

# Support Group Listings

Southern Arizona



## IN PERSON SUPPORT GROUPS

### Tucson

TMC For Seniors  
2695 N. Craycroft Road

 **1st & 3rd Thursday | 10:30 a.m.**

Alive Church  
9662 N. La Cholla

 **2nd Tuesday | 9:30 a.m.**

Casa Adobes Congregational Church  
6801 N. Oracle Road

 **2nd Wednesday | 1:30 p.m.**

Katie Dussenberry Healthy  
Aging Center by PCOA  
600 S. Country Club

 **4th Tuesday | 10:30 a.m.**

Optum Care Community Center  
4780 E. Grant

 **4th Wednesday | 11:00 a.m.**

### Sierra Vista

Sierra Vista Library  
2600 E. Tacoma Street

 **4th Thursday | 10:30 a.m.**

## VIRTUAL SUPPORT GROUPS

### Tucson

Civano  
Phone: 1-888-788-0099  
Meeting ID: 979 8397 2993#  
Passcode: 746810#

 **1st & 3rd Monday | 2:00 p.m.**

### Rincon

Phone: 1-888-788-0099  
Meeting ID: 977 4452 8633#  
Passcode: 291045#

 **4th Tuesday | 9:30 a.m.**

# Support Group Listings (continued)

Southern Arizona

## EARLY STAGE SUPPORT GROUP

These support groups are for individuals in the early stage and their care partners.

**Call 1.800.272.3900 before attending.**

### Tucson

Early Stage Telephone Support Group

12 Week Series



**Tuesdays | 1:00 p.m.**

## GRUPO DE APOYO EN ESPAÑOL

### Alzheimer's Association

Número de Teléfono: 1-650-466-6070

ID: 212 886 453#



**El Tercer Miércoles del Mes | 10:00 a.m.**

### Alzheimer's Association

Número de Teléfono: 1-888-788-0099

ID: 994 6035 9568#

Clave: 374377



**El Segundo Viernes del Mes | 10:00 a.m.**