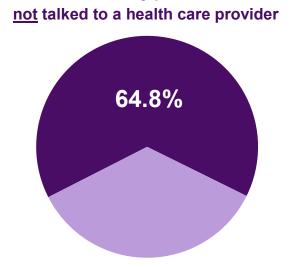
## alzheimer's 份 association ® Cognitive decline in north dakota

## DATA FROM THE 2019 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In North Dakota, 8.1% of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse ("subjective cognitive decline").

Nearly two-thirds of them have <u>not</u> talked to a health care professional about it.

For those with worsening memory problems, 32.6% say it has created "functional difficulties" — that is, caused them to give up day-to-day activities and/or interfered with work or social activities.



Percent with memory problems who have

	Percent of Those Aged 45+ with Subjective Cognitive Decline										
All	<u>Gender</u>	Age					Educational Attainment				
8.1%	<u>Women</u>	<u>45-59</u>	<u>60-64</u>	<u>65-74</u>	<u>75-79</u>	<u>80+</u>	< High <u>School</u>	High <u>School</u>	Some <u>College</u>	College <u>Grad</u>	
9.5	6.7%	6.2%	7.4%	8.3%	9.3%	15.1%	16.9%	9.1%	7.5%	5.9%	

## Percent with memory problems who say it created difficulties and burden

