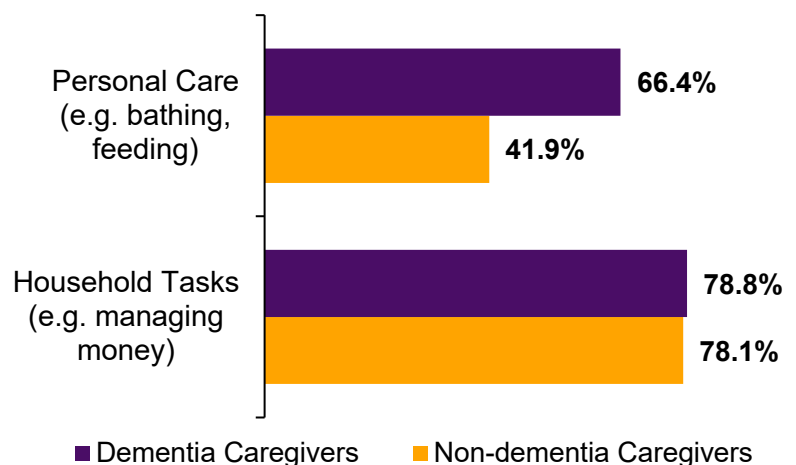
■ 65+ ■ 55-64 ■ 45-54
■ 35-44 ■ Under 35

What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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