Risk Factors for Cognitive Decline: Virginia



Based on population-level evidence, the six health conditions and behaviors included here increase risk for cognitive decline — and may also increase risk of dementia.

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HER'S SASSOCIATI DEMENTIA RISK REDUCTION

Data are from the Behavioral Risk Factor Surveillance System (BRFSS).

(excluding sleep)

77.0

Black

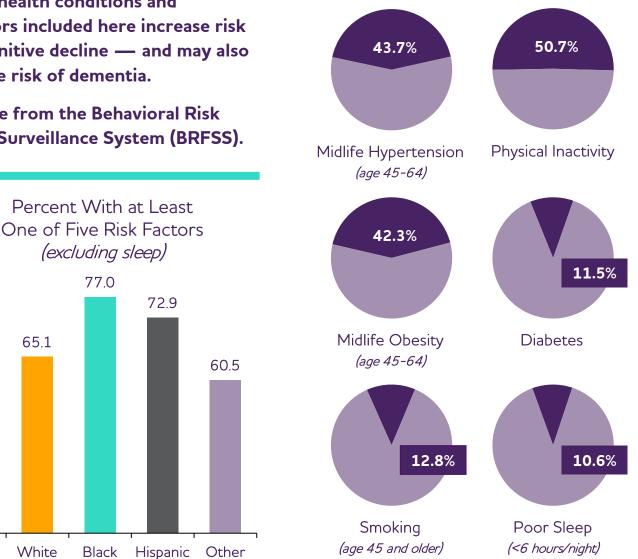
67.7

Total

65.1

White

Prevalence of Six Risk Factors



Percent With Any of Five Risk Factors (excluding sleep)

None 30.9% One 36.2% Two or more 31.5%	None 30.9%	One 36.2%	Two or more 31.5%
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