



# Support Group Listings

Northern Arizona



## IN PERSON SUPPORT GROUPS

### Bullhead City

Bullhead City Nutrition Center  
2275 Trane Road

 **2nd & 4th Monday | 12:00 p.m.**

### Chino Valley

Chino Valley Senior Center  
1021 W Butterfield Road

 **2nd & 4th Thursday | 1:00 p.m.**

### Cottonwood

Cottonwood Public Library  
100 S. 6th Street

 **Every Wednesday | 1:00 p.m.**

### Eager

Round Valley Public Library  
179 S. Main Street

 **3rd Tuesday | 1:00 p.m.**

### Peach Springs

Hwalby Tribe Support Group  
Elder Center Hualapai Senior Center  
587 Canyon View Drive  
Contact Barbara Tinhorn at [barbaratinhorn@yahoo.com](mailto:barbaratinhorn@yahoo.com)

 **2nd Wednesday | 5:15 p.m.**

### Prescott

Prescott United Methodist Church  
505 W. Gurley Street

 **1st & 3rd Monday | 10:00 a.m.**

Veterans Administration Hospital  
For veteran caregivers only  
Prescreening required  
Call Laura Priest:  
1-928-445-4860 Ext. 6103

 **Every Friday | 1:30 p.m.**

Touchmark at The Ranch  
3198 Touchmark Blvd  
Terrace Lodge - Memory Care Building

 **1st & 3rd Thursday | 1:00 p.m.**

### Prescott Valley

Prescott Valley Public Library  
7401 E. Skoog Boulevard

 **2nd & 4th Monday | 10:00 a.m.**

### St. John's

St. Johns Public Library  
35 South 3rd West PO Box 766

 **2nd Wednesday | 1:00 p.m.**

For more info or to register: Jaymie Lewis-Smith 928.337.4923

## EARLY STAGE SUPPORT GROUP

### Prescott Valley Public Library

7401 E. Skoog Blvd  
Glassford Room

 **Wednesdays | 10:00 a.m.**

\*\*For more information: Please contact Susie James at 928.771.9257  
[sjames@alz.org](mailto:sjames@alz.org) or 24/7 Helpline 1.800.272.3900

**For assistance or to register: 800.272.3900**



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### VIRTUAL/HYBRID SUPPORT GROUPS

#### Flagstaff\*\*

Sugar & Spice In-Home Care  
1300 S. Milton Avenue  
Suite 224



**2nd & 4th Tuesday | 10:00 a.m.**

\*\* NOTE: This group intended for those living in Flagstaff area

#### LGBTQ+ Senior Caregiver

Contact Molly Freibott, [info@prismaz.net](mailto:info@prismaz.net)



**1st & 3rd Monday | 11:00 a.m.**

#### Navajo Nation Caregiver Group

To register: <https://tinyurl.com/2yvsd4cm>



**2nd & 4th Monday | 3:30 p.m.**

#### Northern Arizona Caregivers

Phone: 1-888-788-0099

Meeting ID: 912 0426 3365#

Passcode: 907656#



**1st & 3rd Thursday | 10:00 a.m.**

### GRUPO DE APOYO EN ESPAÑOL

#### Alzheimer's Association

Número de Teléfono: 1-650-466-6070

ID: 212 886 453#



**El Tercer Miércoles del Mes | 10:00 a.m.**

### EARLY STAGE ENGAGEMENT GROUP

#### Susan J Rheem Adult Day Center

3407 N. Windsong Drive

Prescott Valley, AZ



**2nd Thursday | 1:15 p.m.**

\*\*For more information: Please contact Susie James at 928.771.9257

[sjames@alz.org](mailto:sjames@alz.org) or 24/7 Helpline 1.800.272.3900

### BEREAVED CAREGIVER SUPPORT GROUP

#### Visiting Angels

1750 S Woodlands Village Blvd

Suite #140

Flagstaff, AZ 86001



**4th Tuesday | 4:30 p.m.**

Join Zoom Meeting: [https://alz-org.zoom.us/j/98969697160?](https://alz-org.zoom.us/j/98969697160?pwd=ZHI1WUpKdHNhV0psS0xjUi9qdU5Odz09)

[pwd=ZHI1WUpKdHNhV0psS0xjUi9qdU5Odz09](https://alz-org.zoom.us/j/98969697160?pwd=ZHI1WUpKdHNhV0psS0xjUi9qdU5Odz09)

Meeting ID: 989 6969 7160

Passcode: 135946

For more information or to register: Gemma O'Donnell (Facilitator) at

[mgodonne@asu.edu](mailto:mgodonne@asu.edu) or 1.800.272.3900

**For assistance or to register: 800.272.3900**