

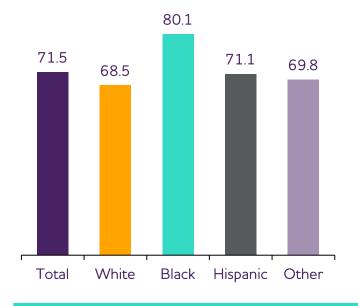
## Risk Factors for Cognitive Decline: South Carolina



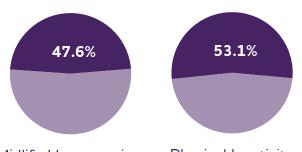
Based on population-level evidence, the six health conditions and behaviors included here increase risk for cognitive decline — and may also increase risk of dementia.

Data are from the Behavioral Risk Factor Surveillance System (BRFSS).

Percent With at Least One of Five Risk Factors (excluding sleep)

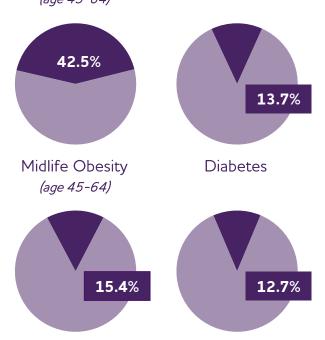


Prevalence of Six Risk Factors



Midlife Hypertension (age 45-64)





Smoking (age 45 and older)

Poor Sleep (<6 hours/night)

Percent With Any of Five Risk Factors (excluding sleep)

None 28.5%	One 37.9%	Two or more 33.6%
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