



# dementia caregiving in Minnesota

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

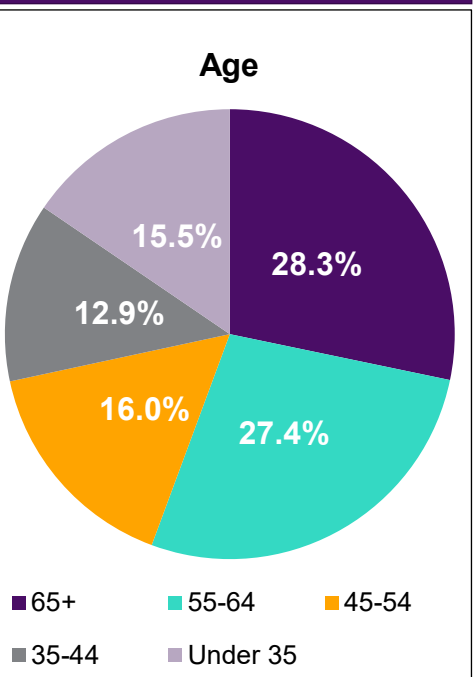
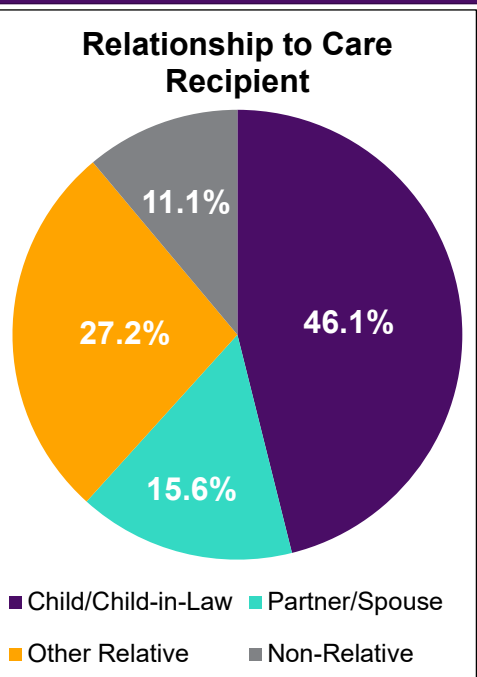
More than 1 in 5 caregivers in Minnesota (22.8%) is providing care to an individual with Alzheimer's or other form of dementia.

## Who are dementia caregivers?

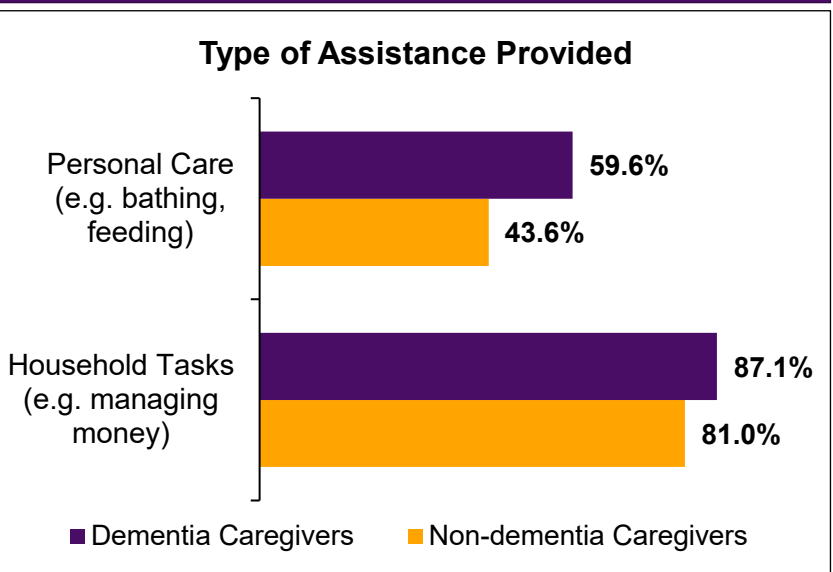
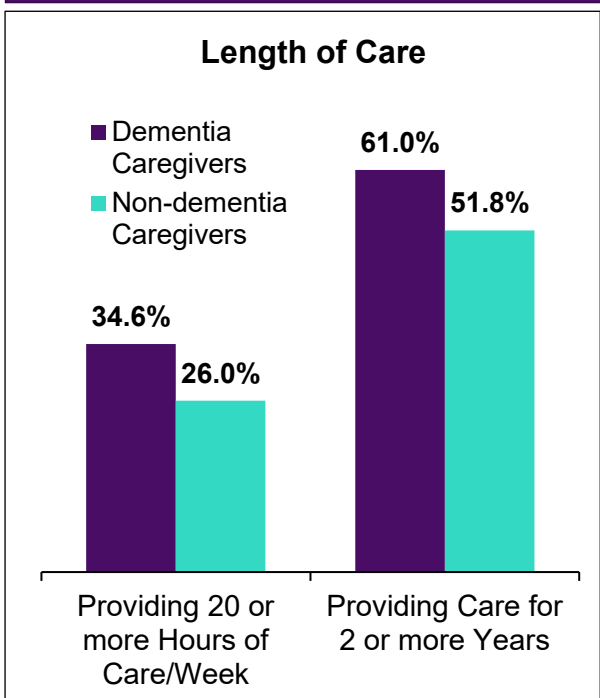
Female	61.0%
Male	39.0%
Urban	87.3%
Rural	12.7%
Also caring for a child	27.3%

### Health Effects

In frequent poor physical health	8.4%
In frequent poor mental health	15.6%
History of depression	29.7%



## What does dementia caregiving entail?



This Fact Sheet is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$2,795,933 with 100 percent funded by CDC/HHS. The contents are those of the Alzheimer's Association and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.