

dementia caregiving in Missouri

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

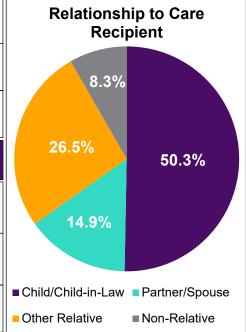
More than 1 in 5 caregivers in Missouri (22.3%) is providing care to an individual with Alzheimer's or other form of dementia.

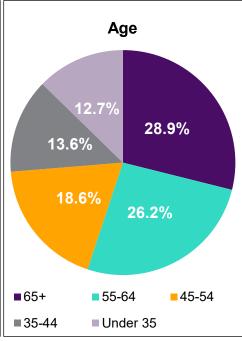
Who are dementia caregivers?

Female	68.1%
Male	31.9%
Urban	88.2%
Rural	11.8%
Also caring for a child	30.0%

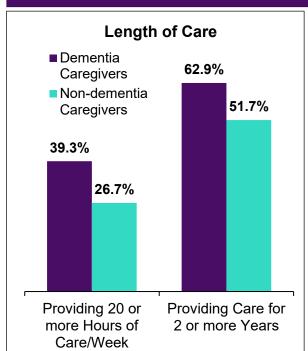
Health Effects

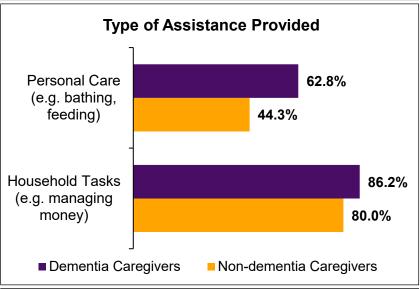
In frequent poor physical health	20.2%
In frequent poor mental health	23.5%
History of depression	28.1%





What does dementia caregiving entail?





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